

COOPERATIVE EXTENSION

The Clover Connection



I Pledge
My Head to
Clearer Thinking,
My Heart to Greater
Loyalty, *My Hands* to
Larger Service, and *My Health*
to Better Living, for *My Club, My*
Community, My Country and *My World*

APRIL
2005

The family newsletter for the University of Arizona Cooperative Extension ■ Pima County 4-H Youth Development Program
Pima County 4-H Office ■ 4210 N. Campbell Ave. ■ Tucson, AZ 85719 ■ (520) 626-5161 ■ Fax (520) 626-5849

The Seven Basic C's of Life

As we approach the county fair and the stress that is involved, remember that many relationships would be strengthened with family, friends, 4-H members, leaders and parents, if all believed and practiced on improving the **Seven Basic C's Of Life**.

- 1. Communication:** Most people feel that they are great communicators. In reality, many individuals don't really communicate that well. They only "talk" at others. Communication involves a sender, a receiver, and a message that is received with little noise or interference. Good feedback is also needed that often is a response, body language, gesture, etc. People think what "they" said is heard and understood. In actuality, all that happens is a lot of "sending" or "talking" both ways, but with little real communication happening.
- 2. Cooperation:** It's one of the cornerstones of all relationships. Many people haven't mastered cooperation. It's like they expect everything to go their way all the time. Cooperation is tied to teamwork, collaboration and coalition building. While individualism is an important concept to develop and foster in 4-H, cooperation is equally important. Cooperation in 4-H clubs, projects and families teaches the importance of working together for a common goal.
- 3. Compromise:** Many people don't have this word in their vocabulary either. Nobody gets his/her way all the time. Everyone needs to be willing to negotiate for a "win-win" solution and not a "win-lose" one. In situations with poor communication and poor cooperation, compromise often goes out the window with little accomplished. So, communicate in a cooperative climate, compromise and get on with your life.
- 4. Compassion:** It is a lack of compassion for others that we worry about most in the 21st Century. It's easy to build internal walls for self-protection with the stress, school violence, drugs, crime, and pollution that we all face daily. Fortunately, a major foundation of 4-H is teaching the value of service learning, empathizing with others and giving back to others who are less fortunate than we.
- 5. Community:** It's important to have a sense of "community" or belonging to family, school, 4-H club, town, etc. Community is one of the mind's anchor for stability. Extension staff, volunteer 4-H leaders and 4-H teen leaders help members and families develop a belonging feeling that is one protecting factor for youth in these turbulent times.
- 6. Commitment:** All things in our family, 4-H, job and life, should be done with a passion and zest. For individuals who don't, it shows in the quality of friendships, relationships, 4-H project work and job performance. All of us know people who coast along in life.
- 7. Consistency:** Stability in what you do or believe in is very important in all parts of life. Sending a stable message is also important. Consistency is not the same as rigidity, stubbornness or inflexibility.

Take time to practice these 7 C's in your life. By doing so, you'll be more effective with the 4-H youth with whom you work.

**4-H HORSE BANQUET
SUNDAY - MAY 1, 2005
PANTANO STABLES
4450 S. HOUGHTON ROAD**

Cost \$5.00 per person or \$20.00 a family. Please order your tickets from your horse leader by April 9 (Fair Work Day). Tickets at the door will be \$8.00 per person.

Any questions, please call your horse leader or Peg Detty @744-0111.

RANCH SORTING PRACTICE The next Ranch Sorting practice is scheduled on Sunday, April 10th, 2005 from 2:00 pm to 4:00 pm. If you have any questions, please call Yvonne at 647-7111.

HORSE CAMP IS COMING! Campers are you ready for another year of fun? Horse Camp is scheduled for June 12th through the 18th. Gymkhana, Sorting, Fundamental Roping, Western Pleasure/Trail and English Pleasure/Jumping will be the 5 disciplines offered. Horses will not be supplied; you must bring your own. Check out the Website at <http://ag.arizona.edu/pima/4-h/horsecamp/hcamp.htm> for more information, camper applications, counselor applications and pictures from last year's camp! Be sure to get your application in early camp fills up fast! Pima County priority registration is from March 8th until April 11th after that date all counties registration will be grouped together and registration will be on a first-come basis. Applications will not be accepted after May 9th. If you need more information contact Curt Peters at 520-626-5161, email cpeters@ag.arizona.edu or Penny Kollar at 520-822-1955, email kollar1@mindspring.com. Horse Camp staff is looking forward to seeing you!!

HORSE CAMP COUNSELORS ARE NEEDED

4-H members ages 15-19 that have a desire to work with campers at Horse Camp need to fill out an application and have it turned in no later than April 25.

To get an application go to: <http://cals.arizona.edu/pima/4-h/hcamp.htm> or call the 4-H office at 626-5161.

