



Pinal County 4-H Newsletter

October 2004

Dear 4-H Families and Friends,

Recently at a faculty and staff meeting in Camp Verde a new Arizona 4-H Council was created. This new team comprised of youth and adults will be called the Arizona 4-H Youth and Adult Council (AZ4HYAC). The council's role will be:

- ✓ **To determine the future direction of local, county and state responses to youth development needs, strategies and resources through a youth and adult council representative of Arizona's culturally diverse community.**
- ✓ **To design and assist in the development of training sessions and educational opportunities for youth and adults.**
- ✓ **Help in the recruitment of additional individuals to carry out these activities (may work with subcommittees to carry out activities and events).**

Each county is encouraged to recruit two youth and two adults to serve for either a one or two year term. We are currently looking for our representatives to fill these slots. Training will occur in August for the initial meeting of the new Council. As this council develops, we will periodically update you on their progress!

We look forward to sharing another fun-filled 4-H year with you and your family. The 2004-05 4-H years' sign-up deadlines are October 15th.

In 4-H Spirit,

Kimberly Gressley
4-H Youth Development Agent

Stephanie Sproul
Extension Program Asst.

Debbie Trent
Extension Program Asst

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Western Regional Leaders Forum 2005

The WRLF 2005's theme is "Strike It Rich!" as volunteers, youth and Cooperative Extension faculty and staff gather in Sacramento, California, on February 23-27, 2005. The conference will be held at the Radisson Hotel. Leaders interested in attending can let our office know and we will help you get the information you need to make this trip a fun and exciting 4-H event for you to look forward to!

Community Club Leaders!

During the months of August-September, our 4-H faculty and staff will be calling you to schedule a visit to review 4-H procedures, events, activities, registration and your club structure. There will not be any kitchen conferences in 2004. If you have any questions, please feel free to call our office at any time and let us know your schedule. We look forward to visiting with you soon!

High in the Pines Small Stock Show....

The 4th annual High in the Pines Small Stock Show will be postponed from the original date in August to sometime in November. The new show information will be sent out to all 4-H offices soon. We will send it out as soon as we receive it!

Livestock Quality Assurance Update....

Pinal County 4-H will be holding at least three Quality Assurance workshops during the 2004-05 4-H club year. The first training will be held on Saturday, August 21, 2004, from 9 am until 12 noon.

The training will focus on the 8 principles of Quality Assurance with mini work



stations on a rotating basis. We are aiming to have

this program be very interactive and a great

experience! We encourage 4-H members, volunteers, parents and anyone else who interacts with livestock to attend and become trained.



After the 3 hour training ALL PARTICIPANTS will receive a certificate good for THREE YEARS! This training will be mandatory for all 4-H members across the state of Arizona. Your certificate will be required to be checked upon weigh-in at the county fair and is also

mandatory for those livestock exhibitors showing at the Arizona State Fair this fall.

Don't put this off! Come, have a good time, and learn something new with us on August 21st at Santa Cruz Valley Union High School, Eloy. Registration is limited and will be on a first-come, first-serve basis. Details will be forthcoming in your mail box.

Please call our office and ask for Kim if you have any questions on this program.

A Warning to All Those Who Use Micotil

A death that resulted from a cattleman injecting himself with a livestock drug should be a reminder to farmers and ranchers to use caution when medicating animals. Any amount of Micotil 300 can be deadly. Even Elanco, the company that produces the drug, says as much. Micotil is an antibiotic used to treat upper respiratory conditions such as pneumonia in cattle and sheep. It can be deadly in those animals if over administered or injected into the bloodstream. It is only to be injected under the skin.

In humans, Micotil can cause increased heart rates that can be fatal. What a lethal dose of Micotil is for humans has not been defined. Dennis Erpelding, an Elanco spokesman, said any person exposed to

the Micotil should seek immediate medical attention. He said the Indianapolis Company tracks all such incidents. Product information from an area veterinarian indicates that one one-tenth of a milliliter of Micotil 300 could kill a monkey or a pig. That amount is probably smaller than the size of a drop of rain. A 1,000-pound head livestock would usually be administered 15 milliliters (or cc's/cubic centimeters) of Micotil.

