



December 2008

IN THIS ISSUE:

Member Opportunities	2 - 3
Leader Responsibilities	4
Community Service	5 & 7
4-H Workshops	6
Food & Nutrition	8
Equine Science	9 -12
Animal Science	13 -14
Military Families	15-16
Outdoor Discovery	15
LockIn Registration	17
Communication Day Info.	18
Calendar of Events	19
Calendars December & January	20 - 21



Maricopa County 4-H Newsletter

ESSENTIAL ELEMENTS OF 4-H YOUTH DEVELOPMENT

4-H is designed to support the positive and successful development of all youth. Within the 4-H's of Head, Heart, Hands, and Health lie these Essential Elements. We will be using these elements as we plan programs and activities in the future. Your 4-H club will also be asked to report using these four elements.

Mastery - Constructive Learning Experiences:

The subject matter skill taught in 4-H projects are the foundation for youth development that can be economic social and/or personal value to the youth. By participating in projects and activities, youth are given the opportunity to explore possible careers. **Example:** One of the best ways young people can gain mastery is by teaching each other. This includes public speaking, demonstrations, and other teaching events.

Generosity - Service to Communities:

Youth need to feel their lives have meaning and purpose. By participating in service and citizenship activities, youth can connect to communities and learn to give back to others. 4-H is leading a nationwide movement to give youth a more active voice in public decision making, and engaging youth in governance opportunities with youth-adult partnership. **Example:** Trick or Treat So Others Can Eat - Fundraising for a charity - Adopt a Family.

Independence - Leadership Opportunities:

Creating opportunities for youth to develop skills and confidence for leadership and self-discipline is a cornerstone of 4-H. 4-H helps youth recognize the connections between independence and responsibility. Through 4-H leadership opportunities, youth mature in self-discipline and responsibility, learn to better understand themselves and become independent thinkers. **Example:** Young people taking leadership for programs and activities. They need to have a voice a voice in what effects them.

Belonging - Caring Relationships

Youth need to know they are cared about by others and feel a sense of connection to others in a group. Research suggests that a sense of belonging may be the single most powerful positive ingredient in children and youth's lives. **Example:** Positive relationship with a caring adult. An inclusive environment, each member has at least one adult/teen mentor. These four Essential Elements of 4-H Youth Development reflect the research in the field of positive community youth development. So come on and check out the "tried and true" 4-H's - Head, Heart, Hands and Health through the Arizona 4-H Youth Development Program. **For more information:** www.4hvolunteersusa.org resources for Volunteers, then click on [4-H Essential Element Program Planning Tool](#)

MARICOPA COUNTY 4-H AGENTS:

Ruth Carter
Bryan Chadd

PROGRAM STAFF:

Barbara Ashford
Anne Cimarelli-Stears
Brandon Moak
Amy Nugent
Dotty Spears

The University of Arizona
Cooperative Extension, Maricopa County
4341 East Broadway Road
Phoenix AZ 85040
602-827-8200
<http://cals.arizona.edu/maricopa/4h/>

ATTENTION! NEW OFFICE NUMBER!

Office: 602-827-8200
Fax: 602-827-8292

MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

MARICOPA COUNTY 4-H JUDGING DAY

Maricopa County 4-H Judging Day was held this year at **IKEA on Saturday, November 15th**, and it was a fun experience for all that participated and a huge success! Congratulations to all of Maricopa County 4-H Participants!

Juniors

1. Karissa Dufresne, Glendale 4-H
2. Jordan Barncastle, Desert Spurs
3. Kayla Lonchar, Firebird 4-H
4. Kaela Hamilton, Tumbelweeds
5. Ashley Isaac, Firebird 4-H
6. Abby, Desert Spurs
7. Aleah Nelson, Bow Wow Dog Club
8. Ashley Ferguson, Glendale 4-H
9. Nikky Horga, Glendale, 4-H
10. Justen Ollendick, Firebird 4-H
11. Courtney Horga, Glendale 4-H
12. Emily Willis, Tumbelweeds
13. Samatha Ollendick, Firebird 4-H
14. Sydney Ollendick, Firebird 4-H

Seniors

1. Justin Lonchar, Firebird 4-H
2. Tiffany Horga, Glendale 4-H



NATIONAL 4-H CONFERENCE

MESSAGE TO 4-H TEENS: You don't want to miss this opportunity - this conference is one of the highlights of any 4-H member's career. If you want to meet other 4-H'ers from all 50 states and several other countries, want to have a say in national 4-H directions, want to see Washington D.C. and stay at the National 4-H Center, want to have fun, want to meet your legislators and visit Capitol Hill...this trip is for you! The 2009 National 4-H Conference will be held at the National 4-H Center in Chevy Chase, MD. Delegates must be 15 years of age as of January 1st, 2009. Selection process will consist of: 1) Application 2) Letter of Interest 3) 3 - 5 minute video presentation on the following topic: "From your perspective, what are the major issues facing young people in your community and what can 4-H do to address these issues?" 4) Interview by a screening committee. Each youth selected will pay a deposit of \$800. The Arizona 4-H Youth Foundation will provide for youth participants a stipend of \$1,000 each.

Applications and more information from the state 4-H Office can be found at:

<http://cals.arizona.edu/4-h/events.html#2> - Application are due to the State 4-H Office by December 3, 2008.

For more information about 2009 National 4-H Conference: <http://4hconf.4-h.org/>

Event Date: March 28–April 2, 2009 Get involved and see where you can go!

ARIZONA FARM ANIMAL APPRECIATION DAY– FREE BREAKFAST!

Free breakfast to the first 200 commuters and area residents to support Arizona Farm Animal Appreciation Day! **December 10, 2008** from 6:00 am - 8:00 am at the Dutchview Dairy, 8459 W. Broadway Rd. Tolleson, AZ. (83rd Ave and Broadway).

Did you know that:

- 98% of American farms are family owned either by individuals, family partnerships or family corporations.
- The one percent of American farmers and ranchers are feeding the other 99% of Americans and the world.
- If we don't treat our animals well, we can't feed you and we certainly can't make a living.
- The dairy cows you see today are providing you and me with the most wholesome, healthy and nutritious milk and other-related dairy products.

MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

ARIZONA 4-H YOUTH FOUNDATION SCHOLARSHIP

The Arizona 4-H Youth Foundation Scholarship applications deadline is **Monday, February 16, 2009 at 5:00 pm, in the Maricopa County 4-H Office**. Applications sent to Tucson /U of A will not be accepted, all applications must come through the Maricopa County 4-H Office. Applications may be found at:

http://cals.arizona.edu/4-h_foundation/scholarships.htm

HELP A PUPPY BECOME A HERO. . . .

Guide Dogs of the Desert are currently looking for volunteers to be puppy raisers. At approximately 3 months of age our puppies are placed in guide dog puppy raiser homes for 14 to 20 months to learn about the world and to form that important first bond with humans. During this time, you will teach your puppy good manners and socialize it to the real world. Socialization consists of many things, but here are just a few: crowds, small children, and the noise of sporting events, the quietness of church or classroom. The commitment to raising a guide dog puppy should involve the whole family. Everyone's enthusiasm and participation helps to further ensure the puppy's rewarding and successful career as a guide dog. For more information please visit our website www.gddca.org or call one of our local area coordinator's: Jackie Myers 480-262-8933 or Lori Murphy 602-402-0251



CHRISTMAS FOR KIDS - ARIZONA OPERATION MILITARY KIDS PROGRAM

The American Legion Post 44 Legionnaires, Women's Auxiliary and Sons of the American Legion are proud to present: Christmas for the Kids - December 7, 2008. This is a party sponsored by the Post 44 for the kids of deployed and fallen soldiers of the Iraq and Afghanistan wars. The Christmas party will be held in the banquet room on the south side of the building. The party begins at 1:30 pm and ends at 4:30 pm. Food and beverages will be available for the duration of the party. Gifts will be presented to the children. Raffles, games, and crafts will be held as well. It is necessary that we receive RSVP's so that we can staff accordingly. We would also like to get an idea of the age group, so that we can give appropriate gifts. Please contact: Chaplain Michael "the Hammer" Schlip, 480-710-4432 Thank you for all your support.

