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## FAMILY STUDIES AND HUMAN DEVELOPMENT ACADEMIC ADVISING GUIDE CATALOG YEAR 2018 & 2019

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THE UNIVERSITY OF ARIZONA  
COLLEGE OF AGRICULTURE & LIFE SCIENCES

**Norton School of Family  
& Consumer Sciences**

Family Studies & Human Development

## MEET WITH FSHD ADVISING

### Liz Collins, Academic Advisor

[eamartin@email.arizona.edu](mailto:eamartin@email.arizona.edu)

McClelland Park, room 203

FSHD Pre-Majors and FSHD Majors

To schedule an appointment and view weekly drop-in availability, visit the FSHD Advising Website:

<https://cals.arizona.edu/fcs/fshd/advising>

### Appointments, Drop-Ins, and Email – Determine What is Best for You:

<b>Schedule an Appointment</b> <b>20-30 Minute Meeting</b>	<b>Drop-In Advising</b> <b>Quick 5-10 Minute Meeting</b>	<b>Email</b> <b>Quick questions/clarifications</b>
<ul style="list-style-type: none"> <li>• Course planning past the current semester (graduation plan)</li> <li>• Minor exploration</li> <li>• Degree checks for graduation</li> <li>• Transfer credit approvals</li> <li>• Study Abroad planning</li> <li>• Concerns about academic difficulties and advice about academic success strategies</li> <li>• Personal exploration regarding graduate school, internships, jobs, etc.</li> </ul> <p>*Make advising appointments online &amp; write down your appointment date and time so you remember to attend.</p>	<ul style="list-style-type: none"> <li>• General information about course offerings or course content</li> <li>• Verification of existing schedule</li> <li>• General information about major requirements or UA policy</li> <li>• Quick Signatures</li> <li>• Questions like: “Can CHEM 101A fulfill a NATS requirement?”</li> <li>• If you have an urgent question that may be longer than a drop-in question, please feel free to drop-in. We will do what we can in the allotted time, and schedule a follow-up meeting if needed</li> </ul> <p>*Drop-in advising is on a first-come, first-served basis. There may be a wait, so make sure you have time to stop by.</p>	<ul style="list-style-type: none"> <li>• Clarification if you are unsure an appointment is necessary</li> <li>• Clarification of a UA policy or procedure</li> <li>• Quick review of your current course schedule</li> <li>• Other inquiries – if I can answer your question over email, I will. If your question is more complex, I’ll recommend that you make an appointment or attend drop-in advising hours to talk more</li> </ul> <p>*Make sure you use your UA email address for advising communication. Allow 24-48 hours for a response.</p>

## **Make the Most of Academic Advising: Before, During, and After Your Meeting**

- Before Advising Meeting**
- Determine what kind of advising appointment you need
  - Familiarize yourself with the UA Calendar and be aware of University and College deadlines
  - Review your academic advisement report
  - Come prepared with an FSHD catalog checklist and/or questions written down
  - Bring advising materials from previous appointments
  - Cancel at least 24 hours in advance if you are unable to attend

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- During Advising Meeting**
- Arrive on time
  - Sign in at the front office
  - Turn off or silence your cell phone
  - Be open with your advisor on how things are going academically and personally
  - Be willing to share things about yourself so we can better understand your goals and interests
  - Ask question and take notes

- 
- After Advising Meeting**
- Keep an advising folder with information you learn in all your advising appointments
  - Complete any necessary follow up steps that your advisor recommended
  - Seek available campus resources and opportunities discussed in your appointment
  - If something is unclear afterwards, send follow up questions via email or attend drop-in hours

## **ADVISING ROLES & RESPONSIBILITIES**

### **Student Responsibilities**

- Read University Email Daily
- Take the initiative to meet with your advisor at least once per semester, or as often as needed, to discuss your progress
- Be involved in the advising process by being prepared to discuss your goals and educational plans during meetings, bring questions and necessary materials to meeting, and be open to suggestions
- Take responsibility for making academic and career decisions based on available information and advice
- Develop a working knowledge of policies, procedures, deadlines, and campus resources.
- Execute an academic plan directed toward completing your degree
- Review and become familiar with your major/minor requirements each semester and track your progress towards graduation
- Utilize UA resources that will help you succeed academically and prepare for life after graduation