On April 24, 50-year-old Terry Ehrich of Rockham died about three and a half hours after accidentally injecting himself with the drug. But the incident isn't an isolated one. Since Micotil was approved for use in other countries in 1990 and in the United States in 1992, there have been more than a dozen deaths that are reportedly related to the drug. One was apparently a suicide. Last March, a Nebraska man was killed when he accidentally injected himself with Micotil. Since then, his mother has been working to get the word out about how dangerous the drug is. "Our goal is to get this drug restricted to veterinarian use only or get it withdrawn," said Reta Erickson, whose son, Rourk was 38 years old when he died. One of the problems with Micotil is that it has no antidote, Erickson said.

While there are other drugs that can be used to treat respiratory problems in livestock, the use of Micotil is not uncommon, he said. But it's certainly not the only livestock drug that's dangerous. Sam Holland, Nebraska state veterinarian, states "In the industry, we sometimes tend to become complacent because we routinely have available dangerous drugs and chemicals and deal with dangerous equipment." Micotil and other drugs come with a host of disclaimers and instructions. Reading those warning can get routine, but they should be respected, Holland said. Erpelding agrees. He said the company provides vets with a lot of information about Micotil and encourages them to talk with their clients and give them information to take with them. Some tips include:

- ✓ **Never use automatic powered syringes.**
- ✓ **Only inject livestock secured in a chute so they can't move. (The animal Ehrich tried to inject moved and that led him injecting himself, according to the Brown County coroner's office).**
- ✓ **Never carry loaded syringes in coats or pockets.**
- ✓ **Keep needle tips covered until just before administering Micotil.**

Holland said Micotil must be prescribed by a licensed veterinarian. It's OK for farmers and ranchers to treat their own cows or livestock, but before they can get a prescription for Micotil the vet and ag producer must have what's formally called a "veterinarian client patient relationship." That means the vet has examined the animals in some way within a reasonable amount of time before making the prescription. Sometimes, Holland said, veterinarian client patient relationships are taken lightly. Ehrich's death is a reason they shouldn't be, he said.

Ehrich's family declined comment for this story. But Erickson said she understands what they're going through. To her, the numbers of deaths related to the drug indicate that it's unsafe and should be pulled from the market.

Quality Assurance Training Schedule

Saturday, August 21, from 9:00 am to 12:00 pm, SCVUHS, 900 N. Main Street, Eloy, AZ, in the library.

If you plan to attend this important workshop, registrations must be phoned, faxed or e-mailed to Maria Melendez, extension 201 (mmelende@ag.arizona.edu) by Monday, August 16, 2004.

Please Note: In order to be able to show at the Arizona State Fair, you must have attended a quality assurance training prior to arriving at the show.

Important Date:

September 1-Deadline for State Fair entries.

Pinal County College Scholarship Awards!

Pinal County 4-H was thrilled to award college scholarship assistance to the following freshman students:



Courtney Carr: Superstition Mountain 4-H, attending

Scottsdale Community College, studying Communication and Journalism.

Robby Kishbaugh: Dudleyville Cactus Jumpers 4-H, attending Pima Community College, studying Automotive Technology.

Kyle Goodridge: Kearny Koyotes 4-H, attending Mesa Community College, studying Construction Management.

Renee Gibson: Casa Grande 4-H, attending Central Arizona College, studying Nursing.

Pinal County 4-H is also proud to announce on-going support to successful college students who are college sophomores, juniors and seniors actively working hard to pursue their dreams:

Kevin Gressley: Casa Grande 4-H, attending Mesa Community College, studying Medicine and Fire Sciences.

Chad Gressley: Casa Grande 4-H, attending the University of Arizona, studying Aerospace Engineering and Mechanical Engineering.

John Beers: Casa Grande 4-H, attending the University of Arizona, studying Political Sciences.

Jodie Freed: Casa Grande 4-H, attending Simmons College, studying Nursing.

Jonnie Nuss: Maricopa 4-H, attending Arizona State University, studying Secondary Education English.

Lezah Maudlin: Cactus Wranglers 4-H, attending Northern Arizona University, studying Business Management and Marketing.

National Neighborhood Day!

