



November 2008

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Maricopa County 4-H Newsletter

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**GIVING...A 4-H TRADITION**

We are blessed in 4-H to have an outstanding number of young people who are building leadership skills, performing admirably at any number of specific subject matter skills and relating life experiences through speaking and communication. As we begin the new 4-H year, it is an opportunity to begin anew. Celebrate the past year and all of its accomplishments. A chance to forget some of those things that went wrong. A chance to learn something new and to build on something started last 4-H year. It's also a chance to give something.

We have so many certified volunteer 4-H leaders who give so much already. They give their knowledge, their resources, their time that could be spent doing hobbies or family things and of their heart. They are organizing constantly, learning new things to teach, looking for ways to make a difference in a member's life and they look for that spark you see in a child's heart and eyes when they succeed or grasp a skill or concept. Yes...they give and give and give. And in Maricopa County, we are grateful for the gifts given to our young people.

There are other givers...the resource volunteers. They often cannot devote the time it takes to be a certified leader, but they help with lessons, or meetings, or driving, or refreshments, or planning, or teaching, or setting up or tearing down or...well you get the drift. They are there to help and we often don't get a chance to recognize all the giving that they do.

Then there are the donors who specifically give of financial and in-kind resources. They may not be able to be present and physically help, but their donations of money, equipment, space, tools, vehicles and more allow all of us to do what we do - provide a safe, fun and exciting learning environment for our youth members and their families.

Where is this leading? Well, it is about being grateful for all the giving people associated with our program. All the parents who help and get involved. (P.S. parents, if you're not involved...you're missing an incredible opportunity to watch your child build relationships with kind hearted and loving people and you don't want to miss that!). And it's about challenging you...to do more giving and if you can't give anymore, to encourage those around us to do so who are able.

We need more scholarships to support our youth as they head off to higher education. We need more dollars to stretch the ability to send youth to camps and leadership opportunities and conferences. We need to update equipment and find reliable transportation to assist in getting our youth to places in the state and out of state. And we need to be able to recognize our members, leaders and parents and families for their contributions. Think about contributing at your employer if they match contributions, and talk to family members about setting up endowments now so your children and those growing up around them can benefit from an endowment while they are young. Talk with someone who owns an auto dealership who can donate vehicles, or how about just sponsoring a young person to camp or a conference when an opportunity arises. And mostly, thank you for being the giving people you are...for all our youth.

**MARICOPA COUNTY  
4-H AGENTS:**

Ruth Carter  
Bryan Chadd

**PROGRAM STAFF:**

Barbara Ashford  
Anne Cimarelli-Stears  
Brandon Moak  
Amy Nugent  
Dotty Spears

The University of Arizona  
Cooperative Extension, Maricopa County  
4341 East Broadway Road  
Phoenix AZ 85040  
602-470-8086  
<http://cals.arizona.edu/maricopa/4h/>

# MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

## MARICOPA COUNTY 4-H FACULTY/STAFF CONTACT INFORMATION:



Changes have been made to project area responsibilities. Please check the 4-H web page for contact information regarding your project area: <http://cals.arizona.edu/maricopa/4h/lty> Staff



## MARICOPA COUNTY 4-H JUDGING DAY



Maricopa County 4-H Judging Day will be at **IKEA on Saturday, November 15th**, beginning at 9:00 am, with registration at 8:30 am. Real life decision making! Registration packets are available in the newsletter. Participants will pay a \$5.00 fee for the day which will include 2 hot dogs, chips and a drink. This is going to be a fun, exciting event and we hope you will get your members involved to kick off the new 4-H year with a dynamic experience!

**MAC DAYS!** The University of Arizona Research Farm. The Maricopa Agricultural Center is a 2,100 acre educational research and education farm that focuses on arid land agriculture. Each year, thousands of people of all ages come to this Center from around the country and internationally to learn about Arizona agriculture. Centrally located, it provides exciting and educational experiences for farm visitors. The event is on **November 1, 2008 (Saturday) and runs from 9am – 3pm**. 37860 West Smith-Enke Road Maricopa, AZ 85239-3010 <http://cals.arizona.edu/aes/mac/>

## THE MYSTERY OF THE ADOLESCENT BRAIN

Anyone who has regular contact with teens has probably asked, "What is going on inside of that head?" Come along for the educational ride as we unravel the mystery of the adolescent brain. We'll take a look at the development of the adolescent brain in conjunction with sleep, mood swings, and the brain's wiring and how these things impact communication. Participants are sure to leave with new insights on how to relate with teens.

Date: Thursday, December 18, 2008

Time: 6:00-8:00

Location: UA Cooperative Extension, Maricopa County Office c/o Brandon Moak  
4341 E. Broadway Rd. Phoenix, AZ 85040

Registration: \$5.00 (by Thur. Dec. 4 @ 5:00)

Late Registration: \$7.00 (after Thur. Dec. 4)

Door Registration: \$9.00

Light food and drink included.

Mail registration to the above address and make checks payable to *The University of Arizona*



Name: \_\_\_\_\_ Organization: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Please see our online registration form @ <http://cals.arizona.edu/maricopa/4h/onlinepapers/brainregistration.pdf>

## NATIONAL 4-H CONFERENCE

**MESSAGE TO 4-H TEENS:** You don't want to miss this opportunity - this conference is one of the highlights of any 4-H member's career. If you want to meet other 4-H'ers from all 50 states and several other countries, want to have a say in national 4-H directions, want to see Washington D.C. and stay at the National 4-H Center, want to have fun, want to meet your legislators and visit Capitol Hill...this trip is for you! The 2009 National 4-H Conference will be held at the National 4-H Center in Chevy Chase, MD. Delegates must be 15 years of age as of January 1st, 2009. Selection process will consist of: 1) Application 2) Letter of Interest 3) 3 - 5 minute video presentation on the following topic: "From your perspective, what are the major issues facing young people in you community and what can 4-H do to address these issues?" 4) Interview by a screening committee. Each youth selected will pay a deposit of \$800. The Arizona 4-H Youth Foundation will provide for youth participants a stipend of \$1,000 each. Applications and more information from the state 4-H Office can be found at:

<http://cals.arizona.edu/4-h/events.html#2>

For more information about 2009 National 4-H Conference: <http://4hconf.4-h.org/>

Event Date: March 28- April 2, 2009 Get involved and see where you can go!

# MEMBER OPPORTUNITIES

*For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed*

## **ARIZONA 4-H YOUTH FOUNDATION SCHOLARSHIP**

The Arizona 4-H Youth Foundation Scholarship applications deadline is **Monday, February 16th at 5:00 pm, in the Maricopa County 4-H Office**. Application sent to Tucson /U of A will not be accepted. All application must come through the Maricopa County 4-H Office or they will not be accepted. Applications may be found at: [http://cals.arizona.edu/4-h\\_foundation/scholarships.htm](http://cals.arizona.edu/4-h_foundation/scholarships.htm)

## **CITIZENSHIP WASHINGTON FOCUS**

2009 C.W.F. (Citizenship Washington Focus) date for Arizona has been set; it is **June 7 - 13, 2009**. CWF 2009 is only 10 months away! While participating in CWF, 4-H'ers strengthen communication, leadership and other citizenship skills on a national level; understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders; and exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds. To view a CWF overview video which captures the essence of CWF – citizenship, leadership and fun, check out: <http://4hvideos.fourhcouncil.edu/CWF/CWFMarketingVideo.cov>

## **INTERNATIONAL EXCHANGE PROGRAM – WELCOME PETE MITTELHOLZER**

The 4-H State office and Arizona 4-H is fortunate to be able hire Pete Mittelholzer as a graduate work-study student to assist with exploring how to re-establish a 4-H international exchange program in Arizona. Pete is a returned Peace Corps volunteer who spent two years in Azerbaijan from 2003 to 2005. He also worked as a legal fellow in Senator Jon Kyl's office in Washington, D.C. Pete is currently pursuing an MBA degree here at the University of Arizona Eller College of Management. His work for us will be to lay some groundwork and develop the infrastructures necessary to re-establish 4-H international exchange programs through Arizona 4-H.

## **2008 NATIONAL 4-H CONGRESS**

We are happy to announce that eight youth and one adult will be representing Arizona 4-H at the 2008 National 4-H Congress in Atlanta, Georgia. This exciting event will provide opportunities for delegates to accept the challenge to learn, interact, reach out and make a difference in their home communities. They will also be networking and having lots of fun. The Arizona delegation will be departing Phoenix on Friday, November 28 and returning on Tuesday, December 2. Participants include: Alexandra Finch - Cochise, Nerissa Kueny - Gila, Josh Henson - Navajo **Amy Schweitzer, Rebecca Simpson & Connor Eyherabide, from Maricopa**, Teagan Hasler & Laura Nowlin from Yuma. Congratulations to all our Arizona 4-H Congress Ambassadors!