### **Advisor Responsibilities**

- Provide accurate and consistent information
- Clarify, interpret, and confirm program requirements, policies, procedures, and deadlines
- Advise students in exploring and defining academic and career goals
- Assist students with creating short and long-term academic plans
- Assist students with making academic and career decisions consistent with interests, values, and abilities
- Listen responsively to address questions, concerns, and problems
- Facilitate relationships between students and other individuals on campus; refer students to appropriate support services when needed
- Maintain confidentiality according to the Family Educational Rights and Privacy Act (FERPA)
- Consider student's best interest when advocating for policy or curricular changes
- Be available and accessible to answer questions

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## MEET WITH COLLEGE OF AGRICULTURE ADVISING

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As an FSHD student in the College of Agriculture and Life Sciences (CALs), you have two sets of advisors - an FSHD Major Advisor and a College Advisor. Below is a description of each advisor's role

### **FSHD Major Advisors – McClelland Park Room 203:**

#### **Major coursework advising**

- Course selection and sequencing, meeting FSHD graduation requirements
- Evaluation of transfer credit in the major

#### **Getting involved on campus**

- Finding clubs, internships, and research opportunities
- Connecting with FSHD faculty and internship coordinator

### **CALS CAS Advisors – Forbes Room 203:**

#### **Process forms and petitions, acts as Dean's signature**

- General education petition
- Withdrawals past week 10
- Permission to take more than 19 units

#### **Policy interpretation and enforcement**

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## STUDENT RESPONSIBILITIES

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**Student Four Year Timeline:** Your advisors are here to help you with all of these steps. Every semester it is recommended that you meet with your advisor at least once (or as much as needed), and that you always ensure your wellbeing comes first by reaching out for personal or academic assistance when necessary.

#### **1<sup>st</sup> Year**

- Explore interests, strengths, and careers
- Make tentative plan of classes year by year
- Get involved with clubs, organizations, and volunteering
- Start looking into internships, research, and/or study abroad
- Start building a resume
- Start to develop effective time management and study strategies
- Attend office hours
- Explore campus resources that can enhance your academic and personal success

#### **2<sup>nd</sup> Year**

- Finalize and declare major(s) and minor(s)
- Seek volunteer opportunities, internships, research, and/or study abroad programs
- Update resume
- Develop relationships with faculty and attend office hours
- Research post-graduation options and talk with mentors about your goals
- Stay involved in activities that suit interests and goals

#### **3<sup>rd</sup> year**

- Research career options and graduate programs
- Talk to advisors, internship coordinators, and career services to enhance professional skills
- Update resume
- Continue volunteer opportunities, internships, research, and club involvement
- Take graduate entrance exams
- Continue connecting with faculty and mentors

#### **4<sup>th</sup> Year**

- Apply for graduation and meet with your advisor to complete your degree check
- Finalize career, professional, or graduate school plans
- Apply for graduate or professional schools
- Submit resumes and begin interviewing

## Student Semester Timeline: Your advisors are here to help you with all of these steps

**Term Begins:** Identify semester goals and finalize semester schedule

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**Week 1:** If necessary, make any last minute changes to your schedule  
*Check academic deadlines on the Registrar's website regarding adding and dropping courses for the semester*

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**Week 2:** Evaluate how you are doing in your classes. Make a time management plan for the semester.  
*The deadline to drop a course without a W occurs the 2<sup>nd</sup> week of classes*

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**Weeks 3-8:** Visit your instructors during their office hours before your first exams and papers. Start looking into clubs, volunteer opportunities, and campus resources to support your success.  
*During weeks 3 through 10, you can drop a course through UAccess but will receive a W on your transcript (you can receive a maximum of 18 units of W at the UA)*

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**Week 7-8:** Get ready to register for next term and make an appointment with your academic advisor

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**Week 8-10:** Re-evaluate how you are doing in your current courses. Attend office hours and seek academic assistance when necessary.  
*The final withdrawal deadline will occur week 10*

