

# DIRECTIONS FOR FILLING OUT THE 4-H STAR AWARD & Summary of Participation

**A. LOCAL CLUB MEETINGS:** Fill in the number of general meetings your 4-H club held during the year. If you joined as a new member this year, count the number of meetings since you joined. Add the number of meetings you attended and the number you were excused from and write the sum in the "Meetings Attended" box. Your club leader will determine an excused absence when notified in advance. To figure the percent attended, divide the number of meetings attended and excused by the number of total club meetings, then move the decimal point two places to the right. To qualify for a Star Award this year, this percentage must be at least 80%.

**B. PROJECT MEETINGS:** Follow the same procedure as for Category A, by adding up the meetings held and those you attended (or were excused from) for each of your completed projects. Your project leaders will determine excused absences when notified before the meeting. Add all your projects together for a final percentage. To qualify for a Star Award this year, this percentage must be at least 80%.

**C. NUMBER OF PROJECTS COMPLETED:** To count a project here, you must have a completed project record, signed by your project leader, included in your portfolio. Count all parts of a project as one project when carried in the same year. Examples: Market Steer and beef breeding count as one beef project.

**D. GAVE A DEMONSTRATION:** Report here the number of times you gave a 4-H demonstration or illustrated talk, either alone or as a member of a team. Practice sessions do not count, whether they are given at a project meeting to family or to friends or neighbors. A Demonstration shows how to do something, using props. An Illustrated Talk tells about something, using props. A Speech does not count here. Group skits (like at camp) do not count here. To count here, the demonstration or illustrated talk must have something to do with 4-H.

**E. PREPARED AND GAVE TALK:** To count a talk here, it must be well prepared and should be at least 1-3 minutes long. It may be read. Project reports given at club meetings count here. Speeches count here.

**F. PROJECT EXHIBIT:** Exhibiting at an event may be counted in Category F if you enter your 4-H project for competition in a 4-H division or if you display your 4-H project, not in competition, at a 4-H or community event. Count the number of **events** at which you exhibit livestock, crops, clothing, food, and other articles that directly relate to one of your 4-H projects. Do not count each exhibit, project, or division entered. The county fair counts as one event exhibited at per year.

**G. JUNIOR/TEEN LEADERSHIP OR CAMP COUNSELOR:** You may count the project here after you have completed one year as a 4-H Junior or Teen Leader or 4-H Camp Counselor. The *Junior/Teen Leader Plan and Record* must be completed, signed by you and your project leader, and included in your Record Book to take this credit. Only one year of credit is given regardless of the number of projects where you serve as Junior/Teen Leader or Camp Counselor.

**H. HELD AN OFFICE:** This includes offices held in a project, club, county, or state 4-H organization to which you were elected or appointed. The office must have specific responsibilities which are to be carried out by the elected officer and members must actively meet the requirements of the office in order to gain credit. In other words, you must actually do the work to take credit. Just being elected isn't enough.

**I. COMMITTEE CHAIRPERSON:** Report here the number of times you have served as a chairperson or co-chairperson of a committee on a club, county or state level. If you are a committee chairperson, you cannot also take credit in Category J. A committee chairperson is responsible for organizing the activity.

**J. COMMITTEE MEMBER:** Count here any time you serve as a committee member of any 4-H committee at the club, county, state, or national level and were not the chairperson. If you signed up for the committee, but did not attend any meetings or contribute to that committee, it doesn't count.

**K. REPRESENTED 4-H IN SOME OTHER WAY:** Include all personal appearances in connection with 4-H not reported elsewhere. You would be easily recognizable as representing 4-H. Examples are: Master of Ceremonies at an event, Fashion Show commentator, judge or clerk for 4-H events. Also count appearances in front of other organizations as a 4-H representative such as PTA, Rotary Club luncheon, or speaker at a service club. Count riding on a 4-H float or with your 4-H horse project in a parade, making a poster to display or advertise for 4-H, promoting or selling tickets to a 4-H event to other than your own family. Having your picture printed in the newspaper does not count here. You must be participating or in charge of something, not just attending.

**L. 4-H CAMP (PLANNED):** If you attend an overnight 4-H conference or camp, enter it here after you have attended.

**N. JOLT and STAR:** These are 3 or 4 day leadership conferences held annually in the summer, open to 8<sup>th</sup> grade graduates and above. They are held in Heber and at the University of Arizona campus at Tucson and coordinated by the Arizona State 4-H Office. Report here attendance as a participant.