## **SOUTH WEST INDIAN AGRICULTURAL ASSOCIATION CONFERENCE**

"Growth of Indian Agriculture Thru Tradition and Technology" January 20-22, 2009 in Laughlin Nevada  
\$150.00 Pre-registration fee if received by December 19, 2008 or \$175 registration fees for each individual, after December 19, 2008 and \$50.00 for each additional family member listed. Fees waived for full time college/high school students. The Southwest Indian Agricultural Association wants to encourage Indian Youth studying Agriculture and or Natural Resource Education to participate in the annual conference. For more information contact SWIAA Conference: 520-235-2841

The Southwest Indian Agricultural Association is offering three annual scholarship. The scholarships are in the memory of Dr. Roe B. Lewis in the amount of \$1,000.00 each. Two scholarships are available for undergraduate students and one for graduate students. The purposes of the scholarships are first; to increase the knowledge and awareness of the importance of Indian agriculture and natural resources; and second, to assist Indian college students with their educational expenses. For more information email [WSIAA@att.net](mailto:WSIAA@att.net)

# LEADER RESPONSIBILITIES

For all opportunities in this section, please contact or RSVP to Ruth Carter at (602.470.8086) 348 or [rcarter@cals.arizona.edu](mailto:rcarter@cals.arizona.edu)

## **LIABILITY REMINDER**

The University of Arizona requires that the 4-H agent/staff working with your program MUST be aware of all your club's activities/meetings or you may not be covered for liability. You are requested to either mail, FAX or email a monthly calendar to your respective agent/staff person. It is very important that everyone is covered, so please contact us whenever you have a 4-H activity or meeting planned or a change to your calendar.

## **CLUB ENROLLMENT**

- \* Re-enrollment forms are on the website at: [www.cals.arizona.edu/maripoca/4h/forms.htm](http://www.cals.arizona.edu/maripoca/4h/forms.htm)
- \* Check that all forms submitted by your members, certified volunteers and resource volunteers are complete.
- \* All information is correct, all forms are signed where necessary.
- \* Submit an AAP2 form and AAP3 form if necessary. If the AAP3 form is necessary, attach recruitment documentation, identify boundaries and identify ethnicity of your group members. Submit \$10.00 membership fee for each member or a fee waiver; (checks should be made to The University of Arizona and one check per club that includes all members). Youth will not be considered a member until the fee is paid or a waiver submitted.
- \* Submit a resource volunteer form for all adults assisting you with the 4-H program year; you need only submit the form once at the beginning of the year and can add additional resource volunteers during the year.

## **BACKYARDS & BEYOND - RURAL LIVING IN ARIZONA**

Backyards & Beyond is published quarterly by a cooperative team from University of Arizona Cooperative Extension. Yearly subscription price is \$10.00. This is an excellent resource from featured plants to tips on Xeriscape and Canning in Arizona! For more information: <http://cals.arizona.edu/backyards>

## **I'VE JOINED 4-H...BUT WHAT AM I? AM I A CLOVERKID, A JUNIOR OR A SENIOR MEMBER?**

### **You are a CloverKid if:**

- A. You are between five and eight years of age,
- B. Have not turned nine years of age before January 1, 2009.
- C. Years born in: 2000, 2001, 2002, 2003

CloverKids may do a Clover ID summary document and turn it in by the due date but will only receive a participant ribbon .

### **You are a Young Junior member if:**

- A. You are nine to 10 years of age, and
- B. Have not turned 14 years of age before January 1, 2009.
- C. Junior 9 year old born in: 1999
- D. Junior 10 year old born in: 1998

Young Junior complete a Young Junior Record book

Junior members are required to do a junior record book and financials or a project evaluation and turn it in by the due date and receive 60 points or better to be a 4-H member in good standing.

### **You are a Junior member if:**

- A. You are 11, 12, 13
- B. Have not turned 14 years of age before January 1, 2009.
- C. Years born in: 1995, 1996, 1997

### **You are a Senior member if:**

- A. You are 14 to 19 years of age, and
- B. Have not turned 19 years of age before January 1, 2009
- C. Years born in: 190, 1991, 1992, 1993, 194

Senior members are required to do a senior portfolio and financials or a project evaluation and turn it in by the due date and receive 60 points or better to be a 4-H member in good standing.

**If you are born before 1990 you are too old to be a 4-H member.**

**The 4-H year is October 1<sup>st</sup> thru September 30<sup>th</sup>.**

# COMMUNITY SERVICE OPPORTUNITIES

For all opportunities in this section, please contact Bryan Chadd at (602.470.8086) 350 or [bchadd@cals.arizona.edu](mailto:bchadd@cals.arizona.edu)

## **TRICK OR TREAT SO OTHERS CAN EAT**

It's that time of year again! Time to get dressed up as an alter ego, a wild and crazy person, or an animal that makes you happy, or whatever you want, gather with your fellow club members and leaders and trick or treat in your neighborhood. Actually, I guess it's just about treating as what we are trying to accomplish is treating those persons in our communities who are in need. Treating them with the knowledge that there will be food at the food bank when they are hungry. There will be formula for their children and food to celebrate special occasions like all of us who are fortunate are able to do. As prices for everything soars, so does the number of hungry people in Maricopa county. In 2004 we collected 5,233 pounds, in 2005 the total was 6,581 pounds and in 2006 it was 8,453 pounds of food, in **2007 the total was 10,252 pounds** of food. So we have a lot of work to do, but let's try and shatter last years record set by **29 clubs and 506 members and adults**. To accomplish even more this year, think about going out a couple of nights into different neighborhoods. Remember to arrange with the Food Bank a time and date to take in your dry and canned foods to be weighed. The registration information is available on the web and just remember to get registered prior to conducting your fun and worthwhile event anytime between **October 18th to November 2nd**. Also report the number of members involved, number of adults, number of hours spent collecting and the pounds of food. It's a lot of fun and you are making a special contribution to those desperately in need of the basics.



## **COMMUNITY SERVICE LOCK IN**

This year we will meet **December 13th and 14th** and begin the festivities with a holiday trip, making fun foods, watching movies, etc. and the service efforts. Sunday morning, we will continue with the service efforts and end the morning with deliveries to targeted families or organizations. Members may participate even if they cannot stay the entire time, but will have to indicate their participation time on the registration form signed by parents/guardians. If members and parents/leaders can't participate, we will accept up to Friday the 12th, these items to help with our efforts:

**One or more turkey/ham per club \* new-unwrapped gifts for boys and girls \* money to buy gifts/food \* canned/packaged food; potatoes, rice, ornaments, lights, Christmas trees baking supplies for breads and cookies**

### **Here is the necessary information:**

Dates: Saturday, December 13th at 1:00 to Sunday, 12:00(noon)  
Location: Maricopa Extension Center  
4-H members ages 9-18, 4-H Volunteer leaders, and  
Resource volunteers  
Cost: \$5.00 per person  
Registration: Form in November newsletter must be received by Friday,  
December 5th at 5:00 pm.



We want many participants, but are happy to take the other donations as well. Our goal is to be able to brighten the holidays for at least 200 families. In addition, we need volunteers willing to drive and stay the night and chaperone. Please contact Bryan to volunteer and make the holidays brighter for everyone - including your club and its members.



### **CONNOR EYHERABIDE!**

For winning the Parliamentary Procedure contest at the National FFA Convention! Way to go!!!!

# COMMUNITY SERVICE OPPORTUNITIES

For all opportunities in this section, please contact Bryan Chadd at (602.470.8086) 350 or [bchadd@cals.arizona.edu](mailto:bchadd@cals.arizona.edu)

## VOLUNTEER FOR THE METRO PHOENIX WATER FESTIVAL! MetroPhoenix Water Festival!

*If you like kids, water, and great fun -- this festival is for YOU!*  
[http://cals.arizona.edu/arizonawet/water\\_festival/waterfestival.html](http://cals.arizona.edu/arizonawet/water_festival/waterfestival.html)

### MetroPhoenix Water Festival

Date: November 13, 2008

Time: 7:00 am to 2:30 pm

Location: Four Peaks Elementary  
17300 Calaveras Rd. Fountain Hills

To volunteer contact: Liz Lehman

Phone: 602-470-8086 x338

E-mail: [elehman@cals.arizona.edu](mailto:elehman@cals.arizona.edu)

**Volunteer opportunities include leading an activity, festival set-up, and area coordination – whatever is right for you!**

*Experience the JOY of helping kids discover.*  
Receive: Training, Snacks, Lunch, and a T-Shirt

Volunteer training sessions (you must attend one):  
October 29 or November 8, 9-11 am

## “VOICES AND VISION” YOUTH VIDEO CONTEST

The future of species, ecosystems and human well-being depend on the next generation stepping up and creating proactive solutions to the biodiversity challenge. It is critical that we engage young people in decision-making and implementation of conservation initiatives. The consequences of these efforts will shape their futures and the world they inherit.