SOUTH WEST INDIAN AGRICULTURAL ASSOCIATION CONFERENCE

"Growth of Indian Agriculture Thru Tradition and Technology" January 20-22, 2009 in Laughlin Nevada. \$150.00 Pre-registration fee if received by December 19, 2008 or \$175 registration fees for each individual, after December 19, 2008 and \$50.00 for each additional family member listed. Fees waived for full time college/high school students. The Southwest Indian Agricultural Association wants to encourage Indian Youth studying Agriculture and or Natural Resource Education to participate in the annual conference. For more information contact SWIAA Conference: 520-235-2841

The Southwest Indian Agricultural Association is offering three annual scholarships. The scholarships are in memory of Dr. Roe B. Lewis in the amount of \$1,000.00 each. Two scholarships are available for undergraduate students and one for graduate students. The purposes of the scholarships are to increase knowledge and awareness of the importance of Indian agriculture and natural resources and to assist Indian college students with their educational expenses. For more information email WSIAA@att.net

LEADER RESPONSIBILITIES

For all opportunities in this section, please contact or RSVP to Ruth Carter at (602.470.8086) 348 or rcarter@cals.arizona.edu

LIABILITY REMINDER

The University of Arizona requires that the 4-H agent/staff working with your program MUST be aware of all your club's activities/meetings or you may not be covered for liability. You are requested to either mail, FAX or email a monthly calendar to your respective agent/staff person. It is very important that everyone is covered, so please contact us whenever you have a 4-H activity or meeting planned or a change to your calendar.

CLUB ENROLLMENT

- * Re-enrollment forms are on the website at: www.cals.arizona.edu/maripoca/4h/forms.htm
- * Check that all forms submitted by your members, certified volunteers and resource volunteers are complete.
- * All information is correct, all forms are signed where necessary.
- * Submit an AAP2 form and AAP3 form if necessary. If the AAP3 form is necessary, attach recruitment documentation, identify boundaries and identify ethnicity of your group members. Submit \$10.00 membership fee for each member or a fee waiver; (checks should be made to The University of Arizona and one check per club that includes all members). Youth will not be considered a member until the fee is paid or a waiver submitted.
- * Submit a resource volunteer form for all adults assisting you with the 4-H program year; you need only submit the form once at the beginning of the year and can add additional resource volunteers during the year.

BACKYARDS & BEYOND - RURAL LIVING IN ARIZONA

Backyards & Beyond is published quarterly by a cooperative team from University of Arizona Cooperative Extension. Yearly subscription price is \$10.00. This is an excellent resource from featured plants to tips on Xeriscape and Canning in Arizona! For more information: <http://cals.arizona.edu/backyards>

LEADERS DINNER 2007-2008!

A special **THANK YOU** to Salt River Project, Rosemary Gannon for sponsoring the Maricopa County Leaders Dinner we are grateful for their financial support. We appreciate all the hard work that our 4-H Leaders provide to our Extension Service and our 4-H youth!

2008-2009 4-H CLUB ENROLLMENTS

A huge **Thank You** to the following clubs for completing their enrollment paperwork ahead of the deadline. Remember that the 2008-2009 4-H year to participate in County & State Fair. The deadline is December 12, 2008.

1. Arlington Valley 4-H
2. Bow Wow Dog Club
3. Buckeye Family 4-H
4. Buckeye Rough Riders
5. Buena Vista Mavericks
6. Desert Spurs
7. Diamonds in the Ruff
8. Firebird
9. Flying Horseshoes
10. Green Team
11. Maricopa 4-H Cloggers
12. Queen Creek Community 4-H Club
13. Tumbleweeds
14. Zoo Crew
15. Way Out West Livestock



And **Thanks** to a new club who has completed its 4-H Charter. **Way Out West Livestock**
If you have questions, contact Ruth at rcarter@ag.arizona.edu or 602-470-8086, ext. 348.

COMMUNITY SERVICE OPPORTUNITIES

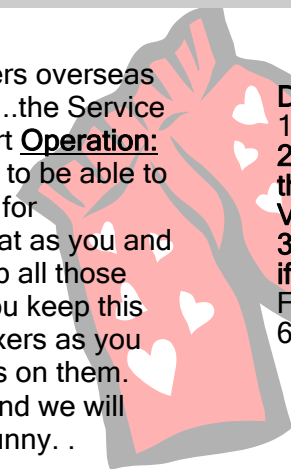
For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

OPERATION: SOLDIER BOXER!

One of the items requested by soldiers overseas was FUNNY men's boxer shorts. So...the Service Learning Lock-In group voted to start **Operation: Soldier Boxers!** in January. We want to be able to send boxes of fun boxers to soldiers for Valentines Day 2009. So...we ask that as you and your club members and parents shop all those terrific **After Christmas Sales**, that you keep this goal in mind and collect as many boxers as you can that are funny and have graphics on them. The soldiers asked for funny ones, and we will leave it up to you what you think is funny. .

Details:

1. New - Funny men's boxers
 2. To Maricopa County 4-H by January 30th so they can be boxed and shipped in time for Valentine's Day
 3. A list of club members and parents (and photo if possible) participating with your boxers
- For questions, please contact Bryan Chadd at 602.470.8086 ext 350 or bchadd@ag.arizona.edu



COPPER FOR COPERATOIN

An exciting Service Learning Opportunity and **CHALLENGE** for Maricopa County and Arizona 4-H! The Maricopa County 4-H program is raising money to sponsor a **Maricopa County 4-H Ark** for Heifer International. We are committed to raise \$ 5,000 to empower Heifer International to provide 15 pairs of animals to impoverished villages throughout the world. These animals provide milk, allow for work to be done in the villages and bear offspring that brings valuable money to the villages. This is a life changing opportunity for numerous families and villages in parts of the world struggling to survive. For more information and to look at the details of an Ark project, go to the website at: <http://www.heifer.org/>

We have challenged Arizona 4-H in all 15 counties and in Native American communities to Take the Challenge and raise as much money as they can by March 7th through a penny drive to sponsor a second **Arizona 4-H Ark** through this outstanding organization. We ask all of our 4-H clubs counties to get busy collecting pennies - bring pennies to club meetings, put out jars in feed stores or other local businesses, do radio or TV spots, whatever you can do to raise pennies...lots of glorious copper. The 2008 Arizona AG Day is March 7th at Superstition Farms in Mesa, Arizona. We are working with the Ag Day committee to publicize this to the public and have them bring their pennies to Ag Day to contribute to the **Arizona 4-H Ark**. We really hope that all the clubs will bring some 4-H members with your pennies to Ag Day so we can help promote 4-H and agriculture throughout the state. We also would love the help counting and celebrating the agriculture cooperative partnership with 4-H, Arizona agriculture and service to the world.

The basics of the Challenge:

- Collect as many pennies as possible by March 7th.
- Bring all the pennies from the club to Arizona Ag Day, March 7th at Superstition Farms in Mesa, Arizona.
- Wear 4-H t-shirts or clothes to Ag Day to help promote 4-H and Agriculture.
- Help us celebrate and be photographed for our contribution of an Arizona 4-H Ark to Heifer International.

For questions, please contact Bryan Chadd at 602.470.8086 ext 350 or bchadd@ag.arizona.edu

4-H WORKSHOPS!

For all opportunities in this section, please contact the staff responsible for the workshop (602.470.8086)

THE MYSTERY OF THE ADOLESCENT BRAIN

Anyone who has regular contact with teens has probably asked, "What is going on inside of that head?" Come along for the educational ride as we unravel the mystery of the adolescent brain. We'll take a look at the development of the adolescent brain in conjunction with sleep, mood swings, and the brain's wiring and how these things impact communication. Participants are sure to leave with new insights on how to relate with teens.

Date: Thursday, December 18, 2008

Time: 6:00-8:00

Location: UA Cooperative Extension, Maricopa County Office c/o Brandon Moak
4341 E. Broadway Rd. Phoenix, AZ 85040

Registration: \$5.00 (by Thur. Dec. 4 @ 5:00)

Late Registration: \$7.00 (after Thur. Dec. 4)

Door Registration: \$9.00

Light food and drink included.