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**Weeks 11-13:** *During weeks 11-13, students can drop a course with a W only through a Late Change Petition, which must be filed through the College Dean's Office (Forbes 203) and signed by your instructor*

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**Week 13 - Finals Week:** Complete any projects due at the end of the term. Verify final exam schedule and start to review. Visit office hours and Think Tank for extra help.  
*Complete withdrawal from all classes is available until the last day of classes*

\*If you are enrolled in a dynamically dated class (5 weeks, 7 weeks, etc.) make sure you look at the Dates and Deadlines for those classes to understand add/drop deadlines, as they will be different from 15 week courses  
<https://www.registrar.arizona.edu/courses/dates-deadlines>

## GRADUATION REQUIREMENTS

### University Foundation Requirements

#### English

Choose one of the following sequences based on placement

- ENGL 101 & 102
- ENGL 107 & 108
- ENGL 109H  
(requires placement)

#### Math

FSHD requires College Algebra

- Math 107, Math 112, or Higher Math

Students must test into College Algebra or complete the necessary math sequence based on placement. For example:

- Math 100 → Math 107 or Math 112  
\*Math 107 does not serve as a prerequisite to other math and science courses. Consult with your advisor if you have questions about the math course best for you

It is highly recommended that students complete College Algebra before their junior year. Meet with your advisor to plan correctly!

#### Foreign Language

FSHD requires 2nd semester language proficiency

There are 3 Ways to demonstrate proficiency:

- Complete a 2nd semester language course with a C or better (e.g., SPAN 102, FREN 102)
- Score the equivalent of 2nd semester skill level on a language proficiency exam administered in person by UA
- AP, IB, or CLEP exam scores

#### Placement Information

- Writing Placement: <https://english.arizona.edu/writing-program>
- Math Placement: <http://math.arizona.edu/academics/placement>
- Language Proficiency Requirements and Exam: <http://advising.humanities.arizona.edu/second-language-proficiency-requirements>
- Testing Office, for Math Placement Test and CLEP Exam: <http://testing.arizona.edu/>

#### Math Substitution Information

FSHD does allow math substitutions for students who have a documented learning disability, which may affect learning and comprehension in math courses. If you have this documentation and believe a math substitution may apply to you, please make an appointment to speak with your academic advisor and the Disability Resource Center. We can talk about the process of receiving a math substitution, and talk about the other types of courses available to fulfill your math requirement.

## General Education Requirements

Tier I	Tier II	Diversity
<p><b>Individuals and Societies (INDV)</b> Choose 2 courses numbered 150, for example: HIST 150C1 and ANTH 150B1</p>	<p><b>ARTS</b></p>	<p><b>Diversity Emphasis Course:</b> Focus is on Gender, Race, Class, Ethnicity, Sexual Orientation, or Non-Western Studies. <i>Can be fulfilled through approved Tier I or Tier II Gen Eds</i></p>
<p><b>Traditions and Cultures (TRAD)</b> Choose 2 courses numbered 160, for example: CLAS 160D1 and SPAN 160C1</p>	<p><b>Humanities</b></p>	<p><b>Notes:</b> Courses used to fulfill Tier I or Tier II General Education requirements cannot be used to fulfill pre-major or major requirements.</p>
<p><b>Natural Sciences (NATS)</b> Choose 2 courses numbered 170, for example: GEOS 170A1 and PTYS 170B2</p>	<p><b>Natural Sciences</b></p>	

**FSHD does not require students to complete a Tier II INDV Gen Ed**

## Unit & GPA Requirements

- 120 Overall Units
- 42 Upper Division Units (300-400 level)
- 56 Units must be University Level (Not taken at a community college)
- 30 Units in Residence (In residence means taken at UA)
- 18 of last 30 units must be in residence
- 2.0 Cumulative GPA and 2.0 Major GPA is required to graduate
  - If a student's GPA falls below a 2.0 at any point in their undergraduate education, they are placed on academic warning or academic probation, and are required to meet with academic advisors.