The National Council for Science and the Environment (NCSE) will provide a forum for young people to share their actions, perspectives, and passion for biodiversity through new media channels by hosting a video contest, **\*\*Voices and Visions from the Next Generation of Conservationists\*\***, as part of the 9th National Conference on Science, Policy, and the Environment:

Biodiversity in a Rapidly Changing World  
<<http://ncseonline.org/conference/biodiversity>> December 8-10, 2008 in Washington, DC. The conference aims to develop a new conservation strategy for the 21st century. We expect 1,000 participants from the scientific, government, business, academic, and environmental and health communities to attend the conference.

We invite persons **ages 12 to 25** (individuals or groups of up to 5) to submit a short video (up to 5 minutes) focusing on how today's youth are and will be addressing the challenges that threaten biodiversity. The contest deadline is **\*\*October 31, 2008\*\***. A team of expert judges will review each submission and determine the top three in four age categories (12-14, 15-18, 19-22, and 23-25). Contestants will be notified of their status by November 14, 2008.

The winning videos will be showcased at the Voices and Visions from the Next Generation of Conservationists reception and award ceremony at the conference on December 9, 2008, at the Ronald Reagan Building and International Trade Center in Washington, D.C. Winning videos will be projected on the main screens as well as individual laptop computers throughout the reception room. Winners will receive one complimentary registration to the conference, their video displayed during the 2009 DC Environmental Film Festival, and a pass to Disney's Animal Kingdom. Honorable mentions will have their videos posted on the NCSE website as recognition of their achievement.

# FOOD & NUTRITION

For more information or question contact Anne Cimarelli-Stears 602.470.8086 ext. 330 or [cimarelli@cals.arizona.edu](mailto:cimarelli@cals.arizona.edu)

## HAPPY, HEALTHY THANKSGIVING

*Thanksgiving is a holiday with lots of tempting, rich foods. Some Thanksgiving meals can equal the amount of calories and fat we need in an entire day, or even more! Here are some ways to make your Thanksgiving feast healthier.*

- *Go for a walk before or a few hours after the meal. Moderate to vigorous exercise can help speed up calorie and fat burning. It's also a great way to socialize with family or friends. And a walk helps increase energy levels when you are feeling lethargic or tired.*
- *Enjoy that turkey. With the skin removed after cooking, turkey has a good amount of protein, and very little fat and saturated fat. Dark meat has more fat than white meat. To maximize the lean qualities of turkey, roast or bake instead of frying.*
- *Eat sweet potatoes. Sweet potatoes are a rich source of potassium (which helps lower blood pressure), vitamin A, beta carotene (both vitamin A and beta carotene promote healthy vision), vitamin C (an antioxidant, protective against diseases), and fiber (aids digestive health and may prevent some diseases). Limit or avoid using brown sugar, marshmallows, and lots of butter on this dessert. Use other seasonings such as cinnamon, ginger, or orange rind for flavor.*
- *Modify the pumpkin pie. Pumpkin has similar nutrients to sweet potatoes. Use a graham cracker crust in place of the traditional fat-laden pie crust. Or make a pumpkin custard or pumpkin pudding instead of pumpkin pie.*
- *In recipes, use evaporated skim milk instead of regular evaporated milk. This applies to many dessert recipes. You'll have the same rich flavor without the fat.*
- *Watch portion sizes. Enjoy many different foods at Thanksgiving, but remember that moderate portion sizes are important.*
- *Make your own cranberry sauce. Buy fresh or frozen cranberries and you will have a tastier and less sugary version than what comes in a can. Cranberries are full of antioxidants, which help protect against many different diseases.*
- *If you make bread, rolls, muffins, replace half of the white flour with whole wheat flour to get some extra fiber. If you don't bake, switch white rolls with whole wheat or whole grain rolls. Limit the amount of rolls you eat, as well as the margarine or butter you use.*

- *Steam vegetables and eat them plain instead of drowning in butter or creamy sauces.*
- *Don't skip your regular meals before the feast; this may make you more likely to overeat.*
- *Remember food safety - thaw the turkey correctly, cook all foods to the proper temperature, put leftovers into the refrigerator or freeze within 2 hours, and re-heat leftovers to the proper temperature. This Fight Bac website link has up-to-date information for safe preparation of your holiday turkey: <http://www.fightbac.org/content/view/199/>*
- *Contact your local Extension office to find healthy Thanksgiving recipes and plan ahead.*

**Moderation, not deprivation, is the key to a happy and healthy Thanksgiving!**

Extracted from: *Have a healthy Thanksgiving*, by: Melissa Bess, and Jessica Kovarik, RD, LD, University of Missouri Extension



## PUMPKIN PUDDING

- 1 cup canned pumpkin
- 2/3 cup nonfat milk
- One 3.4 ounce package of instant pudding mix - vanilla or butterscotch flavor
- 1/4 teaspoon cinnamon
- 1/8 teaspoon ginger
- 1/8 teaspoon nutmeg

Combine all ingredients in a medium mixing bowl. Beat with a wire whisk or hand blender until smooth (about 30 seconds). Pour into serving dishes. Refrigerate for at least 2 hours. Garnish with a dollop of fat free whipped topping if desired.

Source: "From the Pantry to the Kitchen, Winter 2006-2007 Recipes," Oregon State Extension Service, Lane County.

# EQUINE SCIENCE OPPORTUNITIES

*For all opportunities in this section, please contact or RSVP to Dotty Spears (602.470.8086) 359 or spearsr@cals.arizona.edu or the contact for the event*

**Gymkhana Pointed Show**  
**Sunday, November 9<sup>th</sup> Larkyn's Arena**  
**48606 N. 17<sup>th</sup> Ave. New River**  
**Sign up at 8:00 - 9:00 a.m. ONLY**

**No entries will be accepted after 9:00 a.m. Start time at 9:00 a.m.**

This pointed Gymkhana show is being hosted by the Horse Advisory Committee as a fundraiser for the 07-08 Denver Nationals team. There will **not** be a Roping show in connection with this gymkhana show. The Horse Advisory Committee is looking for volunteers from **ALL** clubs to help make this show a success. Please email John Flores at [horse@queencreek4h.org](mailto:horse@queencreek4h.org) if your club or someone in your club can help in any way possible. We will also be looking for food donations for concession sales. A complete list of volunteers and food donations will be emailed to all key horse leaders. You can also contact Debbie Keating at [debbie.keating@phoenix.gov](mailto:debbie.keating@phoenix.gov) with any additional concession or food donations questions.

Remember there is a Team Sorting Exhibition the day before, Saturday, November 8<sup>th</sup> at Larkyn's arena. Stay the night for both shows!

Any additional questions, please contact John Flores at 480-988-4115 **Support your National Team.... See you on November 9<sup>th</sup>!**

## **ARIZONA STATE HORSE BOWL TEAM NEEDS YOUR HELP!**

The 4-H members from throughout Maricopa County Equine Sciences have been working hard to do their best at representing Maricopa County and Arizona 4-H this January at the 2009 Western Horse Classic in Denver. They have a regimented training calendar and have been working for months. The problem is...they need financial contributions to try and bring home the national champion trophies. So...if you can contribute or know of a corporation or two who are looking to support outstanding young people, would you e-mail Coach Alberti at: [gcrider@gmail.com](mailto:gcrider@gmail.com)

Progressive Barrel Racing Assoc. presents:  
22nd Annual CONNIE COMBS  
BARREL RACING CLINIC

**WHEN: NOVEMBER 14, 15 & 16, 2008**  
**WHERE: Buckeye Equestrian Center in Buckeye, Arizona**  
**HOW MUCH: \$325 per rider and horse**  
**\$75 for second horse**

**We will be awarding special gifts to the clinic participants for Most Improved Horse and Rider! Additional gifts will be by drawing. Everyone has an equal chance to win!! We will also be providing awards to the 4-D winners in the final jackpot at the clinic.**

This clinic is limited to only 26 riders. We run two arenas all three days. Connie is in the big outdoor arena with half the riders and Arizona's own John Deegan is in a second arena with the other half of the riders. We switch throughout the clinic so that all the skills are emphasized. Every rider and horse will work with both instructors during the whole clinic.

Horsemanship skills are stressed and we work hard to make you and your horse a team. No gimmicks-just improved skills and hard Don't miss this opportunity to learn from a Champion who keeps helping others become champions.

Deposit required of \$150 to hold a position in the clinic. Full amount of \$325 is due one week prior to the clinic. Stalls or pens available and RV hook-up available directly through Buckeye Equestrian Center.

**For information contact: Leigh Cheatham at 602-390-2790 or Shari Hill at 602-481-8792.**

Due to returning clinic participants from prior years, space is very limited.