Join people all over America on September 12th, 2004, as they gather with their neighbors to foster caring and concern for each other and promote stronger, more effective communities. National Neighborhood Day happens on the second

Sunday in September annually. This year, you can learn more by visiting: www.neighborhoodday.org

With this celebration, there is no agenda and no prescribed discussion. Your neighborhood might be a

street, a few houses or an apartment building. Make it a party, a project or a potluck! Rekindle friendships. Welcome new neighbors. Learn about families, interests and needs. Visit the web site for ideas and inspiration and have fun at home!

Childhood Obesity Resources from the Robert Wood Johnson Foundation

Childhood obesity rates have tripled in the United States in the past two decades. The Robert Wood Johnson Foundation is actively funding research and programs to address this public health threat and find workable solutions. By logging on to you can learn more about childhood obesity and see the research findings from a recent obesity survey conducted by the foundation involving 1,047 adults focused on better understanding childhood obesity in relation to other health threats. Obesity is now considered as serious a health threat as youth violence and tobacco usage.

Calling All Heroes!

Do you know a hero? If you do, consider nominating your hero for the Volvo for Life Awards, the nation's largest search for and celebration of everyday heroes, with more than \$1 million in financial contributions. Now in its third year, Volvo for Life Awards honors individuals making outstanding contributions in the area of safety, environment or quality of life. Think you know someone who fits this description? If so, go to nominate a hero. You have until January 10, 2005 to submit your nomination.

4-H Museum at the Maricopa Agricultural Center (Big MAC)

Opening in October, 2004, the Arizona 4-H program will be celebrating the Arizona 4-H story. O liver and Hermina Anderson of Maricopa have made a donation from the Anderson Family to establish the 4-H Museum for the creation of a special place

for people to visit to enjoy the rich history of Arizona 4-H.



Currently, Cooperative Extension staff state-wide are searching for special historical items (pictures, items, souvenirs, etc) which can be donated to this museum for the public to enjoy. These items can be on display permanently or temporarily. Your thoughtful contribution will be appreciated. Please notify our office if you have items you wish to donate. We will deliver them to Big MAC for you. Thank you for considering this opportunity.

Recognize the Outstanding Youth in Your Community!

The Nestlé Very Best In Youth program, co-sponsored by Reading Is Fundamental (RIF) and Nestlé USA, honors young people ages 10-18 who have made reading a priority, have contributed significantly to the quality of life in their communities, and have inspired other young people to do their very best.

At least twenty-five winners will be selected. Prizes include a trip with a parent/guardian to Los Angeles for an awards ceremony, a Certificate of Appreciation from Nestlé USA and RIF, a \$1,000 donation to the winner's charity of choice, and a profile in the 2005 Very Best In Youth publication.

Nomination forms are available online and must be received by November 1, 2004. For more details visit <http://www.rif.org/what/eventscontests/verybestinyouth/default.msp> <http://www.rif.org/what/eventscontest> If you know a young person who is a good candidate, be sure to tell him or her about the Nestlé Very Best In Youth program and encourage them to participate. Don't let their exemplary achievements go unnoticed!

Certification Process for Volunteer 4-H Leaders

We are completing the process of certifying forty new 4-H Volunteer Leaders in Pinal County. Below is the basic process to becoming a certified 4-H volunteer leader.

- 🌿 **Fill out an "Application For A Volunteer Position."**
- 🌿 **Fill out a "4-H Volunteer Enrollment Form." (This form must be filled out yearly by all leaders!)**
- 🌿 **Schedule a time and day to be "Interviewed and watch the Youth Protection Video."**
- 🌿 **Read, sign, and date the "Behavioral Guidelines Form."**
- 🌿 **Wait for at least three out of the five references to send back their "Reference Form" about you. (We get your references from the back of the "Application for a Volunteer Position Form" so please send us back complete references so we can complete this in a more timely fashion.)**
- 🌿 **Attend a mandatory New Leaders Training in November.**

The certification process can take as long as three to six months. With your help we maybe able to speed it up as short as four to six weeks. If your certification is not completed in this time frame then you will have to begin the process over again.



We also would also like to remind our Certified 4-H Volunteer Leaders that Annual Leader Reports will be sent out soon and we ask for them to be returned to the office in a timely fashion. It is mandatory to fill this report out if you are a Certified Leader and are planning to remain a Certified Leader.



If you have any questions on the certification process or the Annual Leaders Reports and/or would like to schedule an interview or view the youth protection video please contact Debbie.