Mail registration to the above address and make checks payable to *The University of Arizona*

Name: _____ Organization: _____

Email: _____ Phone: _____

Address: _____

Please see our online registration form @ <http://cals.arizona.edu/maricopa/4h/onlinepapers/brainregistration.pdf>



GETTING THE SCHOLARSHIPS

Looking to help ease the burden of financing higher education? If you are a Junior or Senior in High School, you may want to attend this workshop. We will look at the ways you can hunt for a scholarship, find out what committees are looking for, how do you put your best image forward and look at the art of resumes. Be prepared to bring a copy of a resume you have worked on, a "major" you are interested in pursuing and a college or vocational school you are interested in attending.

For: 4-H Members who are Juniors and Seniors in High School

Date: January 13, 2009

Time: 6:30 pm

Location: Maricopa County Extension Center

Cost: \$3.00 per person and includes materials and snacks/drinks.

Contact: Bryan Chadd x 350 RSVP: By Friday, January 9, 2009



SIMPLE WAYS TO GET MONEY FOR COLLEGE

- Study hard. In Arizona, a 4.0 GPA can be worth a \$40,000 scholarship.
- Pump up you SAT score. Practice like crazy at the free Web site: number2.com
- Read Ben Kaplan's books, including How to Go to College Almost for Free.
- Put in your profile at FastWeb.com You'll be notified about scholarships.
- Fill out the Free Application for Federal Student Aid (FAFSA) at fafsa.ed.gov

This article was in the Arizona Republic on Saturday, November 8, 2008, written by Steve & Annette Economides. They are the authors of "America's Cheapest Family Gets You Right on the Money". Visit them at: americascheapestfamily.com

RECORD BOOK & PORTFOLIO WORKSHOP

This workshop is designed to help all of us understand the record books & portfolios a little bit better. It will be held at the extension center on **Wednesday, January 21st at 6:30 pm. Please RSVP to attend by Friday, January 16th to Dotty Spears.**

" 2008 MARICOPA COUNTY 4-H TRICK OR TREAT SO OTHERS CAN EAT REPORT"

CONGRATULATIONS !

We want to send a very special thank you to all the members, parents and leaders of the following clubs who set a new Maricopa County 4-H record of 12,268.5 pounds of food collected for 15 valley Resource centers. The numbers extrapolate to amazing results below. When we think of all the impact your clubs made this year, "Thank You" for all of your efforts of planning, collecting and delivering all the food doesn't quite seem enough, but please know the difference you all made for men, women and children who go hungry every day in our communities is monumental - they may not know whom to thank, so on behalf of them, the Maricopa County 4-H staff sincerely thanks you!

Club	Participants	Hours	#'s Collected	Food Value	Volunteer Value	Delivered to:	Contact
Backyard Friends 4-H	6y - 3a (9)	3.0	50	\$ 74.50	\$ 540.00	St. Mary's F.B.	Amy Nugent
Buckeye Livestock	20y - 8a (28)	3.0	200	\$ 298.00	\$ 1,680.00	Buckeye F.B.	John Hunt
Buckeye Rough Riders 4-H	18y - 6a(24)	3.0	328	\$ 488.72	\$ 1,440.00	Buckeye F.B.	Kelly Bryant
Buena Vista Mavericks 4-H	20y - 8a(28)	3.0	455	\$ 677.95	\$ 1,680.00	E. Valley United F.B.	Shari Petersen
Desert Equistars 4-H	6y - 2a (8)	4.0	255	\$ 379.95	\$ 640.00	Desert Foothills F.B.	Jen Smyser
Desert Hills Turn & Burn 4-H	13y - 10a (23)	2.0	1,487	\$ 2,215.63	\$ 920.00	St. Mary's F.B.	Russell Kriete
Desert Hills Wranglers 4-H	10y - 2a (12)	3.0	178	\$ 265.22	\$ 720.00	Desert Foothills F.B.	Jody Squires
Desert Spurs 4-H	7y - 5a (12)	2.5	180	\$ 268.20	\$ 600.00	Desert Mission F.B.	Julie Barncastle
Diamonds In The Ruff 4-H	10y - 3a(13)	3.0	553	\$ 823.97	\$ 520.00	E. Valley United F.B.	Jane Scott
Eastside Kids 4-H	9y - 7 a (16)	2.0	185	\$ 259.00	\$ 960.00	Chandler Christian C. C	Jody van Rijn
Firebirds 4-H	26y - 13a (29)	2.5	290	\$ 432.10	\$ 1,450.00	Q.C. Family Resource C.	Bev Lonchar
Flying Horseshoes 4-H	12y - 6a(18)	2.0	553	\$ 823.97	\$ 720.00	N. Phoenix F.B.	
Gilbert 4-H Livestock	19y - 8a (27)	2.0	566.5	\$ 844.08	\$ 1,080.00	Vineyard Church	Peggy Schwend
Glendale 4-H	17y - 5a(22)	3.5	238	\$ 356.76	\$ 1,540.00	E. Valley United F.B.	Ken Johnson
Green Team 4-H	7y - 4a (11)	2.0	139	\$ 207.11	\$ 440.00	Desert Mission F.B.	Angela Ferguson
Horsn' Around 4-H	3y - 4a (7)	3.0	463	\$ 698.87	\$ 420.00	Desert Mission F.B.	Mindy Lively
Kyrene Trailblazers 4-H	14y - 14a (28)	2.0	731	\$ 1,089.19	\$ 1,120.00	Desert Mission F.B.	Barb Beck
Laveen Pathfinders 4-H	5y - 1a (6)	2.0	85	\$ 126.65	\$ 240.00	St. Mary's F.B.	Paul Serbic
Laveen 4-H Swine	20y - 5a(25)	1.5	600	\$ 899.40	\$ 750.00	St. Mary's F.B.	Monique Bontrager
Lehi 4-H	18y - 5a(23)	3.0	479	\$ 713.71	\$ 1,380.00	Tolleson F.B.	Debbie Keating
Maricopa 4-H Cloggers	27y - 9a(36)	4.5	380	\$ 566.20	\$ 3,240.00	Mesa F.B.	Kim Woodhead
North Glendale 4-H	6y - 5a (11)	2.0	292	\$ 435.08	\$ 440.00	Paradise Valley F.B.	Kelly Slade
Queen Creek 4-H Comm. Club	39y - 22a (61)	3.5	1,819	\$ 2,710.31	\$ 4,270.00	St. Mary's F.B.	Debbie Kamiaz
Rio Verde 4-H	22y - 11a (33)	4.0	163	\$ 242.87	\$ 2,640.00	Q.C. Family Resource C.	Elizabeth Brooks
Teen Association	2y - 1a (3)	0.5	70	\$ 104.30	\$ 30.00	Desert Foothills F.B.	Betty Keefe
Tuff Enuff 4-H	16y - 2a(18)	3.0	791	\$ 1,178.59	\$ 1,080.00	St. Vincent De Paul F.B.	Bryan Chadd
Way Out West Livestock 4-H	18y - 12a (30)	4.0	650	\$ 968.50	\$ 2,400.00	Desert Foothills F.B.	Rose Diez
Zoo Crew 4-H	4y -2a (6)	4.5	88	\$ 131.12	\$ 540.00	Agua Fria F.B.	Kelly Riefkohl
						St. Mary's F.B.	Lisa Martin

TOTALS
Clubs: 28

(570) Youth: 394 **75** **12,268.5** **\$ 18,270.95** **\$ 31,310.00** **Receiving areas: 15**

Adults: 175

The 12,268.5 lbs of food converts to the following amazing results:

* 12,268.5 lbs of food has a value of \$ 18,270.95 (1.49)

* 12,268.5 lbs of food equals 9,437.3 meals! (1.3)

* 12,268.5 lbs of food equals 3 meals a day for 3,145.7 days or 449.4weeks or 8.64 years for one !

* 12,268.5 lbs of food equals 3 meals a day for a family of four for 2.15 years !

Imagine the things we can do as a 4-H family when we can feed one person, 3 meals a day for 8.64 years in only 75 hours - Amazing - you are all terrific!

FOOD & NUTRITION

For more information or question contact Anne Cimarelli-Stears 602.470.8086 ext. 330 or cimarelli@cals.arizona.edu

KEEPING HOLIDAY FOOD SAFE

It's the holidays! This season of goodwill and giving thanks is also a festive celebration of food. With so many delightful foods to choose from, it's important to keep holiday treats safe from bacteria. Join in the festivities and ensure a safe holiday feasting season for you, your family, and your friends by following these food safety tips.