After calling in your reservation, mail your check payable to Progressive Barrel Racing or PBRA in care of Shari Hill to 6822 S. 39<sup>th</sup> Drive, Phoenix, Az 85041.

**There will be a barrel race Saturday night at 7:30 at Buckeye Equestrian!!!**

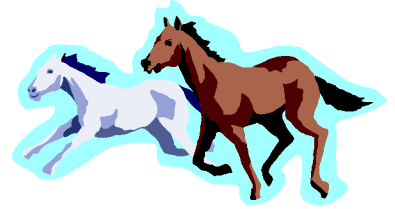
# EQUINE SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to Dotty Spears (602.470.8086) 359 or [spearsr@cal.s.arizona.edu](mailto:spearsr@cal.s.arizona.edu) or the contact for the event

## 4-H JUMP CLINIC AND CERTIFICATION

DATE: Sunday, November 2nd  
TIME: 10:00 am to 12:00 noon  
PLACE: Rockin' RB Ranch  
NE Corner of 7th Ave & Joy Ranch Road, Desert Hills

HOSTED BY: Desert Equistars  
TRAINER: Tavia Wolcott  
COST: \$5.00 per member  
CONTACT: Jen Smyser @ 602-526-4044



This is a GREAT Educational Opportunity and a chance to be certified to jump in 4-H English classes!  
PLEASE BRING YOUR PASSPORT, PROFICIENCY CERTIFICATE and a bottle of water.

## TEAM SORTING CLINIC

Desert Hills Turn & Burn is hosting a Team Sorting Clinic on Saturday, **November 8, 2008**. This is very similar to Team Penning. It will be at Larkyn's Arena which is located at 48606 N 17<sup>th</sup> Ave, New River AZ 85087 The clinic will begin at 9:00 am. For more information, please contact Russ Kriete at 623-687-1697 or email him at: [ranchodelruss@yahoo.com](mailto:ranchodelruss@yahoo.com)

## ENGLISH & WESTERN HORSE SHOW

Diamonds in the Ruff and Waddell Hoofprints will be hosting a Western/English Horse Show on Saturday, **November 22, 2008**. It will be at Horse Lovers Park located at 19224 N Tatum Blvd. Phoenix AZ. Please contact Jane Scott at 480-510-6820 or email her at: [jmscottpony@yahoo.com](mailto:jmscottpony@yahoo.com). You can also contact June Keough at (623)935-6422 or email her at: [jkeough5@cox.net](mailto:jkeough5@cox.net)

## GYMKHANA POINTED SHOW

This gymkhana will be held on Sunday, **November 9th** and is hosted by the Horse Advisory Committee. Sign-ups are from 8-9 am. No entries will be accepted after 9 am. The show will start at 9:00 am. It is a fundraiser for the 07-08 Denver National Team. Any club who would like to volunteer some time or effort in making this show a success can call John Flores at 480-988-4115 or email him at: [horse@queencreek4h.org](mailto:horse@queencreek4h.org) There will be a concession stand and food donations are welcomed. Come and help support your National Team!

## YOUTH RACING EXPERIENCE

Sunday, November 23 for youth 12 and older

**Please wear clothes appropriate for horse activities - long pants and boots or tennis shoes**

8:00 a.m. Meet at the Main Club House entrance at Turf Paradise  
(Southeast corner of 19<sup>th</sup> Ave. and Bell)  
Watch as horses break from the Starting Gates

Tour: Test Barn, Steward Offices, Licensing & Race Office, display of different racing plates, Jockey Saddles and Equipment, Quarters, Equine Exercise Pool, Demo mock draw of races, and a Walk on the track.

11:30 a.m. Track Sponsored Lunch

12:30p.m. Post Time, Visit the Paddock, Watch the Races  
Winner's Circle & get a picture with winner of Youth Sponsored race, Watch a race from the Stewards view

Email Dotty at: [spearsr@cal.s.arizona.edu](mailto:spearsr@cal.s.arizona.edu) for youth application and required parental release. Stay and watch the races afterwards. For more information contact. Loretta Brasher 602-625-0468 or Toni Yother 602-625-6760

# ANIMAL SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact Amy Nugent at (602.470.8086) 346 or [anugent@cals.arizona.edu](mailto:anugent@cals.arizona.edu)

## CRITTERS IN THE CLASSROOM!

Calling all small stock members! We want to bring our knowledge and experiences to youth who have not had the opportunity to interact with a Rabbit or Chicken! We are looking to get out and educate more of the public about 4-H and our small stock program by bring our 4-H members and critters to the classroom. This will be a great way to gain public speaking experiences, an opportunity to do community service and a great way to grow our small stock 4-H program. If you are interested in participating in the *Critters in the Classroom* or if you know of a teacher who would be interested in having our Critters visit a class room - contact Amy Nugent.

## SMALL STOCK CLINIC & ROUND ROBIN CONTESTS!

Buckeye Small Stock invites you and your animal to participate in 2 special events. The Club will be having a small stock clinic every 4th Sunday of the month at 2:00. They will also be hosting a Small Stock Point Accumulative Round Robin Showmanship every 2nd Sunday of the month. Cost \$5.00 for 4-H member or \$10.00 for family. The members with the highest points overall after the March show will win a belt buckle in the Junior, Intermediate and Senior Divisions. The focus animals are: Rabbits, Cavies, Pygmy goats and Poultry. For more information please contact [buckeyesmallstock@yahoo.com](mailto:buckeyesmallstock@yahoo.com).

## EGGCITING EXPERIMENTS!

Learning science through agriculture! We are looking to hatch our poultry program right in your classroom or home! We now have Embryology Kits available for check out! The kits is designed to teach the life cycle of the chicken. The kits are available for \$25.00 and includes an incubator, fertile eggs and lesson plans. For more information or to sign up for an *Eggciting Experiment* contact Amy Nugent!



## SMALL STOCK COMMITTEE

The Small Committee needs you! If you are interested in helping to make this year a great one for the Small Stock 4-H members, please give Amy a call. Next meeting is: **Wednesday, November 12th at 6:30 pm.**

## PIGS & POPCORN! MOVIE NIGHT!

Join us for movie night, a special presentation on THE PIG! Presented by the History Channel Modern Marvels It is said that the pig is as smart as a three-year-old human. The pancreas, heart valve and intestines of the pig have been transplanted into human bodies, yet the primary use of the pig is for food. Watch the pig transform into bacon, ham, ribs and sausage, using a high tech water knife, at Burger's Smokehouse in Missouri. Then Chef Chris Cosentino re-creates old world dishes from pig parts and culinary artisans attempt to duplicate long-vanished pork specialties like prosciutto and acorn-fed pigs. **Monday November, 17, 2008 at 6:30 - 8:00 at Maricopa County Extension Office** Bring a comfy chair and a pillow! RSVP to Amy by October 16th by 5:00 pm. **Cost \$2.00 includes refreshments and the movie!**



## LARGE LIVESTOCK COMMITTEE

Adults and senior 4-H members are invited to join the Large Livestock Advisory Committee. If you are looking for leadership opportunities, join us on **Wednesday, November 19th from 6:30 -8:00 pm** at the Extension office. This committee will discuss issues related to scholarship opportunities, fundraising, educational events and the Quality Assurance Program. We are looking to continue with our leadership committee and expand with new members that will broaden our reach to incorporate two youth and adult volunteers from the five county Board of Supervisor districts and that will also be representative of each species area.

## BEST WISHES TO RYAN KLENKE

We are thinking of you and wish you a speedy recovery from your accident! You are an outstanding person and look forward to seeing you at our next 4-H event! From your 4-H friends and family.



# ANIMAL SCIENCE OPPORTUNITIES

For all opportunities in this section, please contact Amy Nugent at (602.470.8086) 346 or [anugent@cals.arizona.edu](mailto:anugent@cals.arizona.edu)

## **SMALL STOCK SHOWMANSHIP CLINIC AND QUIZ BOWL**

Sponsored by the Maricopa County Small Stock Committee. We invite 4-H members, your animals and adults to participate the Small Stock Showmanship Clinic and Quiz Bowl at the 4-H Office. 9:00 am - 12:00 (noon) please bring your animals, if you do not have an animal there will be extra animals to share. We will break for lunch and an afternoon session will be for adults working with youth. 1:00pm - 4:00 pm. The cost of the clinic is \$5.00 and will include lunch. Registration at 8:30, clinic starts at 9:00am.

**Saturday, December 6, 2008**

Maricopa County 4-H Office, 4341 E. Broadway Rd.

4-H Youth Workshop 9 am - 12 pm

Adult workshop 1pm - 4 pm

\$5.00 per member or \$10.00 for a family

RSVP to Amy Nugent at [Anugent@cals.arizona.edu](mailto:Anugent@cals.arizona.edu) by December 3rd.