Calling all Green Thumbs!

If you have a green thumb or would like to try and develop one, then the Jr. Master Gardener Program is for you. This program was started last year in Pinal County and is off to a great start! Learn how to grow a great garden, know when it is the best time to plant and what types of soil are ideal. Best of all "reap what you sow" and enjoy

eating the produce after all your hard work. You may even show off all your hard work at the Pinal County Fair! If you may be interested in this program, please contact our office at and ask for Debbie. Hope to hear from you soon!

Record Books!

Remember Record Books were due in the office by July 27th. They will be judged in August. We encourage all 4-H members regardless of age or project to do a Record Book each year. We also want to remind all members who were in the Horse Project in the 2003-2004 that you must complete a record book to be able to compete at the State 4-H Horse Show if you have qualified to go. Don't miss out on a great opportunity for receiving an award also! If you have any questions, please contact Debbie.



Community Club Corner

Hey guys! What is going on out in your little corner of the world? Enquiring minds want to know! So lets have it, I need to hear from Community Club Leaders, Project Leaders, 4-H officers or anyone with "stuff" going on or events

that are going to happen. We want to know so we can share your news with the rest of the 4H community. Email your articles and information and we will keep them for the next newsletter. We look forward to hearing from all of you.

Small Animal Committee Members & Community Club Leaders

It seems like we just finished with the county fair, moved to summer, had a blast at 4H camp in Williams and now we are back! Time to get geared up again. We need to get together with ya'll and reacquaint ourselves with the

committee's long and short term goals. We will be discussing program highlights, record keeping, fair expectations, small animal rules, curriculum available, roles and responsibilities of Show/Building

Superintendents, and the Small Animal Field Day. Did I miss anything?
See you August 18, 2004 at 6:00 pm, Pinal County Fairgrounds Conference Room.

2005 Style Review & Fashion Show



Let's get this show on the road! I have missed these past two years and am ready to make it happen! If you have participated in the in the past you know what great fun it is. If you haven't had the opportunity to enjoy yourself with us, here is a bit of what you are missing... Activities begin with a Continental Breakfast and move into personal interviews and garment presentations. Workshops including Modeling, Line & Design, Make Up & Hairstyles are available to pick up a few tips. After a lovely luncheon there is a catwalk for a presentation of all the hard work and effort that these 4-Her's put into themselves and their outfits.

Don't forget that whatever you model has to have been entered in the Pinal County 4-H Fair clothing division. Anything Goes..... The Sky's the limit! If you can make and model it then Any questions call Stephanie.

Community Club Leaders

Let me begin by (you know I would rather give you a hug) each and every one of you that were so gracious in bringing donations to create so many beautiful opportunities for our Silent Auction shoppers. Even bigger thanks for those of you that did such a fine job of shopping! Where would I be without you?! It is no secret that the Silent Auction is a major source of income to help maintain Pine Combs 4-H Camp in Williams, Arizona. There is always an ongoing need to do something, whether it is just "fix and repair " or major malfunctions like replacing hot water heaters. With continuous support on both ends of the Silent Auction..... Pinal County 4-H Camp is a continuous success. Thanks again and I can't wait to see what ya'll bring this year.

Project Workshops

I have spoken with many of you 4-Her's out there~4-H moms and dads too~indicating that you would be interested in Project Workshops. But never say die.....here is my plan. We can hold workshops at the Pinal County office auditorium. The workshops could be focused around projects that could be entered into the 4-H Building at the Pinal County Fair. What would be a BIG help is if I could get some ideas about what to offer. So put on your thinking cap and let's go for it! This will be fun so don't keep me waiting too long. Call Stephanie.



4-H At A Glance

AUGUST

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

7-8~
21~

AZ4HYAC meeting at Camp Verde
Quality Assurance Certification, 9am, SCVUHS, Eloy

SEPTEMBER

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26	27	28	29	30		

6~
14~
27~

Labor Day Holiday – Office Closed
Junior Livestock Committee Meeting, Fairgrounds
Advisory Council Meeting, Casa Grande

OCTOBER

S	M	T	W	T	F	S
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31						

3-9~
11~
15~

National 4-H Week
Columbus Day Holiday-Office Closed
4-H Enrollment Deadline for 2004-05 year

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