THE INVISIBLE ENEMY

You can't see, taste, or smell bacteria, but it can be on food and multiply rapidly in moist, warm conditions. If consumed, harmful bacteria can cause foodborne illness. Prevention is the key to safe food handling. If illness occurs, however, contact a health professional and describe the symptoms.

HOLIDAY OR PARTY BUFFETS AND POTLUCKS

A popular way to celebrate holidays or any party occasion is to invite friends and family to a gathering with food. However, situation where foods are left out for long periods leave the door open for uninvited guests – bacteria that cause foodborne illness. Festive times for giving and sharing should not include sharing foodborne illness. Here are some tips from the USDA's Meat and Poultry Hotline to help you have a SAFE holiday party.

SAFE FOOD HANDLING

Always wash your hands before and after handling food. Keep your kitchen, dishes and utensils clean also. Always serve food on clean plates – not those previously holding raw meat and poultry. Otherwise, bacteria which may have been present in raw meat juices can cross contaminate the food to be served.

FOOD SAFETY FOR HOLIDAYS GOODIES!

Around the holidays, people eat a variety of foods, some of which may contain uncooked or lightly-cooked eggs. Treat your tummy to these tasty yummys, but avoid licking the spoon or the mixing bowl if the batter contains uncooked eggs. Tasting cookie or cake batter can be tempting, but remember that bacteria could be lurking in those uncooked eggs. Even grade A eggs with clean, uncracked shells can be contaminated with *Salmonella Enteritidis* bacteria. That's why it's important to cook eggs thoroughly to kill any bacteria that may be present.

COOK THOROUGHLY

If you are cooking foods ahead of time for your party, be sure to cook foods thoroughly to safe minimum internal temperatures.

- Beef, veal, and lamb steaks, roasts, and chops may be cooked to 145 °F.
- All cuts of pork to 160 °F.
- Ground beef, veal and lamb to 160 °F.
- All poultry should reach a safe minimum internal temperature of 165 °F.

USE SHALLOW CONTAINERS

Divide cooked foods into shallow containers to store in the refrigerator or freezer until serving. This encourages rapid, even cooling. Reheat hot foods to 165 °F. Arrange and serve food on several small platters rather than on one large platter. Keep the rest of the food hot in the oven (set at 200-250 °F) or cold in the refrigerator until serving time. This way, foods will be held at a safe temperature for a longer period of time. REPLACE empty platters rather than adding fresh food to a dish that already had food in it. Many people's hands may have been taking food from the dish, which has also been sitting out at room temperature.

THE TWO-HOUR RULE

Foods should not sit at room temperature for more than two hours. Keep track of how long foods have been sitting on the buffet table and discard anything there two hours or more.

KEEP HOT FOODS HOT AND COLD FOODS COLD

Hot foods should be held at 140 °F or warmer. On the buffet table you can keep hot foods hot with chafing dishes, slow cookers, and warming trays. Cold foods should be held at 40 °F or colder. Keep foods cold by nesting dishes in bowls of ice. Otherwise, use small serving trays and replace them.

If you have any questions or concerns about food safety during the holiday season, contact:

The U. S. Department of Agriculture (USDA) Meat and Poultry Hotline at (800) 535-4555. The TTY number for the hearing impaired is (800) 256-7072

The U. S. Food and Drug Administration Food Information Line at (888) SAFE FOOD

The Fight BAC!® Web site at: www.fightbac.org

Source: USDA Food Safety and Inspection Service, and The Partnership for Food Safety Education



EQUINE SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to Dotty Spears (602.470.8086) 359 or spears@cals.arizona.edu or the contact for the event

2008 ARIZONA STATE FAIR 4-H HORSE SHOW RESULTS

2008 ARIZONA STATE 4-H HORSE SHOW CHAMPIONS

Sr. Western Riding

Samantha Wray , Desert Hills Wranglers

Sr. Western

Camille Ellsworth., Kyrene Trailblazers

Sr. English Hunter Hack

Amanda Petersen, Buena Vista Mavericks

Sr. English Hunt Seat Over Fences

Amanda Petersen, Buena Vista Mavericks

Sr. English Working Hunter

Jacqueline Farnworth, Spirit of Queen Creek

Sr. English Bareback

Camille Ellsworth, Kyrene Trailblazers

Sr. Team Heading

Salvador Flores, Buckeye Rough Riders

Sr. Team Heeling

Danielle Morgan, Desert Hills Wranglers

Jr. Western Equitation

Hallie Swenson, Spirit of Queen Creek

Jr. English Hunter Hack

Gabrielle Petersen, Buena Vista Mavericks

Jr. English Hunt Seat Over Fences

Gabrielle Petersen, Buena Vista Mavericks

Jr. Goat Tying

Danielle Morgan, Desert Hills Wranglers

Jr. Barrels

Carly Billington, Desert Hills Wranglers

Jr. Team Heading

Kayla Squires, Desert Hills Wranglers

Jr. Team Heeling

Salvador Flores, Buckeye Rough Riders

Jr. Breakaway

Danielle Morgan, Desert Hills Wranglers

Jr. Western Showmanship

4. Kaitlynn Dunmire, Spirit of Queen Creek

5. Elvia Leon, Spirit of Queen Creek

Sr. Western Showmanship

7. Payne Nicole, Spirit of Queen Creek

10. Brittany Hines, Spirit of Queen Creek

Jr. English Pleasure

5. Stacey Payne, Spirit of Queen Creek

9. Gabrielle Petersen, Buena Vista Mavericks

Sr. English Pleasure

2. Brittany Hines, Spirit of Queen Creek

5. Lisa Dales, Waddell Hoofprints

6. Taylor Lindsten, Desert Equistars

Jr. Western Equitation

1. Hallie Swenson, Spirit of Queen Creek

5. Kaitlynn Dunmire, Spirit of Queen Creek

6. Stacey Payne, Spirit of Queen Creek

9. Brynne VerHagen, Spirit of Queen Creek

Sr. Western Equitation

2. Nicole Payne, Spirit of Queen Creek

8. Brittany Hines, Spirit of Queen Creek

10. Jacqueline Farnworth, Spirit of Queen Creek

Jr. Western Riding

2. Kaitlynn Dunmire, Spirit of Queen Creek

7. Stephanie Payne, Spirit of Queen Creek

8. Paige Okonowski, Spirit of Queen Creek

9. Brynne Ver Hagen, Spirit of Queen Creek

Sr. Western Riding

1. Samantha Wray, Desert Hills Wranglers 4-H

2. Nicole Payne, Spirit of Queen Creek

4. Lisa Dales, Waddell Hoofprints

6. Jacqueline Farnworth, Spirit of Queen Creek

7. Camille Ellsworth, Kyrene Trailblazers

Jr. Breakaway Calf Roping

1. Danielle Morgan, Desert Hills Wranglers

2. Heath Johnson, Flying Horseshoes

3. Ariat Hansher, Desert Hills Wranglers

4. Kayla Squires, Desert Hills Wranglers

5. Bailey Hansher, Desert Hills Wranglers

10. Darcy Squires, Desert Hills Wranglers

Sr. Breakaway Calf Roping

2. Salvador Flores, Buckeye Rough Riders

3. Chris Minsky, Desert Hills Wranglers 4-H

6. Armando Flores, Buckeye Rough Riders

8. Zane Hirsch, Desert Hills Wranglers 4-H

10. Georgia Diez, Desert Hills Wranglers 4-H

EQUINE SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to Dotty Spears (602.470.8086) 359 or spears@calz.arizona.edu

2008 ARIZONA STATE FAIR 4-H HORSE SHOW RESULTS (cont'd)

Jr. Tie Down Roping

Sr. Tie Down Roping

1. Salvador Flores, Buckeye Rough Riders
2. Chris Minsky, Desert Hills Wranglers 4-H
3. Armando Flores, Buckeye Rough Riders
4. Zane Hirsch, Desert Hills Wranglers 4-H

Jr. English Bareback

3. Garielle Peterson, Buena Vista Mavericks
5. Stacey Payne, Spirit of Queen Creek

Sr. English Bareback

1. Camille Ellsworth, Kyrene Trailblazers 4-H
4. Brittany Hines, Spirit of Queen Creek
9. Jacqueline Farnworth, Spirit of Queen Creek