## **MARICOPA COUNTY FAIR LEADER DINNER**

All Maricopa County 4-H Leaders are invited to a Leader Appreciation Dinner sponsored by the Maricopa County Fair, Tuesday December 2nd, 2008 at 6:00 pm at the Maricopa County Fair/ANLS Office. For more contact the fair office at 602-252-0717 or visit [www.MaricopaCountyFair.org](http://www.MaricopaCountyFair.org)

## **THE COLORADO RIVER SMALL STOCK SHOW**

The 2009 Show will be held **Saturday & Sunday, January 17 & 18, 2009** at the Mohave Co. Fairgrounds in Kingman AZ the show is sponsored by 4-H Members & Leaders in LaPaz, Mohave and Yavapai counties.

This is the 20th year for this show complete with judging and conformation classes in rabbits, poultry, waterfowl, pigeon and cavy.

Last year 82 4-H'ers from 21 clubs, 14 counties and 3 states exhibited 330 animals. Featured is a Small Stock Quiz Bowl Contest complete with separate categories for rabbit, poultry, waterfowl, pigeon and cavy and a Round Robin Quiz Bowl contest following.

Contact the 4-H Office for more information and entry forms or visit the website at:  
[www.ag.arizona.edu/mohave/4h/smallshow.htm](http://www.ag.arizona.edu/mohave/4h/smallshow.htm)



## **EMBRYOLOGY EDUCATORS!**

Looking to get back in the class room but not full time! Become a certified volunteer 4-H Embryology Educator. Help out a teacher by assisting their class room with the Eggciting Eggsperiment program. Help youth learn science through agriculture! For more information contact Amy Nugent.



## **MARICOPA COUNTY FAIR**

The Maricopa County Fair will not be printing a Fair Book this year. All information will be available on at <http://www.maricopacountyfair.org/>

Early Bird Registration \$15.00 - till January 6, 2009

Normal Registration \$20.00 - from January 6 - 17, 2008

Ear Tagging January 17, 2009.

# ANIMAL SCIENCE OPPORTUNITIES

## **ARIZONA NATIONAL LIVESTOCK SHOW CHANGES AGE QUALIFICATIONS**

The Arizona National Livestock Show has lowered its maximum age for the Junior Show to 18 years of age. There are some exceptions, but this step has been advertised for the past year and the National Western Stock Show did the same thing a year ago. Questions regarding the change please go to the ANLS website: <http://anls.org/rules/2009/index.html>.

## **NATIONAL CATTLEMEN'S BEEF ASSOCIATION ACTIVITIES**

*Sponsored The Farm Credit System Foundation* - This is truly "A New Day in the Sun" for the beef industry as the National Cattlemen's Beef Association introduces a series of Youth Activities at the 2009 Annual Cattle Industry Convention & Trade Show in Phoenix, Arizona. The concept for youth activities originated with current NCBA President, Andy Groseta to draw in young people interested in the beef industry and engage them in critical association activities. For the first time NCBA is encouraging youth attendance at the convention through youth competitions. Those youth competitions include:

- Quiz Bowl - Thursday, January 29
- Public Speaking Contest - Thursday, January 29
- Team Marketing Contest - Thursday, January 29
- Cattle Judging Contest - Friday, January 30

All youth ages nine and up are welcome to compete.

Awards vary by contest, so youth are encouraged to compete in more than one competition.

See attachments for the youth contest rules and entry form. Information about the Annual Cattle Industry Convention & Trade Show will soon be available online at [www.BeefUSA.org](http://www.BeefUSA.org). Please circulate this email to any interested youth or youth groups. NCBA contact: Lorie Liddicoat, Meetings Manager  
[lliddicoat@beef.org](mailto:lliddicoat@beef.org) (303) 850-3330

## **AGRICULTURAL LITERACY DAYS NOVEMBER 24-26**

The University of Arizona Cooperative Extension, Maricopa County, is looking for volunteers for The 2008 Agricultural Literacy Days on November 24-26. Whether you work in the Ag industry or are a citizen benefiting from Arizona's wealth of agriculture, your presence in the classroom says you care about the real importance that agriculture plays in all our lives.

Tracey and Kris Johnson, farmers from Buckeye, Arizona volunteered to read to five 3rd grade classes last year. When asked about their experience Kris said, "Agricultural Literacy Day is a great opportunity for us to reach out to elementary students in our urban community. These students were eager to learn. Several classes had prepared questions and we felt like we had given the students a better understanding of where their food and fiber truly come from." Not only did the Johnsons feel like they were giving back to the community, but the experience made them realize how much they love farming.

To volunteer, simply contact your local elementary school and offer to read to K-4 grade classroom this November 24-26, 2008. Let us know you are scheduled by calling the UA Cooperative Extension Ag Literacy Program (602)470-8086, Ext 389 or email [parkerg@cals.arizona.edu](mailto:parkerg@cals.arizona.edu). You will receive a packet containing the book and information for the teacher. It only takes a brief part of your day to volunteer, yet the rewards from the experience can be very long lasting.

## **COOL IS HERE**

I am not talking about the weather. I am referring to the County of Origin Labeling (COOL) The Cool program was implemented October 1, 2008. COOL documentation is required for cattle, swine, sheep and goats. The laws has been in place for some time, but enforcement has just begun. Industry history was made in late August, as 70 representatives from 30 industry, specie and commercial entities met in Kanasa City, MO. After discussion and debates regarding implementation and documentation required, a universal "Country of Origin Affidavit/Declaration was developed and recommended to the livestock industry at-large. Andy Groseta, from Cottonwood AZ, a Uof A alum and current President of the National Cattlemen's Beef Assoc, was one of the key figures involved in the agreement. COOL is something that is here and we have to learn to live with it. However the documentation is very basic and easy to utilize. Keep in mind, records as simple as pocket notebooks or calendar notation can provide the basis for your records. Record are important to every outfit. If you can not measure it, you can't manage it. For more information contact: Dr. Bob Kattnig, Associate Livestock Extension Specialist: [rkattnig@ag.arizona.edu](mailto:rkattnig@ag.arizona.edu)

# MILITARY FAMILY / MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

## LIVING IN THE NEW NORMAL WORLD

Recently, the *Military Child Education Coalition*, in partnership with *Arizona Operation: Military Kids* hosted an exciting, free, two-day training entitled: **Supporting Children of the National Guard and Reserve Institute**® for School Counselors, Teachers, Administrators, and community social workers in the Tucson-area.

We are pleased to continue partnering with the *Military Child Education Coalition* to offer the second in this series of free trainings - in the Phoenix-area! If you are a School Counselor, Teacher, Administrator, community social worker or work in any other capacity where you have the opportunity to support military children, please consider participating in the upcoming training entitled:

### Living In The New Normal™ (LINN™) Institute

Hosted by: Military Child Education Coalition and Arizona Operation: Military Kids

Date: November 6-7, 2008 (training is a two-day session)

Time: 8am - 4pm (both days)

Location: Embassy Suites Phoenix Airport at 24<sup>th</sup> St. (2333 E. Thomas Rd. Phoenix, AZ 85016)

Cost: None - Funded by U.S. FMWRC-CYS. Participants are responsible for travel and overnight accommodations.

The Military Child Education Coalition's™ Living In the New Normal™ (LINN™) Institute is a professional development program that prepares school guidance professionals, administrators, other educators, and community members to recognize and address issues and concerns of children experiencing trauma, grief and loss. The LINN™ curriculum, content, process, and delivery are correlated with the National Staff Development Council's Standards and the National Standards for School Counseling Programs. In addition, LINN™ is accredited by the International Association for Continuing Education Training (IACET), and the National Board of Certified Counselors (NBCC) and several state education agencies.

Register online at <http://www.militarychild.org/Institutes.asp>

Questions? Contact Teresa Noon - AZ Operation: Military Kids Program Coordinator

Phone: 520-626-9085 or Email: [nteresa@cals.arizona.edu](mailto:nteresa@cals.arizona.edu)

## IS YOUR CLUB ON LINE?

In the spirit of growing 4-H, it's time to become technologically connected! We're asking that all clubs who have their own website to let us let us know your address so we can link to your site from the Maricopa County 4-H Website. Upon review and approval of your website, we will add you to a webpage that will list all of the Maricopa County 4-H Clubs' Websites.

We also know that there are many clubs that would love to capitalize on the benefits of the internet but lack the necessary skills. So, we also ask those of you who have put up a website to consider making yourself available to other clubs as a resource to guide them in utilizing the web for their club.

Please email Brandon Moak ([BMoak@cals.arizona.edu](mailto:BMoak@cals.arizona.edu)) with your club name & address and also a name and email address of a contact who is willing to become a web resource, thank you.

