

## INSTRUCTIONS

### ARIZONA CUMULATIVE 4-H MEMBER RECORD

#### **(Page 1) I. Project & Activity Enrollment Summary**

This record is a summary of all the things you have done while in 4-H. Read all instructions at the beginning of each section carefully. This record can be used in evaluating your progress and planning future work. It may also be the basis for award selection.

#### **(Page 2) II. Summary of Participation in the 4-H Program - Growth Opportunities**

For each year, record the number of times that you participated in each of the programs. The column "where done" refers to where you participated in the program. "Club" refers to what you did on your own or in a program that several or all of the members of your 4-H group participated in. "County" refers to the programs at the county level. "State" refers to the programs offered at the state level. More details about demonstrations, talks, exhibiting, judging, and showman-ship, and other 4-H activities can be recorded in either of two ways. They may be shown on the following four pages or described in written summaries. Additional written summaries should be placed in the cumulative record following the project and activity records.

#### **(Page 3) III. Demonstrations & Talks**

Begin with your first year in 4-H. List the Demonstrations (D) and Talks (T) you prepared and delivered each year at the Club or Local (L) level, County (C) level or State (S) level. Be sure to list the year as a two year span (2005-2006). Use a check (√) in the proper column if no ribbons were issued. If ribbons were issued, indicate a Purple with (P); Blue (B); Red with a (R); and White with (W). In (Other) column identify number in the audience and place the demonstration or talk was given.

#### **(Page 4) IV. Exhibits**

Begin with your first year in 4-H. List things exhibited each year at Club (L); County (C) and State (S) events. Be sure to list the year as a two year span (2005-2006) . Place a check (√) in the proper column if no ribbons were issued. If ribbons were given, indicate Purple with (P); Blue with (B); Red with an (R); and White with a (W). In (Other) column identify place exhibited and estimated viewers.

#### **(Page 5) V. Judging & Showmanship**

Begin with your first year in 4-H. Be sure to list the year as a two year span (2005-2006). List the number of times each year you took part in Judging and Showmanship activities in connection with your projects. Place a (√) in the proper column if no ribbons were issued. If ribbons were given, indicate a Purple with (P); Blue with (B); Red with an (R); and White with a (W).

#### **(Page 6) VI. Other 4-H Activities**

Include here - Camping, Health, Safety, Recreation, Community Service and any other 4-H activities not included in sections III Demonstrations & Talks; IV Exhibits; and V Judging and Showmanship. Be sure to list the year as a two year span (2005-2006).

#### **(Page 7) VII. Club Participation & Leadership**

**Participation** - Begin with your first year in 4-H and list meetings held and meetings you attended. Place a (C) in front of the number of Community Club meetings and a (P) in front of Project Club meetings you would be expected to attend if your club has both.

**4-H Leadership** - List your leadership experience in outline form with your first year listed first. Indicate your specific responsibilities, the numbers of members involved and level of participation. Club or Local (L), County (C), State (S). List club year as 2005-2006, etc.

**(Page 8) VII. Special Appearances**

Appearances in support of 4-H or to share Knowledge, Skills or Personal Feelings learned in 4-H with other people and groups. List first year first.

**(Page 8) XI. Community Activities**

Summarize what you have done in your school, community, and church activities. In the column "other participation" tell what you did in school, church, or community, other than offices held and committees chaired in groups or organizations to which you belong - for example, School Band, Church Choir, Basketball Team, Sunday School Teacher, School Choir, Yearbook Staff, Student Council, Cheerleader. List 1<sup>st</sup> year first.

**(Page 8) X. Review**

I have reviewed this record and believe it to be accurate summary of all 4-H work to date. Identify year as a 2 year span (2005-2006).