



**The University of Arizona
Cooperative Extension**



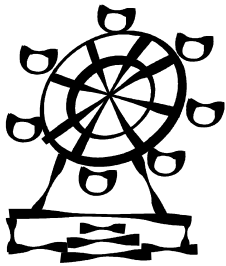
4-H News of La Paz County

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<http://cals.arizona.edu/lapaz/4-h>

April 2009

Calendar of Events

- 11 **Processed Meat Available at Extension Office**
- 14 **4-H Council Meeting, Parker First Baptist Church, 7 pm**
- 28 **Youth Livestock Meeting, Sherriff's Office, 6:30pm**



A Look Ahead (What's Planned for May)

**Record Book Workshops in Parker and Salome
4-H Camp Counselor Applications and Planning
Information on Summer Day Camps and 4-H Camp**

Brent Strickland
Extension Agent

Linda Masters
Extension Agent

Persons with a disability may request a reasonable accommodation by contacting the La Paz County Cooperative Extension office. Requests should be made as soon as possible to arrange the accommodation.

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, James A. Christenson, Director, Cooperative Extension, College of Agriculture and Life Sciences, The University Of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.

Happenings

THANKS to Everyone for Another Great Fair!

The La Paz County Fair simply could not happen without the hard work and dedication of all of the terrific volunteers. A special thanks goes out to all of you!!!!

Have You Written Your Thank You Letters Yet?

Have you sent the donor of your award or the buyers of your project a thank you note yet? These businesses and people are very supportive of the 4-H program and your note is a small way to let each one know much they are appreciated. It would also be a nice to write a thank you to Leonard's Broadway Garden Center, 15900 S. Broadway, Blythe, CA 92225. They provided the feed for your animals at no cost. The letters do not need to be fancy, just a sincere note of gratitude. You might want to tell them some of the things you have learned in 4-H.

4-H Council Meeting on April 14th

A quick review of the fair will be part of the April meeting. Please bring any fair concerns or suggestions in writing so they can be discussed and appropriately acted upon. Other items will include summer 4-H opportunities, scholarships, and other upcoming programs.

Be a Part of JOLT: Mission Possible

Journey of Opportunities for Leaders of Tomorrow, or J.O.L.T. is an Arizona Teen Leadership Conference, which is held annually in Heber, Arizona each June. This year the dates are June 15 - 19, 2009. J.O.L.T. is for ALL Teens from various Organizations, Backgrounds, ages 14 to 18 or entering High School. Participants will enjoy activities that build trust, develop leadership, and improve communication skills. Teens will gather from all over Arizona to develop open-minded and positive attitudes. The dynamic staff (a youth and adult partnership), inspirational workshop speakers and J.O.L.T. participants combine to make it a memorable week.

This year's conference will center around the theme: **"Mission Possible: J.O.L.T. 2009**, participants will be transported to a world where team work, solving conflict peacefully, building positive relationships and serving others are away of life. The J.O.L.T. youth and adult staff anxiously await the opportunity to open your mind to the many J.O.L.T. opportunities. **J.O.L.T. Fees:** Registration ends June 1st or at 138 participants (filled on a first come basis). Watch what JOLT has to offer you at <http://www.youtube.com/watch?v=u-viYE7sJV0>.

Earlybird registration: received by April 15th - \$175.00

Regular registration: received by May 15th- \$190.00

Send registrations to your county Extension office.

(Registrations received after May 15 will not have your name on the t-shirt).

REGISTRATION FORMS AVAILABLE ON-LINE

www.cals.arizona.edu/4-h/jolt/index.html

####Note- Due to Budget Limitations, La Paz County Youth who plan to attend JOLT must also find and fund a Chaperone. La Paz Extension Staff will not be attending.

Attention Livestock Buyers at the La Paz County Fair

Southwest Meats will be delivering the processed meat from your purchase to the La Paz County Extension Office on Saturday, April 11th. The Youth Livestock Committee will notify you regarding the pick-up time. . Please note that the Extension Office will not store any meat for any buyers who are not present.

Start Planning for 4-H CAMP!!!