HORSE CAMP COOK NEEDED - Horse camp cook to work with Jim NOW! After many years of volunteering to cook at horse camp, Jim will not be returning next year. We're looking for someone who would like to be in charge next year and get hands on experience this year from the "PRO". If interested or you know someone who would be interested, please call Penny Kollar 520-822-1955 or Curt Peters 520-626-5161.

Southern Arizona Youth Expo April 9, 2005 Tucson Electric Park 1-4 pm

This year Pima County 4-H will be participating in the 2005 Youth Expo which will be held on Saturday, April 9, 2005 at the Tucson Electric Park. The program will begin at 1 pm. The program includes activities representing a host of youth programs including 4-H, Girl Scouts, Boy Scouts, Big Brothers/Big Sisters, and many other groups. Even though this event is happening on the same day as 4-H Work Day at the fairgrounds, you can still get by TEP for a great event. This year the 4-H programs will include challenge, health, and GPS activities. If you would like to showcase your 4-H activity, please contact Julie at 626-5161 for more information.

FUND RAISING OPPORTUNITY

The Arizona State Auctioneers Association will be holding a benefit auction at the Maricopa County Fair on April 15, 2005. Clubs or projects can supply items that will be auctioned off with the club/project receiving 60% of the sale price if the item sells for over \$100. All the club/project has to do is provide the item, the rest is taken care of. Suggested items might be vacation packages, jewelry, gift baskets, tickets for sporting events, cabin rental in the White Mountains, a load of feed, services such as income tax preparation or irrigation installation. One thing to remember is that the buyers may be from anywhere in the state (or even out of state) so items with broad appeal are the most successful. Items that are long term, like a health club membership, should be at a facility that has locations across the state. This is a great opportunity to make some money with little effort (and this doesn't count as a fund raiser!). For more information, contact Curt at 626-5161.

FOR SALE: 2 Jersey Wooly rabbit brood does (Blacks) from Grand Champion lines. Great moms. Will breed for free to Grand Champion bucks. For rabbit project 4-H's that would like to start breeding and showing Jerseys. \$30 each.

Jersey Wooly breeding trio. 2 does (Rew & Sable Martin) and buck (Blue Otter). Each has 1 leg. Buck placed 2nd at ARBA Nationals in variety. \$100. Call Amanda Rutherford 299-7888 or 331-7489.

Registered Top Show quality pygmy goat babies out of "PGCH Whirlwind Farms Patented Quality". Also, older bucks and does for sale from 12 months old on up. 4-H discount. Call 272-6686 or 797-2579 and ask for Tori Palmer.

FOR SALE: 7 month old male chinchilla. 3 tiered heavy metal wire cage 25x25x36. Includes accessories, \$225 or best offer. Call 762-5379.

FOR SALE: Registered Baby Pygmy Goats - Out of Champion Doe & Buck; Ready to go home mid -April. 1 black doe \$200.00; 1 black & white wether \$150.00 Contact Jocelyn Belobraydic 907-4587

Livestock Quality Assurance Workshop

There will be a Livestock Quality Assurance Certification Workshop on Saturday, March 26, 2005, at the CAC from 8:30 a.m. to 12:30 p.m. Please pre-register by calling 626-5161 and asking for Yesmin. Pre-registration is required. On the day of the workshop, check-in will be from 8:00 - 8:45 a.m. Everyone will need to sign-in, collect materials and pay for the workshop at this time. There will be a mid morning break with refreshments. The 8 Good Production Practices are covered through videos, hands-on activities, small group discussion and feedback and short lectures. Participants must stay for the entire workshop to receive certification credit. Please contact Bob Peterson at 626-5161 if you have any questions.

Sheep Jackpot Show Results

Norm Koenneker and our sheep volunteers held a county lamb jackpot show on December 19th. Our thanks to Pat Bray, UofA Livestock Judging team, for being our judge. Sixty-five lambs were judged. The Grand Champion Market Lamb was shown and owned by Amanda Williams, with Mary Jane Gilbert showing the Reserve Champion Market Lamb. Grand Champion Junior Showmanship honors went to Kris Croddy and Reserve Junior Showman to Janet Kinsey. Brandon Koenneker was Champion Senior Showman and Ashley Brooks Reserve Champion Senior Showman. Looks like another exciting year.

Swine Project Notes

Bobby Ethridge reported that 276 market hogs and 20 carcass hogs were tagged in January. There were 15 breeding gilts registered as well. There will be a February Swine Project meeting, on Thursday, Feb. 17, 2005, 7:00 p.m. at the CEO. We apologize that this is not on the calendar.

Market Lamb Scholarship Winners

Ray Schaeffer has provided funds to support two market lamb scholarships. Sheep project members had the opportunity to apply in November and December. The scholarships are based on need and may only be once. This year's winners are Nikki Putney and Caitlyn Sedig. Congratulations ladies.