# OUTDOOR DISCOVERY OPPORTUNITIES

For more information or question contact Brandon Moak 602.470.8086 ext 360 or [bmoak@cals.arizona.edu](mailto:bmoak@cals.arizona.edu)

## ARIZONA 4-H STATE SHOOTING SPORTS CONTEST!

The contest details are being worked out, but the event will be held in Tucson **December 6 - 7**. The event will be the 2009 state qualifying contest for next year's national event. For more information check out <http://cals.arizona.edu/4-h/events.html#2>, Deadline for registrations is **November 21, 2008**.

## 2009 4-H NATIONAL SHOOTING SPORTS INVITATIONAL INFORMATION

Location: Grand Island, Nebraska Dates: June 24 - 28, 2009

Eligibility: 4-H members who have passed their 14th birthday by January 1, 2009 and who have not passed their 19th birthday before January 1, 2009. Each state may send a team of 3 or 4 members in each of nine disciplines: compound archery, recurve archery, air rifle, air pistol, smallbore rifle, smallbore pistol, muzzle loading rifle, shotgun, or hunting. Any member may compete in a discipline only once.

**For information go to:** <http://www.4-hshootingsports.org/>

For event descriptions and rules go to: <http://shootingsports.unl.edu/rules.html>

Selection criteria for the Arizona team may include scores from the State Contest, scores from a selection match, or other criteria. With commitment, planning and flexibility anyone who desires to compete at the National Invitational can do so. **This is an outstanding opportunity to participate in a National Event!** Now is the time to start preparations for the Invitational: pick a discipline and a back up discipline, acquire equipment, build a team, plan and budget for travel, and start practicing. Let your 4-H Shooting Sports Education Leader know if you are interested.

## 2009 4-H BEEKEEPING ESSAY CONTEST

This year's essay contest has just been announced and the theme is "The Dance Language of Bees." The essay contest is open to all active 4-H club members except those who have already won at the national level. Essays must be 750 to 1000 words in length. First place = \$750; second place = \$500 and third place = \$250. Since only one entry per state is allowed, we must receive submissions for the contest here in our office by February 15, 2009 in order to comply with the March 1 national deadline. Check out the 4-H web page for all the rules.

## YOUTH INCENTIVE AWARD

The Coleopterists Society, an international organization of professionals and hobbyists interested in the study of beetles, has established a program to recognize young people studying beetles. The Society has pledged to provide up to \$300 each year for the Youth Incentive Award Program. In addition to monetary grants of \$150, award recipients will receive up to \$200 (Junior Award) and \$400 (Senior Award) of equipment credit from the [BioQuip Products](#) catalog. In addition to monetary grants of \$150, award recipients will receive a one year subscription to the society journal, *The Coleopterists Bulletin*. **This is for children of grades 7-12 only.** The objectives of the Youth Incentive Award are to:

- provide encouragement and assistance to young beetle enthusiasts (grades 7-12).
- promote the study of beetles, the most diverse group of insects, as a rewarding lifelong avocation or career.
- provide opportunities for young people to develop important life skills such as leadership, cooperation, communication, planning and conducting a scientific study, grant writing and managing funds.
- provide some financial support to enrich activities or projects.

A Youth Incentive Award Committee from the Coleopterists Society will evaluate the applications and will select up to two winners annually; **one each in junior (grades 7-9) and senior (grades 10-12) categories.** The selection committee invites proposals for topics such as field collecting trips to conduct beetle species inventories or diversity studies, attending workshops or visiting entomology or natural history museums for special training and projects on beetles, studying aspects of beetle biology, etc. The proposed activities or projects will be evaluated on their degree of creativity, educational benefit to the applicant, scientific merit, feasibility and budgetary planning. This Award is for proposals by individuals only. Each applicant is strongly encouraged to find an adult advisor (teacher, youth group leader, parent, etc.) to provide guidance in proposal development, but the proposal **MUST** be written by the applicant. The Coleopterists Society would also be happy to assist in establishing contacts between youth and professional Coleopterists.

Additional details and application forms for **The Coleopterists Society Youth Incentive Award Program** can be obtained from: Dr. David G. Furth; Entomology, NHB, MRC 165; P.O. Box 37012; Smithsonian Institution; Washington, D. C. 20013-7012 (phone: 202-633-0990, FAX: 202-786-2894, email: [furthd@si.edu](mailto:furthd@si.edu)). Also check The Coleopterists Society WebPage: [http://www.coleopsoc.org/default.asp?Action=Show\\_SocietyInfo&ID=Youth](http://www.coleopsoc.org/default.asp?Action=Show_SocietyInfo&ID=Youth)

**MARICOPA COUNTY 4-H JUDGING DAY**  
**PRE-RESISTRATION FORM**  
**9:00 am - 2:00 pm**  
**SATURDAY, NOVEMBER 15, 2008**  
**IKEA 2111 W. IKEA WAY, TEMPE AZ 85284**

**Time Line Schedule**

- 9:00 - 9:30**    **Registration check in**  
*(Breakfast is available - cost not included in registration - \$1.99 for IKEA Breakfast)*
- 9:45 - 10:00**    **Instructions**
- 10:00 - Noon**    **Judging Challenge**
- 12:00 - 12:30**    **Lunch (2 Hot Dogs, chips, med soda included in registration)**  
*(Cinnamon Rolls and Ice Cream available for \$1.00 not included in registration)*
- 12:30 - 1:00**    **Answers!!!!!! Return to all the Judging Stations for Answers**
- 1:00**            **Awards**

Please return this form to the 4-H office, Attention: Amy Nugent,  
4341 E. Broadway Rd. Phoenix, AZ 85040 by Monday, November 3, 2008  
Teams must be accompanied by an adult volunteer /chaperone.  
\$5.00 and includes lunch at IKEA

Club Name: \_\_\_\_\_

Leader's Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Team Member: \_\_\_\_\_

Team Member: \_\_\_\_\_

Team Member: \_\_\_\_\_

Team Member: \_\_\_\_\_

Members must be nine years old and not older than nineteen by January 1, 2009 to participate. Judging teaches 4-H members to make good judgments by making observation and comparisons on facts collected. It provides an excellent experience in organizing thought and defending decision with oral and or/written reasons.

The three important steps in the judging process are: **Observe, Compare and Decide**

What does the member gain from the judging experience?

Through judging they learn:

- To observe carefully
- To recognized good products, articles, workmanship
- To improve their own work
- To make wise selections
- To be better buyers
- To make their own decisions
- To express themselves clearly
- To appreciate other' opinions







Subject to be judged:

- Lighting
- Storage
- Furniture
- Plants
- Bedding
- Art
- Study Area
- Floor covering

# JOIN US FOR COMMUNITY SERVICE LOCKIN

SATURDAY, DECEMBER 13, 2008 - SUNDAY, DECEMBER 14, 2008  
MARICOPA EXTENSION OFFICE  
4341 E. BROADWAY RD.  
PHOENIX AZ 85040  
12:00 pm Saturday - 12:00 pm Sunday

Please donate the following items:

-  One or more turkey/ham per club
-  New-unwrapped gifts for boys and girls
-  Money to buy gifts/food
-  Canned/packaged food; potatoes, rice, ornaments, lights
-  Christmas trees
-  Baking supplies for breads and cookies



This community service lock-in is open to all currently enrolled members ages 9 -18yrs old, certified leaders and resource volunteers that would like to get involved to give back to the community. This will be a hands-on educational retreat. There is a cost of **\$5.00** per participant. Please mail the portion below to confirm your attendance at this fun and educational activity! **Registration due by Friday December 5, 2008.** Checks should be made payable to **University of Arizona**. Please arrive with time to sign in. You may contact **Bryan Chadd** at [bchadd@cals.arizona.edu](mailto:bchadd@cals.arizona.edu) or 602.470.8086, ext. 350 with questions.

-----  
Name (print): \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Club Name: \_\_\_\_\_ Club Leader: \_\_\_\_\_

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, James A. Christenson, Director, Cooperative Extension, College of Agriculture & Life Sciences, The University of Arizona.  
The University of Arizona is an equal opportunity, affirmative action institution. The University does not discriminate on the basis of race, color, religion, sex, national origin, age, disability, veteran status, or sexual orientation in its programs and activities.  
Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting (Bryan Chadd 602.470.8086, ext. 350). Requests should be made as early as possible to allow time to arrange the accommodation.