## LEARNING TO USE YOUR FSHD CATALOG CHECKLIST

### Access your FSHD Catalog Checklist

You can download your checklist from this link: <http://cals.arizona.edu/fcs/fshd/advising/checklists>

- **Use the checklist for your specific catalog year or requirement term.**
  - Some requirements are different based on your catalog year, so it is important that you follow the requirements for your individual requirement term, and become familiar with those requirements
  - Your catalog year or requirement term can be found on the first page of your advisement report (see image below, on page #9). Your FSHD requirement term will tell you which FSHD checklist to use.
  
- **Update your checklist each semester**
  - Remember that your checklist is a planning tool and it should be used in consultation with your UAccess Advisement Report and your Academic Advisor
  - Bring a completed checklist to appointments to go over questions with your advisor

## UNDERSTANDING YOUR ADVISEMENT REPORT

### Access Your Advisement Report through your UAccess Student Center:

The screenshot shows the UAccess Student Center interface. Under the 'Academics' tab, there are links for 'My Class Schedule', 'Shopping Cart', and 'My Planner'. The 'Advisement Report' link is highlighted in yellow. Below the links is a search bar with 'Deadlines' and 'D2L' icons. The main content is a table titled 'Fall 2019 Schedule' with columns for Class, Schedule, Grade Replacement, and Honors. The table lists five classes: EAS 160A1-101 LEC (52904) Online; FSHD 237-001 LEC (31068) TuTh 12:30PM - 1:45PM McClelland Park, Rm 105; FSHD 347-101 LEC (65054) Online; GEOS 170A1-001 LEC (44486) MoWeFr 12:00PM - 12:50PM Social Sciences, Rm 100; and MATH 107-002 LEC (60950) TuTh 9:30AM - 10:45AM Education, Rm 353. A 'weekly schedule' link is at the bottom.

	Class	Schedule	Grade Replacement	Honors
	EAS 160A1-101 LEC (52904)	Online		
	FSHD 237-001 LEC (31068)	TuTh 12:30PM - 1:45PM McClelland Park, Rm 105		
	FSHD 347-101 LEC (65054)	Online		
	GEOS 170A1-001 LEC (44486)	MoWeFr 12:00PM - 12:50PM Social Sciences, Rm 100		
	MATH 107-002 LEC (60950)	TuTh 9:30AM - 10:45AM Education, Rm 353		

Your Advisement Report is the official record of your progress toward graduation. It follows the same general sequence as your FSHD catalog checklist. We recommend you utilize your advisement report to help you complete your FSHD checklist, and stay on track to graduation.





## FSHD REQUIREMENTS

### FSHD Pre-Major Requirements

#### FSHD Pre-Major

#### FSHD Supporting Pre-Major Courses:

##### Foundation English

ENGL 101/ENGL 107 \_\_\_\_\_

ENGL 102/ENGL 108/ENGL 109H \_\_\_\_\_

##### Social Sciences & Human Behavior

(select TWO courses)<sup>1</sup> \_\_\_\_\_

ANTH 200, 202, 261, 265, 364; EDP 200; FSHD 200, 347;  
PHIL 241, 346, 347; PSY 101\*, 200, 216, 302, 306, 346, 347, 364;  
SOC 101, SOC 324

\* PSY 150 and PSY 101 are equivalent courses. If PSY 150 is taken to fulfill a Tier I INDV, students may not take PSY 101 to fulfill a Social Science and Human Behavior Requirement

#### FSHD Core Pre-Major Courses:

##### Research Methods (select ONE course)

FCSC 202, PSY 290A, SOC 374, OR AFAS 302 \_\_\_\_\_

##### Statistics (select ONE course)

FCSC 201, PSY 230, SOC 375, SBS 200, Math 163, \_\_\_\_\_  
Math 263, ISTA 116

##### FSHD Lower Division Coursework

FSHD 197A: Introduction to FSHD (1 Unit) \_\_\_\_\_

FSHD 117: Lifespan Human Development \_\_\_\_\_

FSHD 237: Close Relationships \_\_\_\_\_

FSHD 257: Dynamics of Family Relations \_\_\_\_\_

To progress into the FSHD Major and begin taking upper division FSHD courses, students must complete all FSHD Pre-Major Coursework (both supporting courses and core courses)

