Broccoli

The level of nitrogen fertility has more influence on the growth and yield of broccoli than any other single plant nutrient because it is the nutrient most often deficient in Arizona soils. With good management, a total of about 175 to 225 lbs. N per acre is usually needed for optimum production. Preplant soil analysis and leaf midrib analysis during the season can be very useful in monitoring the nitrogen status of the crop. Deficiencies of nitrogen at any time in the season are to be avoided, as yields will usually be reduced. Deficiencies after the initiation of bud formation are especially serious, as nitrogen applications after this stage may not completely correct the problem.

Fertilizer recommendations in this guide apply to all broccoli varieties grown in Arizona and are based on a plant population of 30,000 to 35,000 plants per acre and a yield potential of 5 to 7 tons per acre. Rates may need to be adjusted for significantly different plant populations or yield goals.

- **Early season nitrogen**

  Preplant applications of 40 to 60 lbs. N per acre on fine-textured soils (clay loams and silty clay loams) and 0 to 40 lbs. N per acre on coarse-textured soils (sands and sandy loams) are generally required. Preplant applications of nitrogen on very sandy soils are usually inefficient because nitrogen is easily leached below the root zone of young plants. Use the lower rates if there is a high residual nitrogen level in the plow layer of soil (i.e. above 15 ppm NO₃-N). About one-half of the total nitrogen applied to the crop should be applied during the first five to seven weeks after stand establishment.

- **Mid-season nitrogen**

  At the four- to six-leaf stage of growth (45 to 50 days after seeding) collection of leaf midrib samples for nitrate (NO₃-N) analysis should begin. The thick midrib from the center of the youngest full-sized leaves should be separated from the leaf blade (Figure 25). Be sure to include the stem connecting the leaf blade to the main stalk with the midrib sample. Do not sample midrib from diseased, damaged or unrepresentative leaves. On older plants, sample midrib from the youngest full-sized leaves. These are typically the “easiest” leaves to sample. About 25 to 50 midrib per sample are adequate for analysis, depending upon the size of the leaves at the time of collection. The number of samples tested from each field depends on the uniformity of the field. Samples should be collected from randomly selected plants within uniform areas representing portions of a field that can be fertilized separately. Samples should be taken at one- to two-week intervals throughout the season. Samples should be placed in a paper bag and dried at about 150°F (65°C) or refrigerated as soon as possible and submitted to a laboratory for NO₃-N analysis.

- **Interpretation of midrib nitrate levels**

  The midrib nitrogen level is normally high (with adequate soil fertility) early in the season during vegetative growth and declines as the season progresses. Desirable levels of nitrate-N are shown in Table 29 and Figure 26.

  A timely application of nitrogen fertilizer can prevent or slow the decline of midrib nitrate. If the nitrate-N level is below 5,000 ppm NO₃-N prior to the “first bud” stage, then application of a nitrate or urea source is recommended. These forms of N move readily in soil solution and are immediately available to the plant roots with the first irrigation after the fertilizer has been applied. This decreases the time necessary for recovery from a nitrogen deficiency. At higher levels of midrib nitrogen, the nitrogen source is of less importance because nitrification of ammonium (NH₄) sources can take

![Figure 25. Begin sampling broccoli midribs at the 4- to 6-leaf stage. Collect the midribs from the youngest full-sized leaves are shown above.](image)
Table 29. Desirable levels of nitrate-nitrogen in broccoli midribs at various stages of growth.

<table>
<thead>
<tr>
<th>Stage of Broccoli Growth</th>
<th>Approximate Days After Planting</th>
<th>Desirable Levels of Midrib NO₃⁻N (ppm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 to 6 Leaves</td>
<td>45 - 50</td>
<td>10,000</td>
</tr>
<tr>
<td>10 to 12 Leaves</td>
<td>60 - 65</td>
<td>9,000</td>
</tr>
<tr>
<td>First Bud</td>
<td>70 - 80</td>
<td>6,000</td>
</tr>
<tr>
<td>Head Development</td>
<td>80 - 90</td>
<td>3,500</td>
</tr>
<tr>
<td>Pre-harvest</td>
<td>100 - 105</td>
<td>2,000</td>
</tr>
</tbody>
</table>

Figure 26. Interpretation of nitrate-nitrogen levels in broccoli midribs at different stages of growth.

place rapidly enough to permit the resulting NO₃ to be moved into the root zone to supply the needs of the plants. Caution should be used when applying ammonium sources of nitrogen such as anhydrous or aqua ammonia in order to avoid plant injury from ammonia toxicity, especially on very sandy soils.

- **Nutrient removal**
  A harvest of 5 tons of broccoli spears per acre will contain about 90 lbs. N. The entire crop will contain between 250 to 300 lbs. N per acre.

- **Nitrogen uptake patterns**
  Uptake of nitrogen by broccoli is very low prior to the 4- to 6-leaf stage. Nitrogen flux increases to a maximum at the first buds stage, exceeding 8 lbs./acre/day for high yielding sites. Then, because broccoli is harvested prior to entering its reproductive growth stages, nitrogen uptake remains high until harvest.