**O. ATTENDED ACTIVITY/EVENT:** 4-H events are county and state fair and events **sponsored by 4-H** other than project or club meetings. If you attend the event as a spectator, take credit in Category O only. If you also participate in the event take credit in the appropriate section for the participation in addition to Category O. Do not take credit for the same thing more than once. Attending the Arizona State Fair for 5 days counts as one event attended. Attending the Fair horse show, livestock auction and awards ceremony do not count as separate events, because they are all parts of the fair.

**P. JUDGING CONTEST:** Report participation in 4-H judging contests where you competed with other 4-H Members. A judging contest is where you rank choices for several classes, usually with a written answer sheet and oral reasons. All judging done at one event is to be counted only once. For instance, if you judge livestock, feed, and equipment at Livestock Field Day, you participated in one judging contest.

**Q. MEMBER/PROJECT SHOWING CONTEST:** A project showing contest is where the member is judged along with their project at a 4-H event. The member is competing against other members enrolled in the same project. Report participation in these activities at county, and state events. Examples are: Fashion Revue, All animal showmanship contests where the member is judged.

**R. MEDALIST/TOP COUNTY AWARD:** **Medalist:** Count here any medal received in any approved 4-H program. Examples are: Project medalist at Achievement Night, Home Ec Judging Day bronze or silver medal, County Demonstration Day medal, County or District Fashion Review medal winner, Livestock Field Day bronze or silver medal for judging, district Demonstration Day medal. Pins or medals that do not count include: participation pins, officer pins, pins/medal awarded by fairs or open shows, **Top County Award:** Any 4-H member chosen as the highest winner in a county wide 4-H competition, in their home county only. Examples: First place Senior Showmanship winner at EXPO, Round Robin Showmanship winner at EXPO, 4-H Champion breeding or market animal at EXPO, Junior or Senior County Winner for Record Book, Home Ec Judging Day gold medal winner, County Fashion Revue senior or junior Overall Winner.

**S. OTHER – INDIVIDUAL 4-H ACHIEVEMENT:** As an individual, you may achieve many things in 4-H. List your achievement here, if you feel it is important enough to stand by itself, but be selective. As members mature, their standards for achievements listed here will become more difficult. Examples are: Achieving an Arizona 4-H Star Award, Ambassador, County Demonstration Award, Citizenship Focus trip delegate – Washington D.C., delegate, Exchange delegate, Fashion Revue Rosette winner, Livestock Breeding Award, Outstanding Small Livestock Exhibitor award at EXPO. Gold Seal Record Book at county. 4-H awards from fairs other than EXPO would count here, such as State Round Robin Showmanship winner.

**T. OTHER GROUP ACHIEVEMENT:** List an award won or recognition received by a 4-H group in which you actively participated. Examples are: first place 4-H camp skit given by your cabin group, 4-H herdsman award, member of a team placing in a 4-H judging event, other group awards at fairs, parade award for your 4-H project group entry, project display contest award won by your 4-H club.

**U. 4-H RELATED COMMUNITY SERVICE:** Report any community service performed in conjunction with 4-H in which you took an active part as an individual representing 4-H or as part of a 4-H group. Fundraising for your club or 4-H council is not considered a community service activity. If the community service was done as part of another group, like Scouts, it counts in Category Z – Community Service Outside 4-H. If counted here, your participation can't also be counted in another category.

**V. WROTE AND SUBMITTED NEWS:** If you write a news article about 4-H and sent it for publication (in a club newsletter, school paper, or other local papers) you receive credit here. If the same article appears in two papers, you still get only one credit, because you wrote one article. If the article is not published, you still receive credit for writing it.

**W. RADIO OR TV APPEARANCE:** Report here any appearance on radio or TV as a guest, speaker, or interviewee, in connection with 4-H. Recording an announcement or being interviewed for the radio or TV counts here. Being at an event that someone else tapes for TV does not count unless you were specifically interviewed or featured and you prepared for the taping ahead of time.

**X. 4-H RECRUITMENT:** This section is for reporting the number of times you personally recruited someone to join 4-H, either as a member or as a leader.

**Y. EXPLORING THE WORLD OF WORK:** Record activities where you investigated jobs related to your projects or personal interests.

**Z. COMMUNITY SERVICE OUTSIDE 4-H:** This is where you report community service activities you performed outside of 4-H

**© PARTICIPATION IN OTHER THAN 4-H.** This is where you report those activities outside the 4-H program. It does not include attendance at school, church or Sunday School. It does include participation in school and church organizations like choir, band, youth groups, sports, student body officer, clubs, drama group, GATE program, YES council. It also includes activities like Little League, Scouts, piano lessons, soccer, cheerleaders, swimming lessons, and also open shows.