It's time to start getting prepared for 4-H camp!!!! La Paz and Mohave counties have a great week of fun and learning planned for **July 11-16th** in the cool pines of Pinal County 4-H camp near Williams. Camp activities will include arts & crafts, archery, nature hikes, campfires, games, sing alongs, and MORE! Applications for campers will be available soon. Youth who are interested in being counselors should contact the 4-H office. Camp volunteers are desperately needed and welcome to come!!!

National Volunteer Celebration Week is April 19-25

Somewhere between the sternness of a parent and the comradeship of a pal is that mysterious creature we call a 4-H Leader.

These leaders come in all shapes and sizes, and may be male or female. But they all have one thing in common - a glorious twinkle in their eyes!

4-H Leaders are found everywhere - at judging contests, fairs, square dances, and talent shows. They always are preparing for, sitting through, participating in, or recuperating from a meeting of some kind.

They are tireless consumers of muffins, expert at taking knots out of thread, peerless coaches, and spend hours on the telephone.

A 4-H Leader is many things - an artist making a float for the Fourth of July, a doctor prescribing for an underfed calf, a counselor at camp, a lawyer filling out reports, and a shoulder to cry on when that dress just won't fit. Nobody else is so early to rise and so late to get home at night. Nobody else has so much fun with so many boys and girls.

We sometimes forget them, but we can't do without them. They receive no salary, but we can never repay them.

They are angels in aprons, saints in straw hats. Their only reward is the love of the kids and the respect of the community. But when they look around them at the skills they've taught, and the youth they've built, there's an inner voice from somewhere that says, "Well done."

Author Unknown

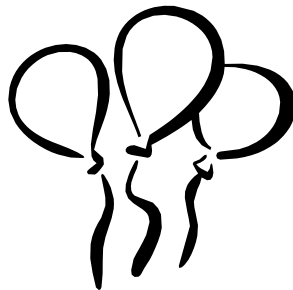


Interested in Participating In an Agriculture Discover Camp?

APHIS is offering a great opportunity for youth to attend a summer camp. "Ag-Discovery" is an outreach program to help students learn about careers in animal science, veterinary medicine, agribusiness and plant pathology. This 2 week program allows participants ages 12-17 to live on a college campus and learn about Agricultural science from university professors, practicing veterinarians and professionals working for the U.S. Government. Students chosen to participate in Ag-Discovery will gain experience through hands-on labs, workshops, field trips and other group and team building activities. Students are required to complete [an application](#), prepare a two page essay and provide 3 references. Applications must be postmarked no later than April 17, 2009. For more information, please see <http://www.aphis.usda.gov/agdiscovery/> or contact Linda Masters at the Extension Office (928)669-9843.

FUNDamentals of Sewing

Some of us remember the days when 4-H had lots of sewing projects displayed at the fair. It was great. Do you want to start a 4-H Sewing project, but don't know where to start? The La Paz County Extension office has a set of 10 videos called 'FUNdamentals of Sewing' that give step-by-step sewing instruction beginning with measuring and pattern selection and including other topics such as pockets, zippers, collars, stretch 'n sew, buttonholes, and alternations. These videos will provide instructional guidelines for anyone wishing to participate in a 4-H sewing project or any leader interested in reinstating sewing back in to our 4-H projects. These videos can be checked-out from the office. Contact Linda Masters or Susan Walter for more information.



Character Corner

The more I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company... a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude...I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you...we are in charge of our Attitudes. **Charles Swindall**

Raising Positive Kids in a Negative World by Zig Ziglar

1. The first step in raising positive kids is to become a positive parent.
2. If you are not pleased with your child's output, try changing the input—especially yours.
3. Teach you kids: You gotta be before you can do and you gotta do before you can have.
4. Positive thinking won't do anything, but it will let you do everything better than negative thinking.
5. The most important thing you can give a child is time.
6. Parents, if you don't listen to your children's problems, they won't listen to your solutions.
7. An open, living relationship between parent and child makes many rule unnecessary and other rules easy to implement.
8. Remember: When you discipline your child to do the things that he needs to do when he needs to do them, you are preparing him to be able to do the things that he wants to do when he wants to do them.
9. If you start your day lovingly and gently with your child, and end the day the same way, you'll eliminate a lot of troubles between the two events.
10. A small child said it best, "If you don't let me help when I ain't no help, me ain't gonna wanna help when me could be some help"

Love can do what nothing else can.