Additionally, FSHD Core Pre-Major Courses must be completed with grades of C or better

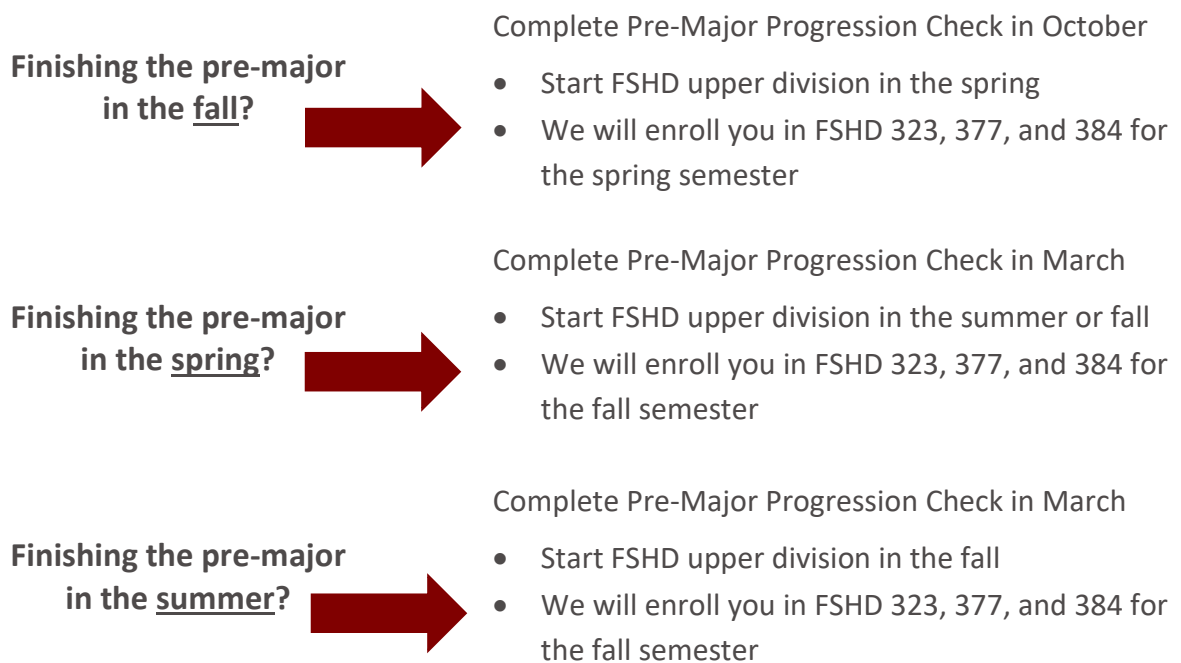
For students who have not completed pre-major courses with necessary grades, there is a petition process that may be initiated by meeting with your FSHD academic advisor

\* Courses taken to fulfill Tier One or Tier Two General Education Requirements may not apply to the FSHD Pre-Major, Major, or FSHD Supporting Coursework.

Important Reminder:  
General Education courses & Foreign Language are not part of the FSHD Pre-Major, and do not need to be completed before progression

## **FSHD Major Progression**

- **The semester that all pre-major coursework is completed or in progress**, students are eligible to complete their FSHD Major Progression Check Advising Appointment
- The FSHD Major Progression Check is available 2 times per year, in the Fall and Spring
- For all students who complete their progression check advising appointment by the deadline, FSHD advisors will assist students in enrolling in their first three upper division FSHD classes for the following semester: FSHD 323, 377, and 384
- Once your final pre-major grades post, and you have successfully passed pre-major classes, students will officially change from pre-FSHD to FSHD
- Once students are officially part of the FSHD major, they will be charged a \$200 per semester student fee, which goes toward FSHD student services, internship coordination, and courses



## **FSHD Major Requirements**

### **FSHD Major Courses**

Completion of all pre-major coursework is required to take FSHD upper division courses

