



**The University of Arizona  
Cooperative Extension**



**4-H News of La Paz County**

College of Agriculture and Life Sciences      University of Arizona  
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**July 2009**

**Calendar of Events**

**3      Extension Office Closed (Independence Day)**

**11      4-H Counselors Report to 4-H Camp**

**12-16 MoPaz 4-H Camp, Williams, AZ      COUNTY EVENT**

**#### There are still openings to apply for camp, call the 4-H office for information!!####**

**August 11 4-H Council Meeting, Place and Time TBD**

**August 14      End of Year, Record Books Due**



Brent Strickland  
Extension Agent

Linda Masters  
Extension Agent

*Persons with a disability may request a reasonable accommodation by contacting the La Paz County Cooperative Extension office. Requests should be made as soon as possible to arrange the accommodation.*

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*James A. Christenson, Director, Cooperative Extension, College of Agriculture and Life Sciences, The University Of Arizona. The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.*

## Why is August 14th such a big day for La Paz 4-H?

Friday, August 14th is the deadline for 4-H record books to be submitted to the Extension Office. 4-H participants are expected to finish a record book in order for their year to be considered complete. Youth have 2 options to complete this requirement:

- Option A      Submit a completed record book to the community club leader before August 14th (or the deadline they have set). Specify that you do not want it to be considered for county judging. The leader will determine the completeness of the projects and notify the 4-H office that your requirements are met.
- Option B      Submit a completed record book to the community club leader before August 14<sup>th</sup>. Specify that you do want your book to be considered for county judging. The leader will determine the completeness of the projects and deliver the record books to the 4-H office.

Award of Merit Forms are also due by August 14<sup>th</sup>.

### **NOTE:**

4-H participants who sold their animals at the 2009 La Paz County Fair but do not complete the 4-H year (including submitting a completed record book) will not be eligible to auction a 4-H animal at the 2010 fair. **Contact the 4-H office if you have any questions.**

### **LET THE BUTTERFLY STRUGGLE**



A young mother was fascinated but concerned as she watched a butterfly struggling mightily to escape through the small opening at the top of its cocoon. And when the creature seemed to give up, overwhelmed by the task, she felt sure that it wouldn't make it without help. So she enlarged the hole.

The grateful butterfly wriggled out. Unfortunately, its wings were shrivelled and useless. The well-intentioned intervention interrupted a natural process. Forcing the butterfly to squeeze through a small opening is nature's way of assuring that blood from the creature's body is pushed into the wings. The butterfly escaped the cocoon but without strong wings it could never be free.

Childhood, too, is a sort of cocoon. If a healthy adult is to emerge there must be some struggle.

One of the hardest things of loving parents is to know when to let kids work their own way out of the rough patches in life. Of course we should always be supportive and demonstrate caring and we should look for opportunities to give them strategies and tools to deal with their problems. But if we are overprotective they will not struggle enough, and without some struggle they may not develop the strength and confidence they will some day need.

Children must be allowed to learn from their mistakes and pay the price for their own bad judgments. Parents who buy their kids everything they want and always bail them out of trouble do them no favors. In fact, they may be preventing them from growing the strong wings they need.

Michael Josephson, Character Counts!

### **Recognize the special people who make 4-H successful, submit a nomination form!**

4-H Council would like to recognize the leaders, friends and alumni of 4-H who help to "make the best better!" Youth can be nominated for citizenship awards and Adults can be nominated for their outstanding efforts. Nomination forms are enclosed in this newsletter.