Jr. Western Trail

3. Kaitlynn Dunmire, Spirit of Queen Creek
4. Hallie Swenson, Spirit of Queen Creek
7. Anna Dales, Waddell Hoofprints

Sr. Western Trail

6. Nicole Payne, Spirit of Queen Creek
7. Lisa Dales, Waddell Hoofprints

Jr. English Hunter Hack

1. Gabrielle Peterson, Buena Vista Mavericks
5. Lyssa Corbett, Desert Equistars
6. Stacey Payne, Spirit of Queen Creek
9. Morgan Smyser, Desert Equistars

Sr. English Hunter Hack

1. Amanda Peterson, Buena Vista Mavericks
7. Jacqueline Farnworth, Spirit of Queen Creek
10. Camille Ellsworth, Spirit of Queen Creek

Jr. English Showmanship

Sr. English Showmanship

2. Camille Ellsworth, Kryene Trailblazers 4-H
4. Lisa Dales, Waddell Hoofprints
8. Heidi Helton, Horsn' Around 4-H
10. Danielle Varney, Spirit of Queen Creek

Jr. English Equitation

4. Stacey Payne, Spirit of Queen Creek
5. Gabrielle Petersen, Buena Vista Mavericks

Sr. English Equitation

2. Brittany Hines, Spirit of Queen Creek
3. Lisa Dales, Waddell Hoofprints
6. Taylor Lindsten, Desert Equistars

Jr. Goat Tying

1. Danielle Morgan, Desert Hills Wranglers 4-H
10. Carly Billington, Desert Hills Wranglers 4-H

Sr. Goat Tying

2. Sara Williams, Laveen Elite
4. Sara Neese, Buckeye Rough Riders
5. Jacqueline Farnworth, Spirit of Queen Creek

Jr. Western Bareback

3. Hallie Swenson, Spirit of Queen Creek
5. Kaitlynn Dunmire, Spirit of Queen Creek
6. Stephanie Payne, Spirit of Queen Creek

Sr. Western Bareback

3. Brittany Hines, Spirit of Queen Creek
5. Nicole Payne, Spirit of Queen Creek
6. Camille Ellsworth, Spirit of Queen Creek
8. Lisa Dales, Waddell Hoofprints

Jr. Reining

2. Justine Fisher - Desert Equistars
9. Hallie Swenson - Spirit of Queen Creek

Sr. Reining

2. Samantha Wray, Desert Hills Wranglers
3. Anneke Moss, Waddell Hoofprints
6. Michelle VerHages, Spirit of Queen Creek
10. Jacqueline Farnworth, Spirit of Queen Creek

Jr. English Hunt Seat Over Fences

1. Gabrielle Petersen, Buena Vista Mavericks
5. Lyssa Corbett, Desert Equistars
6. Stacey Payne, Spirit of Queen Creek

EQUINE SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to Dotty Spears (602.470.8086) 359 or spears@cals.arizona.edu or the contact for the event

2008 ARIZONA STATE FAIR 4-H HORSE SHOW RESULTS (cont'd)

Sr. English Hunt Seat Over Fences

1. Amanda Petersen, Buena Vista Mavericks
3. Jacqueline Farnworth, Spirit of Queen Creek
8. Stephanie Payne, Spirit of Queen Creek
9. Morgan Smyser, Desert Equistars

Jr. English Working Hunter

3. Gabrielle Petersen, Buena Vista Mavericks
5. Lyssa Corbett, Desert Equistars
7. Stacey Payne, Spirit of Queen Creek
10. Morgan Smyser, Desert Equistars

Sr. English Hunt Seat Over Fences

1. Amanda Petersen, Buena Vista Mavericks
3. Jacqueline Farnworth, Spirit of Queen Creek
8. Stephanie Payne, Spirit of Queen Creek
9. Morgan Smyser, Desert Equistars

Jr. English Working Hunter

3. Gabrielle Petersen, Buena Vista Mavericks
5. Lyssa Corbett, Desert Equistars
7. Stacey Payne, Spirit of Queen Creek
10. Morgan Smyser, Desert Equistars

Sr. English Working Hunter

1. Jacqueline Farnworth, Spirit of Queen Creek

Jr. Barrel Racing

1. Carly Billington, Desert Hills Wranglers 4-H
3. Austin Butler, Buckeye Rough Riders
7. Kayla Squires, Desert Hills Wranglers 4-H

Sr. Barrel Racing

6. Jacqueline Farnworth, Spirit of Queen Creek
8. Samantha Wray, Desert Hills Wranglers 4-H

Jr. Pole Bending

2. Kayla Squires, Desert Hills Wranglers 4-H

Sr. Pole Bending

9. Carrie Butler, Buckeye Rough Riders

Jr. Team Roping Heading

1. Kayla Squires, Desert Hills Wranglers 4-H
4. Heath Johnson, Flying Horseshoes
5. Ariat Hansher, Desert Hills Wranglers 4-H
6. Danielle Morgan, Desert Hills Wranglers 4-H
7. Darcy Squires, Desert Hills Wranglers 4-H
8. Bailey Hansher, Desert Hills Wranglers 4-H

Sr. Team Roping Heading

1. Salvador Flores, Buckeye Rough Riders
2. Chris Minsky, Desert Hills Wranglers
3. Armando Flores, Buckeye Rough Riders
4. Zane Hirsch, Desert Hills Wrangler 4-H
10. Sara Neese, Buckeye Rough Riders

Jr. Team Roping Heeling

1. Dannielle Morgan, Desert Hills Wranglers 4-H
2. Bailey Hansher, Desert Hills Wranglers 4-H
3. Ariat Hansher, Desert Hills Wranglers 4-H
4. Heath Johnson, Flying Horseshoes
5. Kayla Squires, Desert Hills Wranglers 4-H
6. Darcy Squires, Desert Hills Wranglers 4-H

Sr. Team Roping Heeling

2. Chris Minsky, Desert Hills Wranglers 4-H
4. Salvador Flores, Buckeye Rough Riders
5. Georgia Diez, Desert Hills Wranglers 4-H
7. Sara Neese, Buckeye Rough Riders

Well Done!

EQUINE SCIENCE OPPORTUNITIES

ARIZONA STATE HORSE BOWL TEAM NEEDS YOUR HELP!

The 4-H members from throughout Maricopa County Equine Sciences have been working hard to do their best at representing Maricopa County and Arizona 4-H this January at the 2009 Western Horse Classic in Denver. They have a regimented training calendar and have been working for months. The problem is...they need financial contributions to try and bring home the national champion trophies. So...if you can contribute or know of a corporation or two who are looking to support outstanding young people, would you e-mail Coach Alberti at: qcrider@gmail.com

HORSE ID'S DUE - DECEMBER 12, 2008

DUMMY ROPING

We have added Dummy Roping as a showcase event at all roping shows this year. This event will be held at the same time as the other roping events and contestants cannot enter the other roping events if they enter this event. This event is intended for beginning ropers not yet ready to rope on horseback. The class entry fee for other roping events will be charged, but there will not be a cattle fee. See the horse rule book for more information on this new event.

Equine Education Demonstration and Speech Workshop

Get prepared for the upcoming equine education public speaking events by attending this county approved learning activity. Learn tips on how to effectively speak in public, learn the rules of the equine speaking contests, get ideas for your next demonstration and view award winning speeches and demonstrations given at the Denver Horse Classic.

Date: Sunday, December 7, 2008

Time: (Check-in 3:30-3:45) Workshop from 4-6pm

Location: Buckeye Valley Chamber of Commerce located at 508 E. Monroe Ave.
(Located in old downtown Buckeye across from the Shell gas station)

Cost: \$5.00- Learning Materials & Refreshments provided

*Registration must be received by Thursday, December 4, 2008

For more information contact Kelly Bryant-Bryant@phxhs.k12.az.us or 623-694-3828

Mail registration and make checks payable to: Buckeye Rough Riders, 5519 S. Airport Rd., Buckeye, AZ 85326



ATTENTION HORSE MEMBERS!

It is not too early to think about what kind of prizes you would like to see at the Horse County Finals in April. Please e-mail Kelly Bryant at Bryant@phxhs.k12.az.us with ideas for this year's awards by Monday, January 5. Teen Representative to the Horse Committee will vote on awards at the January meeting. Your input is greatly appreciated.

