



### "I PLEDGE"

My **HEAD** to clearer thinking,

My **HEART** to greater loyalty,

My **HANDS** to larger service,

My **HEALTH** to better living,

For My Club, My Community,

My Country, and My World.

When repeating the pledge, members raise their right hand to the side of their head when speaking line 1;  
lower right hand over left breast when speaking line 2;  
extend hands, palms upward, when saying line 3;  
then stand at attention when speaking line 4.