#### **FSHD CORE COURSEWORK: 7 Classes Total**

FSHD 323: Infancy/Child Development	_____
FSHD 377: Adolescence	_____
FSHD 384: Leadership/Ethics/Professional Practices	_____
FSHD 413: Issues in Aging	_____
FSHD 427A: Prevention and Treatment of Problems in Adult Development and Relations	_____
<u>OR</u> FSHD 427C: Prevention and Treatment of Problems in Child & Adolescent Development and Relations	_____
FSHD 447A: Sociocultural Context of Development	_____
<u>OR</u> FSHD 447C: Biosocial Development	_____
FSHD 487: Advanced Family Relations	_____

#### **FSHD SUPPLEMENTAL COURSEWORK: 3 Classes Total**

##### Complementary Advanced Topics

FSHD 401, 405, 408, 427A/C, 447A/C, 450, 496Z; FCSC 496A/C	_____
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##### Applied Skills and Methods in FSHD

FSHD 491, 492, 493, 494, 499	_____
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##### Upper Division FSHD Elective

Any additional Comp Topic or Applied Skills Class	_____
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FSHD Upper Division Core Coursework:  
The FSHD degree consists of 10 total upper division FSHD courses. Seven Core Courses are required, and 3 Elective Courses are required.

Complementary Topic: FSHD Upper Division Content Course of your choosing (see list below)

Applied Skills & Methods: Courses designed to give students experience outside of the classroom (see list below)

Upper Division Elective: Students can choose to take another Complementary Topic Content Course that fits their interests, or students can choose to complete another Applied Skills course to gain additional experience outside of the traditional classroom setting

### **What are Complementary Topics Courses?**

Complementary Topics Courses are FSHD courses you get to choose, based on your interests!

- FSHD 401 - Basic Skills in Counseling
- FSHD 405 - Theories of Counseling
- FSHD 408 - Program Planning and Evaluation
- FSHD 427A – Prevention and Treatment of Problems in Adult Development and Relations
- FSHD 427C – Prevention and Treatment of Problems in Child/Adolescent Development and Relations. \*If FSHD 427A is used to fulfill the FSHD core coursework, students may then choose to take FSHD 427C to complete their Complementary Topic requirement, and vice versa
- FSHD 447A: Sociocultural Context of Development
- FSHD 447C: Biosocial Development \*If FSHD 447A is used to fulfill the FSHD core coursework, students may then choose to take FSHD 447C to complete their Complementary Topic requirement, and vice versa
- FSHD 450 – Human Sexuality
- FSHD 496Z - Topics in FSHD (topics change and are offered based on instructor availability)

**Reminder About Upper Division Units:** 42 Upper Division Units (300-400 level) are required to graduate. FSHD Students need to be aware of this requirement and ensure they are meeting it

## What are Applied Skills Courses?

### FSHD 493 - Internship or FSHD 494 Practicum

Supervised, experiential, and professional work related to FSHD. These experiences give students the opportunity to practice classroom learning in a real world setting. They also provide the opportunity to gain experience working with organizations, or with demographics, that you are passionate about

- The Internship Course is offered in the fall and spring semesters.
- Internships must be completed in Tucson, and students must be FSHD Majors to enroll
- 2.25 GPA (Major and Cumulative GPA) is recommended
- The Practicum Course is offered online in the summer
- Practicum experiences can take place away from Tucson. Practicum is open to FSHD majors, pre-majors, and minors

FSHD internship opportunities are posted online here: <https://cals.arizona.edu/fcs/fshd/internships-and-jobs>, and sent to the FSHD email listserv weekly

### FSHD 492 - Directed Research

Supervised work alongside a faculty member, participating in academic research related to FSHD. These experiences are great for those students interested in graduate school, or those interested in developing their research skills

- 2.25 GPA (Major and Cumulative GPA) is recommended
- Look at Research Opportunities online:  
[http://cals.arizona.edu/fcs/fshd/internships/ugra\\_guidelines](http://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines) OR Contact faculty members you are interested in working with. Browse faculty research at <https://cals.arizona.edu/fcs/> and go to Directory → Faculty and Appointed Professionals → Family Studies and Human Development
- Once you find a research opportunity, complete the independent study form and turn your application in to Student Services (McClelland Park room 203) in order to get enrolled. Talk with your faculty member about the course best for you:
  - Research – FSHD 492 (letter graded, does count toward GPA)
  - Independent Study – FSHD 499 (Pass/Fail, does not count toward GPA)
  - Honors Thesis – FSHD 498H (letter graded, does count toward GPA)