ATTENTION BUSINESS OWNERS:

If you would like to be considered as a vendor for the 2009 Horse Finals awards, contact Kelly Bryant at Bryant@phxhs.k12.az.us. Let us know what kind of services or awards you can provide and what prices you will offer 4-H.

ROPING AND GYMKHANA SHOW

Desert Hills Turn & Burn is hosting a Roping/Gymkhana show on Saturday, December 20, 2008. It will be at Larkyn's Arena which is located at 48606 N 17th Ave, New River AZ 85087. For more information, please contact Russ Kriete at 623-687-1697 or email him at: ranchodelruss@yahoo.com

ANIMAL SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact Amy Nugent at (602.470.8086) 346 or anugent@cals.arizona.edu

ARIZONA NATIONAL LIVESTOCK SHOW - LIVESTOCK JUDGING!

ANLS Livestock Judging teams are unlimited and sponsored by the Maricopa County Large Livestock Committee, please submit your team's form to Amy Nugent by December 8, 2008. Application are available on line: <http://anls.org/rules/2009/09EntryJrJudging.pdf>

Volunteers needed to help with the event! If you are interested in helping please contact Jim Sprinkle at sprinkle@ag.arizona.edu

NATIONAL CATTLEMEN'S BEEF ASSOCIATION ACTIVITIES

Sponsored The Farm Credit System Foundation - This is truly "A New Day in the Sun" for the beef industry as the National Cattlemen's Beef Association introduces a series of Youth Activities at the 2009 Annual Cattle Industry Convention & Trade Show in Phoenix, Arizona. The concept for youth activities originated with current NCBA President, Andy Groseta to draw in young people interested in the beef industry and engage them in critical association activities. For the first time NCBA is encouraging youth attendance at the convention through youth competitions. Those youth competitions include:

- Quiz Bowl - Thursday, January 29
- Public Speaking Contest - Thursday, January 29
- Team Marketing Contest - Thursday, January 29
- Cattle Judging Contest - Friday, January 30

All youth ages nine and up are welcome to compete.

Awards vary by contest, so youth are encouraged to compete in more than one competition.

Information about the Annual Cattle Industry Convention & Trade Show will soon be available online at www.BeefUSA.org. Please circulate this email to any interested youth or youth groups. NCBA contact:

Lorie Liddicoat, Meetings Manager lliddicoat@beef.org (303) 850-3330

CRITTERS IN THE CLASSROOM!

Calling all small stock members! We want to bring our knowledge and experiences to youth who have not had the opportunity to interact with a Rabbit or Chicken! We are looking to get out and educate more of the public about 4-H and our small stock program by bring our 4-H members and critters to the classroom. This will be a great way to gain public speaking experiences, an opportunity to do community service and a great way to grow our small stock 4-H program. If you are interested in participating in the *Critters in the Classroom* or if you know of a teacher who would be interested in having our Critters visit a class room - contact Amy Nugent.

SMALL STOCK CLINIC & ROUND ROBIN CONTESTS!

Buckeye Small Stock invites you and your animal to participate in 2 special events. The Club will be having a small stock clinic every 4th Sunday of the month at 2:00. They will also be hosting a Small Stock Point Accumulative Round Robin Showmanship every 2nd Sunday of the month. Cost \$5.00 for 4-H member or \$10.00 for family. The members with the highest points overall after the March show will win a belt buckle in the Junior, Intermediate and Senior Divisions. The focus animals are: Rabbits, Cavies, Pygmy goats and Poultry. For more information please contact buckeyesmallstock@yahoo.com.

LARGE LIVESTOCK COMMITTEE

Adults and senior 4-H members are invited to join the Large Livestock Advisory Committee. If you are looking for leadership opportunities, join us on **Wednesday, December 17t, 2008 from 6:30 -8:00 pm** at the Extension office. This committee will discuss issues related to scholarship opportunities, fundraising, educational events and the Quality Assurance Program. We are looking to continue with our leadership committee and expand with new members that will broaden our reach to incorporate two youth and adult volunteers from the five county Board of Supervisor districts and that will also be representative of each species area.

SMALL STOCK COMMITTEE

The Small Stock Committee needs you! If you are interested in helping to make this year a great one for the Small Stock 4-H members, please give Amy a call. Next meeting is: **Wednesday, December 10, 2008 at 5:00.**

ANIMAL SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact Amy Nugent at (602.470.8086) 346 or anugent@cals.arizona.edu

SMALL STOCK SHOWMANSHIP CLINIC AND QUIZ BOWL

Saturday, December 6, 2008, we invite 4-H members, your animals and adults to participate in the Small Stock Showmanship Clinic and Quiz Bowl at the 4-H Office. If you do not have an animal there will be extra animals to be able to practice with. Registration starts at 8:30, clinic starts at 9:00am.

Maricopa County 4-H Office, 4341 E. Broadway Rd.

4-H Youth Workshop 9 am -12 pm

Adult workshop 1pm - 4 pm

\$5.00 per member or \$10.00 for a family

RSVP to Amy Nugent at Anugent@cals.arizona.edu by December 3rd.

MARICOPA COUNTY FAIR LEADER DINNER

All Maricopa County 4-H Leaders are invited to a Leader Appreciation Dinner sponsored by the Maricopa County Fair, Tuesday December 2nd, 2008 at 6:00 pm at the Maricopa County Fair/ANLS Office. Please RSVP to the fair office at 602-252-0717 or visit www.MaricopaCountyFair.org

THE COLORADO RIVER SMALL STOCK SHOW

The 2009 Show will be held **Saturday & Sunday, January 17 & 18, 2009** at the Mohave County Fairgrounds in Kingman AZ the show is sponsored by 4-H Members & Leaders in LaPaz, Mohave and Yavapai counties. This is the 20th year for this show complete with judging and conformation classes in rabbits, poultry, waterfowl, pigeon and cavy. Last year 82 4-H'ers from 21 clubs, 14 counties and 3 states exhibited 330 animals. Featured is a Small Stock Quiz Bowl Contest complete with separate categories for rabbit, poultry, waterfowl, pigeon and cavy and a Round Robin Quiz Bowl contest following.

Contact the Mohave 4-H Office for more information and entry forms or visit the website at: www.ag.arizona.edu/mohave/4h/smallshow.htm



PAT PARKER MEMORIAL SMALL STOCK SHOW

Mark your calendars: the Pat Parker Memorial Small Stock Show is schedule for **January 10, 2009 at Canyon State Academy starting at 8:30 am**. It will be held at Canyon State Academy, Queen Creek. The event includes: Showmanship, Quiz Bowl and Skill-a-thon for all Small Stock and Dog members. The registration form will be email to leaders in December and will be available on line.

4-H BUCKLE BONANZA

Save the date! **February 28 and March 1, 2009** for the 8th Annual 4-H Buckle Bonanza. This year the large livestock show will be held at Queen Creek's Horseshoe Park. The event will include: Showmanship, Livestock Judging will take place on both days and market conformation breed classes. This year the Goats and Sheep will show on Saturday and Beef and Swine will show on Sunday. Hopefully you can make the event! Registration form will be emailed to leaders and will be available on line in December.



MARICOPA COUNTY FAIR

The Maricopa County Fair will not be printing a Fair Book this year. All information will be available on at <http://www.maricopacountyfair.org/>

Early Bird Registration \$15.00 - till January 6, 2009

Normal Registration \$20.00 - from January 6 - 17, 2008

Ear Tagging January 17, 2009.

MILITARY FAMILY / MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

AMERICAN LEGION AUXILIARY 29TH ANNUAL AMERICANISM YOUTH CONFERENCE

The Americanism Youth Conference offers a rare and unique opportunity for high school students to participate in a four-day residential program. It focuses on the discussion of current issues facing the United States from a historical and global perspective on constitutional law and government. Participation is by invitation only and based on application and essay. Student participants from around the country will be challenged to articulate their views and perceptions about their constitutional rights and responsibilities as citizens while interacting and working collaboratively with their peers on various projects. An experienced and expert faculty will conduct seminars and lead students in discussions and on field trips to Philadelphia and Valley Forge. Students will also participate in their own Freedom Summit -- working on simulations of democracy dealing with current issues facing our country and they will participate in a moot court in Philadelphia.

COMPLETED APPLICATIONS & TYPED ESSAY MUST BE SUBMITTED BY: DECEMBER 1, 2008.

