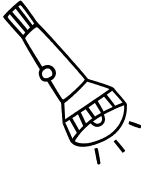




What to Bring to 4-H Camp

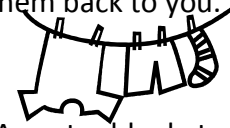
Clothes – A supply of clothes to last 5 days

- ★ Jeans, Shorts, Shirts, Underwear, Socks, Comfortable Shoes, Sweatshirt or Jacket, Raincoat, Extra shoes and socks in case of rain, swim suit. Sandals work great to wear for walking to the shower.
- ★ Please label your clothing and items. If they are lost, we can get them back to you.



Bedding –

- ★ The nights can be cool, so bring a warm sleeping bag and pillow. An extra blanket wouldn't hurt. You will be sleeping in bunk beds in cabins most nights. One night will be under the stars. Adult leaders can bring a tent or travel trailer.



Toilet Articles –

- ★ 2 towels, 2 washcloths, toothbrush and paste, comb and brush, soap and other personal articles.

Miscellaneous –

- ★ Be sure to bring a flashlight with a spare bulb and extra batteries.
- ★ Extra shoestrings
- ★ Each person needs to bring 2 empty 2-liter soda bottles to camp for water rockets.
- ★ Wear a watch
- ★ Bringing a 6' x 8' tarp is recommended.
- ★ Bring one weeks worth of your personal medication
 - ❖ All campers are protected by a special health insurance policy for injuries or illness at camp. Should your 4-Her return home with any camp related illness or injury, arrange for medical treatment and call your 4-H office immediately for instructions on activating the insurance benefits.



DO NOT BRING

- ★ Shaving cream, silly string, pets, or anything of value (example-jewelry).
- ★ No Tee shirts promoting offensive material, alcohol, tobacco or sex are allowed.
- ★ Electronic equipment can get lost, stolen or damaged at camp. They are not recommended.



- ★ Cell phones are not allowed at camp. If there is an urgent need; the La Paz 4-H Agent's cell phone is 520.591.9496.
- ★ Food or candy from home creates problems in the cabins. Skunks and bears are always looking for goodies. We always have good food at camp.
- ★ And most important: leave frowns, bad attitudes, large sums of money, and food dislikes at home!!