# LEADER/MEMBER OPPORTUNITIES

For all opportunities in this section, please contact or RSVP to appropriate staff (602.470.8086) or volunteer listed

## 4-H PROGRAM EDUCATIONAL EVENTS, SHOW AND CONTACT INFORMATION

\*Underlined events are approved Equine Educational events \**Italicized info is NEW information*

| NOVEMBER EVENT   | LOCATION                             | TIME            | CONTACT INFO           | PHONE #                 |
|--|--------------------------------------|-----------------|------------------------|-------------------------|
| 1 <u>Maricopa Agriculture Center Days</u>                  | Maricopa, AZ                         | 9:00 am         | Erin Taylor            | ext. 313                |
| 2 State Fair Ends  | State Fair Grounds                   | NA              |                        |                         |
| 2 <u>4-H Jumping Clinic &amp; Certification</u>            | <u>Rockin' RB Ranch</u>              | <u>10:00 am</u> | <u>Jen Smyser</u>      | <u>602.526.4044</u>     |
| 3 Quality Assurance Training Registrations due             | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 3 Judging Day Registration due                             | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 4 <u>Quality Assurance Training</u>                        | Extension Center                     | 6:00 pm         | Amy Nugent             | ext. 346                |
| 4 Trick or Treat So Others Can Eat Club Reports due        | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 5 Small Stock Committee                                    | Extension Center                     | 6:30 pm         | Amy Nugent             | ext. 346                |
| 6-7 Living in the New Normal World                         | Embassy Suites                       |                 | Teresa Noon            | 520.626.9085            |
| 7 Strengthening Club Registrations due                     | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 8 <u>Team Sorting Demonstration/Clinic</u>                 | <u>Larkyn's Arena</u>                | <u>8:00 am</u>  | <u>Russell Kriete</u>  | <u>623.587.1697</u>     |
| 9 <u>Gymkhana Denver Team Fund-Raiser</u>                  | <u>Larkyn's Arena</u>                | <u>8:00 am</u>  | <u>John Flores</u>     | <u>480.988.4115</u>     |
| 10 Small Stock Round Robin Showmanship                     | Buckeye                              | 2:00 pm         | Edie Darr              | 602.739.0455            |
| 11 <u>Veterans Day</u>                                     | <u>Office Closed</u>                 | NA              |                        |                         |
| 12 <u>Strengthening 4-H Clubs Workshop</u>                 | Extension Center                     | 6:30 pm         | Bryan Chadd            | ext. 350                |
| 13 <u>Water Festival</u>                                   | Fountain Hills                       | 7:00 am         | Liz Lehman             | ext. 338                |
| 13 New Leader Training                                     | Extension Center                     | 3:00 & 6:30 pm  | Bryan Chadd            | ext. 350                |
| 13 Leader Dinner RSVP due                                  | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 14 ANLS Horse Show Early Registrations due                 | ANLS Office                          | 5:00 pm         | Grant Boice            | 602.258.8568            |
| 14-16 <u>Connie Combs Barrel Racing Clinic</u>             | Empty Acres, Buckeye                 | 8:00 am         | Shari Hill             | 602.481.8792            |
| 15 <u>Maricopa County Judging Day</u>                      | IKEA                                 | 8:30 am         | Amy Nugent             | ext. 346                |
| 16 1st Year Small Stock Member Clinic                      | Buckeye                              | 2:00 pm         | Edie Darr              | 602.739.0455            |
| 17 Horse Committee   | Extension Center                     | 6:30            | Dotty Spears           | ext. 359                |
| 17 <u>Pig &amp; Popcorn Movie Night</u>                    | Extension Center                     | 6:30 pm         | Amy Nugent             | ext. 346                |
| 18 New Leader Training                                     | Extension Center                     | 3:00 & 6:30 pm  | Bryan Chadd            | ext. 350                |
| 19 County Fair Board                                       | State Fair Grounds                   | 6:00 pm         | Amy Nugent             | ext. 346                |
| 19 Large Livestock Committee                               | Extension Center                     | 6:30 pm         | Amy Nugent             | ext. 346                |
| 20 <u>Yaquero Horsemanship Demo - Part II</u>              | Horse Lovers Park                    | 7:00 pm         | Brenda Smith           | 602.534.4656            |
| 21 <u>State 4-H Shooting Sports Contest Reg. due</u>       | <u>State 4-H Office</u>              | <u>5:00 pm</u>  | <u>Kirk Astroth</u>    | <u>520.621.7205</u>     |
| 21 Leader Recognition Dinner                               | South Mountain Park                  | 6:30 pm         | Bryan Chadd            | ext. 350                |
| 22 English Horse Show                                      | Horse Lovers Park                    | 8:00 am         | June Keough            | 623.935.6422            |
| 22 <u>Western Denver Team Horse Show</u>                   | <u>Horse Lovers Park</u>             | <u>7:00 pm</u>  | <u>Jane Scott</u>      | <u>480.345.8343</u>     |
| 23 <u>Youth Racing Experience</u>                          | <u>Turf Paradise</u>                 | <u>8:00 am</u>  | <u>Dotty Spears</u>    | <u>ext. 359</u>         |
| 23 Small Stock Clinic                                      | Buckeye                              | 2:00 PM         | Edie Darr              | 602.739.0455            |
| 24 - 26 <u>Agricultural Literacy Days</u>                  | <u>Maricopa County</u>               | <u>TBD</u>      | <u>Gerry Parker</u>    | <u>ext. 389</u>         |
| 27 - 2 National 4-H Congress                               | Atlanta, GA                          | NA              | Bryan Chadd            | ext. 350                |
| 27-28 Thanksgiving Break                                   | <u>Office Closed</u>                 | NA              |                        |                         |
| <b>DECEMBER</b>  |                                      |                 |                        |                         |
| 1 Operations: Soldier's Boxers Begins                      | Extension Center                     | NA              | Bryan Chadd            | ext. 350                |
| 1 <u>Western Region Leader Forum Early Bird Reg. due</u>   | <u>Colorado State 4-H</u>            | <u>5:00 pm</u>  | <u>Dale Leidheiser</u> | <u>970.491.7881</u>     |
| 1-2 National 4-H Congress                                  | Atlanta, GA                          | NA              | Bryan Chadd            | ext. 350                |
| 3 National 4-H Conference Applications Due                 | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 4 Mystery of the Adolescent Brain Registrations Due        | Extension Center                     | 5:00 pm         | Brandon Moak           | ext. 360                |
| 5 Community Service Lock-In Registrations Due              | Extension Center                     | 5:00 pm         | Barbara Ashford        | ext. 328                |
| 6 <u>Small Stock Showmanship Clinic</u>                    | <u>Extension Center</u>              | <u>8:30 am</u>  | <u>Amy Nugent</u>      | <u>ext. 346</u>         |
| 6 North Glendale 4-H Dog Show                              | Cortez Park                          | 8:30 am         | Brandon Moak           | ext. 360                |
| 6-7 <u>State Shooting Sports Contest</u>                   | <u>Tucson</u>                        | <u>TBD</u>      | <u>Kirk Astroth</u>    | <u>520.621.7205</u>     |
| 6 Rifle Contest  | Ben Avery                            | TBD             | Brandon Moak           | ext. 360                |
| 7 <u>Horse Speech &amp; Demo Clinic</u>                    | Liberty School                       | 4:00 pm         | Kelly Bryant           | 623.327.1393            |
| 9 New Leader Training                                      | Extension Center                     | 3:00 & 6:30 pm  | Bryan Chadd            | ext. 350                |
| 10 ANLS Horse Show Registrations Due                       | ANLS Office                          | 5:00 pm         | Grant Boice            | 602.258.8568            |
| 10 Small Stock Committee                                   | Extension Center                     | 6:30 pm         | Amy Nugent             | ext. 346                |
| 11 <u>Feeding &amp; Supplements - Myth &amp; Facts</u>     | Horse Lovers Park                    | 7:00 pm         | Brenda Smith           | 602.534.4656            |
| 12 <u>Arizona Festival of Horses</u>                       | WestWorld                            | 8:00 am         | Lise Streit            | 785.494.2820            |
| 12 <b>COUNTY 4-H ENROLLMENT DEADLINE</b>                   | <b>Extension Center</b>              | <b>5:00 pm</b>  | <b>Barbara Ashford</b> | <b>ext. 328</b>         |
| 13 Arizona Festival of Horses                              | WestWorld                            | 8:00 am         | Lise Streit            | 785.494.2820            |
| 13-14 <u>Maricopa County 4-H Community Service Lock-In</u> | Extension Center                     | 12:00 noon      | Bryan Chadd            | ext. 350                |
| 14 Arizona Festival of Horses                              | WestWorld                            | 8:00 am         | Lise Streit            | 785.494.2820            |
| 14 Small Stock Round Robin Showmanship                     | Buckeye                              | 2:00 pm         | Edie Darr              | 602.739.0455            |
| 15 Horse Committee   | Extension Center                     | 6:30 pm         | Dotty Spears           | ext. 359                |
| 16 New Leader Training                                     | Extension Center                     | 3:00 & 6:30 pm  | Bryan Chadd            | ext. 350                |
| 17 County Fair Board                                       | State Fair Grounds                   | 6:00 pm         | Amy Nugent             | ext. 346                |
| 17 Large Livestock Committee                               | Extension Center                     | 6:30 pm         | Amy Nugent             | ext. 346                |
| 18 <u>Mystery of The Adolescent Brain</u>                  | Extension Center                     | 6:00 pm         | Brandon Moak           | ext. 360                |
| 19 <u>SWIAA Conference Registrations due</u>               | <u>PO Box 93524 Phoenix AZ 85070</u> | <u>5:00 pm</u>  | <u>SWIAA</u>           | <u>480.759.1273 FAX</u> |
| 20 <u>D. H. Tum &amp; Burn Roping &amp; Gymkhana</u>       | <u>Larkyn's Arena</u>                | <u>8:00 am</u>  | <u>Russell Kriete</u>  | <u>623.587.1697</u>     |
| 24 - Jan 5 <u>Extension Center &amp; 4-H Office Closed</u> | <u>NA</u>                            |                 |                        |                         |
| 26 - Jan 1 Arizona National Livestock Show                 | State Fairgrounds                    | 8:00 am         | Grant Boice            | 602.258.8568            |
| 31 ANLS Livestock Judging                                  | State Fairgrounds                    | 8:00 am         | Grant Boice            | 602.258.8568            |
| Jan 1 - 3 ANLS 4-H/FFA Horse Show                          | WestWorld                            | 8:00 am         | Grant Boice            | 602.258.8568            |