(DETAILS BELOW)

Applicant Requirements:

Secure sponsorship from Arizona Operation: Military Kids (OMK) - State Project Director for **ARIZONA** - contact Arizona OMK Program Coordinator - Teresa Noon (520-626-9085) or email: nteresa@cals.arizona.edu.

Be a student in good standing, in grades 10, 11, 12.

Show demonstrated leadership potential through extra-curricular activities and community service.

Attach your application as the cover sheet to your essay.

Opportunity open to Army youth of Active Duty, National Guard and Reserve Families.

Essay Details:

Topic: "**Standing on the Shoulders of Giants - How American Veterans Have shaped the World.**"

Word Limit: 500 words.

Format: Must be typed and not hand written.

Submission Instructions:

Submit your application and typed essay to Arizona Operation Military Kids - postmarked by December 1, 2008 to:

Americanism Youth Conference Essay Contest

c/o: AZ Operation Military Kids Program

Forbes 301, P.O. Box 210036

Tucson, Arizona 85721-0036

Youth living overseas should submit application and essay as follows: Europe to the Maryland OMK State POC; Korea and Japan to the Hawaii OMK State POC.

Judging and Announcements of Winners:

Judging is done on a state or OCONUS Region Basis. Essays will be evaluated on message and content. Applications will be reviewed for extra-curricular activities including community service. Students chosen to represent their state or OCONUS Region at the conference will be notified on or before January 14, 2009.

Expenses Paid for All Winners:

Students selected to participate in the Americanism Youth Conference will have their program fee and travel paid to Philadelphia paid by the 4-H /Army Youth Development Project. These fees cover program cost, room and board, and transportation to and from the Philadelphia Airport.

Additional Helpful Resources (Links) viewed and or printed for mail submission:

[Operation: Military Kids Website www.operationmilitarykids.org](http://www.operationmilitarykids.org)

[Brochure is available. http://www.operationmilitarykids.org/resources/Americanism_Yth_Conf_20092.pdf](http://www.operationmilitarykids.org/resources/Americanism_Yth_Conf_20092.pdf)

[Official Application http://www.legion-aux.org/uploads/docs/Americanism%20scholarship%20form.pdf](http://www.legion-aux.org/uploads/docs/Americanism%20scholarship%20form.pdf)

[Essay Cover Sheet http://www.legion-aux.org/uploads/docs/Americanism_Essay_Cover_Sheet0809.pdf](http://www.legion-aux.org/uploads/docs/Americanism_Essay_Cover_Sheet0809.pdf)

If you have questions, contact Teresa Noon - OMK Program Coordinator at 520-626-9085 or <mailto:nteresa@cals.arizona.edu>

MILITARY FAMILY / MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

ATTENTION MILITARY YOUTH!

Are you interested in the experience of flight? We have an opportunity just for you.

The EAA Young Eagles Program has once again generously donated (80) slots for military youth to participate in a Young Eagles flight. Dependent Military youth will be given the opportunity to experience the thrill of flight. The EAA Young Eagles Program has provided more than 1 million young people nationally the experience of flight. The flight is "**FREE**", safe and flown by a licensed and experienced volunteer pilot.

Who is Eligible: Dependent Military youth between the ages of 10 - 17.

When: Saturday, December 13, 2008.

Time: 8:00 a.m.

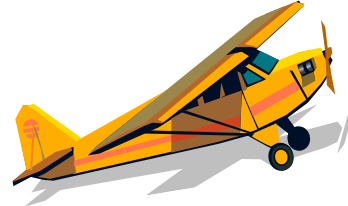
Where: The Glendale Airport

6801 N. Glenn Harbor Blvd.

Glendale, AZ 85307-3703

(623)930-2188

To secure a slot, please call Jennifer Lopez at (602)629-4418. Please give the following information. Your child's name, age, service member's information (name, rank, and unit) a contact number and email address. Slots will be given out on a first come first serve basis. You may begin calling on Oct 13, 2008 at 9:00 a.m.



OUTDOOR DISCOVERY OPPORTUNITIES

For more information or question contact Brandon Moak 602.470.8086 ext 360 or bmoak@cals.arizona.edu

ARIZONA 4-H STATE SHOOTING SPORTS CONTEST!

The contest details are being worked out, but the event will be held in Tucson **December 6 - 7, 2008**. The event will be the 2009 state qualifying contest for next year's national event. For more information check out <http://cals.arizona.edu/4-h/events.html#2>, Deadline for registrations is **November 21, 2008**.

2009 4-H NATIONAL SHOOTING SPORTS INVITATIONAL

Location: Grand Island, Nebraska Dates: June 24 - 28, 2009

Eligibility: 4-H members who have passed their 14th birthday by January 1, 2009 and who have not passed their 19th birthday before January 1, 2009. Each state may send a team of 3 or 4 members in each of nine disciplines: compound archery, recurve archery, air rifle, air pistol, smallbore rifle, smallbore pistol, muzzle loading rifle, shotgun, or hunting. Any member may compete in a discipline only once.

For information go to: <http://www.4-hshootingsports.org/>







For event descriptions and rules go to: <http://shootingsports.unl.edu/rules.html>

Selection criteria for the Arizona team may include scores from the State Contest, scores from a selection match, or other criteria. With commitment, planning and flexibility anyone who desires to compete at the National Invitational can do so. **This is an outstanding opportunity to participate in a National Event!** Now is the time to start preparations for the Invitational: pick a discipline and a back up discipline, acquire equipment, build a team, plan and budget for travel, and start practicing. Let your 4-H Shooting Sports Education Leader know if you are interested.

JOIN US FOR COMMUNITY SERVICE LOCKIN

SATURDAY, DECEMBER 13, 2008 - SUNDAY, DECEMBER 14, 2008
MARICOPA EXTENSION OFFICE
4341 E. BROADWAY RD.
PHOENIX AZ 85040
12:00 pm Saturday - 12:00 pm Sunday

Please donate the following items:

-  One or more turkey/ham per club
-  New-unwrapped gifts for boys and girls
-  Money to buy gifts/food - * This is essential if you can donate*!
-  Canned/packaged food; potatoes, rice, ornaments, lights
-  Christmas trees
-  Baking supplies for breads and cookies



This community service lock-in is open to all currently enrolled members ages 9 -18yrs old, certified leaders and resource volunteers that would like to get involved to give back to the community. This will be a hands-on educational retreat. There is a cost of **\$5.00** per participant. Please mail the portion below to confirm your attendance at this fun and educational activity! **Registration due by Friday December 5, 2008.** Checks should be made payable to **University of Arizona**. Please arrive with time to sign in. You may contact **Bryan Chadd** at bchadd@cals.arizona.edu or 602.470.8086, ext. 350 with questions.

Name (print): _____

Date of Birth: _____

Address: _____ City: _____ Zip: _____

Club Name: _____ Club Leader: _____

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, James A. Christenson, Director, Cooperative Extension, College of Agriculture & Life Sciences, The University of Arizona.
The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.
Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (Bryan Chadd 602.470.8086, ext. 350). Requests should be made as early as possible to allow time to arrange the accommodation.

COMMUNICATION DAY

For more information or question contact Brandon Moak 602.470.8086 ext 360 or bmoak@cals.arizona.edu

Have you heard? Maricopa County 4-H Communication Day is coming! On January 17, 2009 from 9:00-12:00 (sign-in begins at 8:30), our fun-filled and easy going event will join the Town of Queen Creek in the grand opening of their new Horseshoe Park & Equestrian Centre located at 20464 S. Riggs Rd. (between Hawes & Ellsworth) where they will have a parade, bull riding contests, horse events, and a fun carnival to name a few.

Communication Day events include the following:

A Fun Round Robin Quiz Bowl – This will not be highly competitive, but ribbons will be awarded, as with all events. The “Round Robin” idea is based on how there will be six areas to cover a wider range of 4-H. They include 4-H Trivia, Horse, Large & Small Livestock, Dog, & Food/ Nutrition.

Educational Displays (held in the stalls) – The idea behind this is for youth to set up a display that show cases 4-H with a poster of some sort that educates the public on 4-H via a project area. Be as creative as you like; just make it educational.

Prepared Speeches, Impromptu Speeches, & Demonstrations will all be similar to years past.

Rules and regulations for these events will soon follow. Be sure to look online and stay in communication with your leaders.