### FSHD 491 - Preceptorship

Supervised teaching experience alongside an FSHD faculty member. Preceptors are part of a teaching team and help facilitate learning in FSHD classes they have previously and successfully completed

- GPA requirements are up to the instructor you are working with
- Talk with instructors you are interested in preceptoring for
- Once you find a preceptor opportunity, complete the preceptor application and turn your application into Student Services (McClelland Park room 203) in order to get enrolled

### Applied Skills Information and Applications Can be Found Online:

<https://cals.arizona.edu/fcs/fshd/internships/experiential>

Internships: <https://cals.arizona.edu/fcs/fshd/internships/experiential>

Practicum: <https://cals.arizona.edu/fcs/fshd/internships/practicum>

Research: [https://cals.arizona.edu/fcs/fshd/internships/ugra\\_guidelines](https://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines)

Preceptor Form: <http://cals.arizona.edu/fcs/fshd/advising/forms>

Turn completed applications in to McClelland Park room 203, and advisors will enroll you in your units

## **FSHD Course Descriptions**

### **FSHD Lower Division Courses (Pre-Major)**

**FSHD 117: Lifespan Human Development** - Behavioral science approach to human development through the lifespan

**FSHD 237: Close Relationships** - Behavioral science approach to close relationship development

**FSHD 257: Dynamics of Family Relations** - The modern family and its relationships with emphasis on marriage and interpersonal relationships

### **FSHD Upper Division Courses (Major)**

**FSHD 323: Infancy/Child Development** - Growth, development, and socialization of the child within the family setting, from conception to the middle school years; observations of infants and preschoolers

**FSHD 377: Adolescence** - Growth, development and socialization of the child from the middle school years through adolescence

**FSHD 384: Leadership, Ethics, and Professional Practices** - Theories and applications of leadership and communication applied to professional decision-making, planning and control in the workplace. Examination of personal and professional qualities essential for successful internship and career planning. Roles, responsibilities, and ethical standards for professionals will be examined

**FSHD 413: Issues in Aging** - This course covers a wide range of issues associated with aging, including physical/health changes, social/familial contexts, retirement/economic circumstances as well as the socio-historical and gender-ethnicity factors that affect the experience of aging

**FSHD 447A: Sociocultural Context of Development** - In-depth examination of human development from a sociocultural perspective; focus on socialization processes in childhood and adolescence and the role of the social and cultural context in those processes

**FSHD 447C: Biosocial Development** - This course addresses topics in human development (e.g., family relationships, sexual development, competitive behavior, sex differences, the adolescent brain) from evolutionary and biosocial perspectives

**FSHD 487: Advanced Family Relations** - Critical analysis of selected studies and current research in family relations

**FSHD 401: Basic Skills in Counseling** - Selected counseling skills and their applications. Designed for students needing basic skills in counseling as an adjunct to other primary occupational functions

**FSHD 405: Theories of Counseling** - Techniques for the study of human behavior; implications for improving adult-child relationships, applying various theories of counseling

**FSHD 408: Program Planning & Evaluation** - Basis for and process involved in developing and/or evaluation of individual and family focused programs for schools and communities

**FSHD 427A: Prevention and Treatment of Problems in Adult Development & Relations** - Identification and analysis of major problem areas in marriage and the family, including economic, sexual, role conflict, emotional disorders, and child rearing

**FSHD 427C: Prevention and Treatment of Problems in Child/Adolescent Development & Relations** - Identification, analysis, and treatment of problems in child and adolescent development and relationships

**FSHD 450: Human Sexuality** - Overview of human sexuality from development and interpersonal perspectives, topics to include reproductive physiology and health, sexual function and dysfunction, educational and intervention strategies

## Additional Supporting Coursework

The FSHD Major requires 2 Biological Processes & Development courses, and 1 Advanced Composition/Writing Skills class. Students can begin these supporting courses while part of the FSHD Pre-Major.