# November 2008

|  |   |   |   |   |  |   |  |   |
|--|---|---|---|---|--|---|--|---|
| 2 Arizona State Fair<br>Trick or Treat - So Others Can Eat<br><u>Jumping Clinic &amp; Certification</u><br>Rockin' RB Ranch - 10:00 am | 3   | Judging Day Reg. due<br>QA Training Reg. due                      | 4 State Fair Entries released<br>General Election<br><u>Quality Assurance Training</u><br>6:00 pm | 5 S Stock Committee - 6:30 pm<br>Trick or Treat So Others Can Eat - Club Reports due  | 6 Living In The New Normal<br>World Military Conference  | 7 Living In The New Normal<br>World Military Conference<br><br>Strengthen Club Reg. due   | 8 <u>Team Sorting Clinic</u><br>9:00 am - Larkyn's (DHTB)<br><br>Maricopa Agriculture Center<br>Days - 9:00 am | 1 Arizona State Fair<br>Trick or Treat - So Others Can Eat<br><br>Maricopa Agriculture Center<br>Days - 9:00 am |
| 9 Fund - Raiser<br>Denver Team Gymkhana<br>Larkyn's - 8:00 am<br>S Stock Round Robin Show-<br>manship - 2:00 pm - Buckeye              | 10  |   | 11 Veterans Day Holiday<br>Office Closed  | 12 <u>Strengthening Clubs</u><br><u>Workshop</u> - 6:30 pm                            | 13 <u>Water Festival</u> - 7:00 am<br>Fountain Hills<br><u>New Leader Training 3:00pm</u><br><u>New Leader Training 6:30pm</u> | 14 Newsletter articles due<br><u>Barrel Racing Clinic</u><br>Buckeye - 8:00 am<br>ANLS Horse Early Reg.<br>Leader Dinner RSVP due | 15 <u>County Judging Day</u> -<br>IKEA - Tempe - 10:30 am<br>Barrel Racing Clinic<br>Buckeye - 8:00 am         |   |
| 16 <u>Barrel Racing Clinic</u><br>Buckeye - 8:00 am<br>1st year Member S Stock<br>Clinic - 2:00 pm - Buckeye                           | 17  | Pig & Popcorn Movie Night<br>6:30 pm<br>Horse Committee - 6:30 pm | 18 <u>New Leader Training 3:00pm</u><br><u>New Leader Training 6:30pm</u>                         | 19 Livestock Committee - 6:30pm<br>Maricopa County Fair Board<br>6:00 pm - MCF Office | 20 <u>Vaquero Horsemanship</u><br>Demos - Part II - 7:00 pm<br>Horse Lovers Park   | 21 State Shooting Sports Contest<br>Reg. due - State 4-H Office<br><u>Leaders Recognition Dinner</u><br>South Min. Park - 6:30 pm | 22 English Show - 8:00 am (WH)<br>Western Show (DJTR) Horse<br>Lovers Park                                     |   |
| 23 <u>Youth Racing Experience</u><br>Turf Paradise - 8:00 am<br>S Stock Clinic - 2:00 pm<br>Buckeye                                    | 24 <u>Agricultural Literacy Days</u>                      | 25 <u>Agricultural Literacy Days</u>                              | 26 <u>Agricultural Literacy Days</u>  | 27 National 4-H Congress<br>Atlanta, GA<br><br>Thanksgiving Holiday<br>Office Closed  | 28 National 4-H Congress<br>Atlanta, GA<br><br>Thanksgiving Holiday<br>Office Closed   | 29 National 4-H Congress<br>Atlanta, GA   |  |   |
| 30 National 4-H Congress<br>Atlanta, GA  | All events/meetings at<br>MCCEC unless otherwise<br>noted |   |   |   |  |   |  |   |

# December 2008

| Sun  | Mon  | Tue   | Wed  | Thu   | Fri   | Sat   |
|--|--|---|--|---|---|---|
| 7<br><u>Horse Speech &amp; Demo Clinic</u><br>4:00 pm - Liberty School<br><br>State Shooting Sports Contest<br>Tucson  | 8<br><br>1 National 4- H Congress<br>Atlanta, GA<br>Operation: Soldier's Boxers<br>Begins<br><br>WRFL earlybird reg. due | 9<br><br>2 National 4-H Congress<br>Atlanta, GA<br><br>New Leader Training 3:00pm<br>New Leader Training 6:30pm | 10<br><br>National 4-H Conference<br>Apps. Due - 5:00 pm<br><br>ANLS Horse Show Reg. due<br>S Stock Committee - 6:30 pm      | 11<br><br>Mystery of the Adolescent<br>Brain Reg. due<br><br>Feeding & Supplements - Myth<br>& Facts - H.L.P. - 7:00 pm | 12<br><br>Community Service Lock-In<br>Reg. due - 5:00 pm<br><br>12 Arizona Festival of Horses<br>WestWorld - 8:00 am<br><br>DEADLINE - COUNTY 4-H<br>ENROLLMENT - 5:00 pm<br>(Also last day to remove<br>enrolled members) | 13<br><br>6 S Stock Showmanship Clinic -<br>9:00 am<br>Dog Show - 8:30 am<br>Cortez Park (NG)<br>Western Show (KTB) - HLP<br>Rifle Contest - Ben Avery<br>State Shooting Sports Contest |
| 14<br><u>Arizona Festival of Horses</u><br>WestWorld - 8:00 am<br>Community Service Lock In<br>Ends 12:00 noon<br>S Stock Round Robin Show-<br>manship - 2:00 pm - Buckeye | 15<br><br>Newsletter articles due<br><br>Horse Committee - 6:30 pm   | 16<br><br>New Leader articles due<br><br>Horse Committee - 6:30 pm  | 17<br><br>Manicopa County Fair Board<br>6:00 pm - MCF Office<br>Livestock Committee - 6:30pm                                 | 18<br><br><u>Mystery of the Adolescent</u><br><u>Brain</u> - 6:00 pm  | 19<br><br>20<br>Roping/Gymkhana Show<br>8:00 am - Larkyn's (DHTB)   | 20<br><br>Community Service Lock-In<br>Begins 12:00 noon  |
| 21<br><br>28 ANLS Livestock Show<br>S Stock Clinic - 2:00 pm<br>Buckeye<br><br>Winter Holidays<br>Office Closed  | 22<br><br>29 ANLS Livestock Show<br><br>Winter Holidays<br>Office Closed   | 23<br><br>30 ANLS Livestock Show<br><br>Winter Holidays<br>Office Closed  | 24<br><br>31 ANLS Livestock Show<br><u>ANLS Livestock Judging</u><br>Contests! - 8:00 am<br>Winter Holidays<br>Office Closed | 25<br><br>Winter Holidays<br>Office Closed  | 26<br><br>SWIAA Conference reg due<br><br>Winter Holidays<br>Office Closed  | 27<br><br>ANLS Livestock Show<br><br>Winter Holidays<br>Office Closed   |
| 28<br><br>28 ANLS Livestock Show<br>S Stock Clinic - 2:00 pm<br>Buckeye<br><br>Winter Holidays<br>Office Closed  | 29<br><br>29 ANLS Livestock Show<br><br>Winter Holidays<br>Office Closed   | 30<br><br>30 ANLS Livestock Show<br><br>Winter Holidays<br>Office Closed  | 31<br><br>31 ANLS Livestock Show<br><u>ANLS Livestock Judging</u><br>Contests! - 8:00 am<br>Winter Holidays<br>Office Closed | All events/meetings at<br>MCCEC unless otherwise<br>noted   |   |   |

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COOPERATIVE EXTENSION, MARICOPA COUNTY  
4341 E. BROADWAY ROAD  
PHOENIX, AZ 85040-8807**