Speaking of online, you will be able to complete your entire registration process online without having to print a page. Just visit our homepage and click on “Registration for Communication Day,” fill out all the applicable fields, and click the submit button on the lower right-hand section of the form; your computer will prompt you on the way to email your form.

If you plan on bringing an animal, you can drive along the east side of the property to access the barn on the north side (if you’re not bringing an animal, park in the front on the south side). People with animals will need to bring their own shavings, at least two bags per stall. You may leave your animals and projects in the barn for the public to admire but you must have them out by 4:30.

Contact Brandon Moak (BMoak@cals.arizona.edu) with any questions.

http://cals.arizona.edu/maricopa/4h/online_papers/communication_day_registration.pdf



LEADER/MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

4-H PROGRAM EDUCATIONAL EVENTS, SHOW AND CONTACT INFORMATION

Date	Event	Location	Time	Contact	Phone
DECEMBER					
1	Operation: Soldier Boxers Begins	Extension Center	NA	Bryan Chadd	ext. 350
1	Western Region Leader Forum Early Bird Reg. Due	Colorado State 4-H	5:00 PM	Dale Leidheiser	970.491.7881
1-2	National 4-H Congress	Atlanta, GA	NA	Bryan Chadd	ext. 350
2	Maricopa County Fair Leaders Dinner	State Fair Grounds	6:00 PM	RSVP	602.252.0717 ext 401
3	National 4-H Conference Applications Due	Extension Center	5:00 PM	Barbara Ashford	ext.328
4	Mystery of the Adolescent Brain Registration Due	Extension Center	5:00 PM	Brandon Moak	ext. 360
5	Community Service Lock-In Registration Due	Extension Center	5:00 PM	Barbara Ashford	ext. 328
6	Small Stock Clinic	Extension Center	8:30 AM	Amy Nugent	ext.346
6	North Glendale 4-H Dog Show	Cortez Park	8:30 AM	Brandon Moak	ext. 360
6-7	State Shooting Sports Contest	Tucson	TBA	Kirk Astroth	520.621.1393
6	Rifle Contest	Ben Avery	TBA	Brandon Moak	ext. 360
7	<u>Horse Speech & Demo Clinic</u>	Liberty School	4:00 PM	Kelly Bryant	623.327.1393
8	ANLS Livestock Judging Form Due to Amy	Extension Center	5:00 AM	Amy Nugent	ext. 360
9	New Leader Training	Extension Center	3:00 & 6:30 PM	Bryan Chadd	ext. 360
10	ANLS Horse Show Registration Due	ANLS Office	6:30 AM	Amy Nugent	ext. 346
10	Small Stock Committee	Extension Center	5:00 AM	Amy Nugent	ext. 360
11	<u>Feeding & Supplements - Myth & Facts</u>	Horse Lovers Park	8:00 AM	Brandon Smith	602.534.4656
12	<u>Horse ID's Due</u>	Extension Service	5:00 PM	Dotty Spears	Ext. 359
12	<u>Arizona Festival of Horses</u>	WestWorld	8:00 AM	Lise Streit	785.494.2820
12	COUNTY 4-H ENROLLMENT DEADLINE	Extension Center	5:00 PM	Barbara Ashford	ext. 328
13	Arizona Festival of Horses	WestWorld	8:00 AM	Lise Streit	785.494.2820
13-14	Maricopa County 4-H Community Service Lock-In	Extension Center	12:00 Noon	Bryan Chadd	ext. 350
14	Arizona Festival of Horses	WestWorld	8:00 AM	Lise Streit	785.494.2820
14	Small Stock Round Robin Showmanship	Buckeye	2:00 AM	Edie Darr	602.739.0455
15	Horse Committee	Extension Center	6:30 AM	Dotty Spears	ext.359
16	New Leader Training	Extension Center	3:00 & 6:30 PM	Bryan Chadd	ext. 350
17	Large Livestock Committee	Extension Center	6:30 PM	Amy Nugent	ext. 346
18	Mystery of the Adolescent Brain	Extension Center	6:00 PM	Brandon Moak	ext. 360
19	SWIAA Conference Registration Due	PO Box 93524 Phoenix AZ 85070	5:00 PM	SWIAA	480.759.1273 Fax
20	D.H. Turn & Burn Roping & Gymkhana	Larkyn's Arena	8:00 AM	Russell Kriete	623.587.1697
24-Jan 5	Extension Center & 4-H Office Closed	NA			
26-Jan1	Arizona National Livestock Show	State Fairgrounds	8:00 AM	Grant Boice	602.258.8568
31	ANLS Livestock Judging	Sate Fairgrounds	8:00 AM	Grant Boice	602.258.8568
JANUARY					
1-3	ANLS 4-H/FFA Horse Show	WestWorld	8:00 AM	Grant Boice	602.258.8568
1	Quality Assurance Training Reg Due	Extension Center	5:00 PM	Amy Nugent	ext. 346
5	Project: Copper for Cooperation Begins	NA		Bryan Chadd	ext. 350
5	<u>Quality Assurance Training</u>	Extension Center	6:00 AM	Amy Nugent	ext. 346
8-11	<u>Western Horse Classic</u>	<u>Denver</u>		Dotty Spears	ext. 359
8	Service Learning Workshop	Extension Center	6:30 AM	Bryan Chadd	ext. 350
9	Holiday Horse ID's due	Extension Center	5:00 PM	Dotty Spears	ext. 359
9	Communication Day Registration Due	Extension Center	5:00 PM	Brandon Moak	ext. 360
9	Scholarship Workshop Registration Due	Extension Center	5:00 PM	Bryan Chadd	ext. 350
10	<u>Therapeutic Riding Seminar</u>	Gilbert	9:00 AM	Bev Lonchar	480.988.2705
10	Small Stock Show	Queen Creek	8:30 AM	Amy Nugent	ext. 346
11	Small Stock Round Robin	Buckeye	2:00 AM	Edie Darr	602.739.0455
12	Horse Committee	Extension Center	6:30 PM	Dotty Spears	ext. 359
13	Getting Scholarships Workshop	Extension Center	6:30 PM	Bryan Chadd	ext. 350
15	4-H Newsletter Articles Due	Extension Center	5:00 PM	Amy Nugent	anugent@cals.arizona.edu
16	Record Book / Portfolio Workshop Registration Due	Extension Center	5:00 PM	Dotty Spears	ext. 359
17	Colorado River 4-H Small Stock Show	Kingman			
17	Maricopa County Fair Sheep Eartagging	State Fairgrounds	8:00 AM	County Fair Office	602.252.0717
17	Maricopa County Communication Day	Horse Shoe Park Q.C	9:00 AM	Brandon Moak	ext. 360
19	Martin Luther King Day Extension Service Closed	Extension Center - Closed			
20-23	SWIAA Conference	Laughlin, NV			
21	Maricopa County Fair Board Meeting	State Fairgrounds	6:00 AM	Amy Nugent	ext. 360
21	Record Book / Portfolio Workshop	Extension Center	6:30 AM	Dotty Spears	ext. 359
23-31	<u>Sun Country Circuit</u>			Dotty Spears	ext. 359
24	Western Show / English Show	Horse Lovers Park	8:00 AM	Jane Scott	480.510.6820
25	Buckeye Small Stock Clinic	Buckeye	2:00 PM	Edie Darr	602.739.0455
28	Large Livestock Committee	Extension Center	6:30 PM	Amy Nugent	ext. 346
29-30	National Cattleman's Beef Show	Convention Center	8:00 AM	Lorie Liddicoat	303.850.3330
29	Operation: Soldier Boxers Ends	Extension Center	5:00 PM	Bryan Chadd	ext. 350
30	CWF Applications due to State 4-H Office	State 4-H Office Tucson	5:00 PM	Kirk Astroth	520.621.1393
31	Gymkhana/Roping	Horse Shoe Park Q.C	8:00 AM	John Flores	480.988.4115

*Underlined events are approved Equine Educational events **Italicized info is NEW information*



Arizona's First University.

The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities. Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Bryan Chadd at 602-470-8086, Ext 346 . Requests should be made as early as possible to allow time to arrange the accommodation.

**THE UNIVERSITY OF ARIZONA
COOPERATIVE EXTENSION, MARICOPA COUNTY
4341 E. BROADWAY ROAD
PHOENIX, AZ 85040-8807**