Judging Clinic Scheduled

The U of A Livestock Judging Team and Coach, Clay Bailey, have scheduled the Second Annual UofA Livestock Exposition. The Expo will be held April 29 - May 1, 2005 at the UofA Campus Ag Center, on N. Campbell Ave. The judging clinic will take place on Friday night and Saturday, with a livestock judging contest held on Sunday. There will be opportunities for judging beef, sheep, swine and a coaches session. Friday night's sessions will consist of a coach's clinic, novice and advanced sessions on note taking and oral reasons format. Saturday will consist of novice and advanced livestock evaluation, oral reasons and a coach's livestock evaluation section. Pre-registration is mandatory. The registration deadline is April 1, 2005. Those registering between April 2 and April 15 will be charged a \$10.00 late fee. Participants will receive great instruction, a t-shirt, stenographer's notebook, judging handbook, lunch and dinner on Saturday and lunch on Sunday. The fee is \$35.00 per person for all three days. For more information contact Bob Peterson at 626-5161 or Clay Bailey at 621-5810.

Help at the Food Booth During Fair

The Leaders Board Food Booth needs a few awesome people (18 to be exact) to help at the Fair. Eat well, have fun and meet new people! Remember, you could be one of the few, the proud, the first, to use the new Food Booth. Contact Richard or Mary Boxx-Hampton for details 690-5760.

P.S. The food booth now has curly fries.

Fair Food Booth Tickets

Food Booth tickets will be available once again this year at Fair Work Day on April 9, 2005. Support your food booth at the Fair and get a great deal doing it! Tickets make awesome prizes for herdsmanship, and barn duty. Remember, buy a \$20.00 ticket, get a \$5.00 ticket free, buy a \$10.00 ticket and get a \$2.50 ticket free.

P.S. the food booth now offers curly fries!!!

Welcome to the 2005 Pima County 4-H Challenge Day

April 22, 2005 Pima County Fairgrounds

What is it? The Pima County 4-H Challenge is a day of fabulous activities based on the key concepts of 4-H. There will be activities that challenge your *Head, Heart, Hands and Health*. It's a day of service to benefit *your club (program), community, country and world*. It's a day when you and team members will use all your wits and *life skills* to solve challenging problems and work to "*Make the Best Better*." It's a day when you can feel like contestants on one of the popular "reality" television shows. Who knows? If your team can be the *Survivor* of the challenges and put together a *Wickedly Perfect* fund raiser by *Apprenticing* some community leaders, you may find your team in the center ring as the champions of the day.

Teams will be formed and will work together on challenge type activities in the morning. Then the four highest scoring teams will meet during lunch to plan their final challenge. Each team will compete to raise the most money for a specific charity in one afternoon--actually just one hour (just like the shows).

We have done some of the work for you. We have designed the morning activities to get you working as a group and building your problem solving skills. We have already arranged for the fund raising activities and have secured sponsors and fair grounds approval. Now the real work begins. You can join one of the teams for a \$5 donation which will include a pizza lunch.

Here are the four fund-raising activities:

1:30- 2:30 pm Goat Insurance.

Not everyone wants to own a goat. Some communities have raised thousands of dollars with this fund raiser. Some people are asked to pay \$5 to enter the names of three friends or relatives in drawing for a goat. Then the committee contacts those entered and asks for a donation to have their name removed from the drawing. They, in turn, can "nominate" others for the honor and the activity goes on from there. Thanks to **Dale Purvis from American Family Insurance** for his agreement to sponsor this activity.

2:00-3:00 pm Animal Costume Contest.

Yes we have had this activity for many years. This year the contest will be done as a fund-raiser to benefit the Pima County Humane Society with sponsorship from PetCo. Bring your favorite pet, dress them (and yourself) up in costumes, and parade them around the ring. With a bucket you can collect votes (donations) for the best outfit. All contestants will receive coupons from **Petco**. The winners will receive gift certificates.

2:30-3:30 pm Cow Chip Bingo.

What happens when you put one well fed cow into a ring that is marked off in a grid? After the cow walks around for a while, nature takes over and cow makes a deposit on one of these squares. If individuals have "rented" the squares for that period of time and their square is "selected", they win a prize. Other prizes may be awarded, as well. This is really a raffle, with a different method for selecting the winner. Our thanks to "**Chick Fila**" for agreeing to sponsor this event.

3:00 to 4:00 pm 4-H Auction.

This is the time where we will auction off items donated to the program (not items made by individuals or club baskets). The team with this activity will have time to get some items to auction, organize their items and conduct an auction. Proceeds from this auction will benefit the county 4-H program including the 4-H Recognition Program for the fall. If you have items that would be fun to include in this auction and want to donate them to the auction please contact Julie Adamcin.