### ADDITIONAL SUPPORTING COURSES: 9-11 Units

#### Biological Processes & Development \_\_\_\_\_ & \_\_\_\_\_ (Select TWO courses)<sup>1</sup>

MCB 181R, ECOL 182R, NSC 101\*, NSC 301, NSC 310,  
TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324

\*NSC 170C1 and NSC 101 are equivalent courses. If NSC 170 is taken to fulfill a Tier I NATS, students may not take NSC 101 to fulfill a Biological Processes requirement

NSC 301 and NSC 310 are typically available fall & summer. For fall semesters, seats in NSC 301 will open to FSHD during open registration

#### Advanced Composition (Select ONE course) \_\_\_\_\_ FCSC 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

Courses taken to fulfill the Biological Processes area may not also count toward Tier I or Tier II general education

#### **Biological Processes & Development:**

Students interested in health professions or graduate schools that require Biology or Physiology should consider taking those sciences to fulfill this requirement. Students who are not interested in health professions, or students who struggle in science, are encouraged to take the NSC, TLS, or ANTH course options

**MidCareer Writing Assessment:** Students who did not pass ENGL 102 or ENGL 109H with a B or better, must complete this upper division writing skills requirement with a B or better in order to fulfill the University of Arizona's writing requirement necessary for graduation

Now that you've reviewed all the FSHD Course Requirements, review the FSHD Course Requirements List (for your catalog year) on our website. This list gives you information about course options, typical semester availability, prerequisites, and other enrollment information: <https://cals.arizona.edu/fcs/fshd/advising/checklists>

## Minor Requirements

All FSHD Students are Required to Have a Minor

- Most Minors are at least 18 units, and 9 units must be upper division
- Students are encouraged to choose a minor in an area related to their career goals
- You may choose any minor on campus, or take courses toward a thematic minor
  - Minor Advising Directory: <http://advising.arizona.edu/advisors/minor>
- Many FSHD students also choose to complete a thematic minor. A thematic minor allows students to create and structure their own minor in consultation with an FSHD advisor
  - Thematic minors encourage students to take a variety of courses that will prepare them for future goals and careers
  - Common themes include Counseling, Education, Health, Social Work, and Law & Policy
  - For more information about Thematic Minors visit our website: [http://cals.arizona.edu/fcs/fshd/advising/fshd\\_thematic\\_minor](http://cals.arizona.edu/fcs/fshd/advising/fshd_thematic_minor)

## FSHD & PRE-HEALTH PROFESSIONS

FSHD is a friendly major to those students interested in health related professions:

- Nursing
- Occupational Therapy
- Physical Therapy
- Physician's Assistant
- Physicians

Students interested in Pre-Health professions should talk with both their FSHD Advisor and a Pre-Health Advisor about how to incorporate sciences into their UA Degree in order to meet science pre-requisites

Pre-Health Advising: <http://clas.arizona.edu/prehealth/advising-resources>

### Example of Incorporating Pre-Health Sciences:

#### TIER ONE GENERAL EDUCATION (two courses in each category)

INDIVIDUALS & SOCIETIES (150)

\_\_\_\_\_

\_\_\_\_\_

NATURAL SCIENCES (170)

**NSC 170C1**

\_\_\_\_\_

**CHEM 101A or 151**

\_\_\_\_\_

TRADITIONS & CULTURES (160)

\_\_\_\_\_

\_\_\_\_\_

#### TIER TWO GENERAL EDUCATION (one course in each category)

Arts \_\_\_\_\_

Humanities \_\_\_\_\_

Natural Sciences **CHEM 101B or 152**

\_\_\_\_\_

Diversity (can be fulfilled with approved GE course) \_\_\_\_\_

#### ADDITIONAL SUPPORTING COURSES: 9-11 Units

Biological Processes & Development \_\_\_\_\_ & \_\_\_\_\_  
(Select TWO courses)<sup>1</sup>

**MCB 181R**, ECOL 182R, NSC 101<sup>\*</sup>, NSC 301, NSC 310,  
TLS 201, TLS 360, **PSIO 201**, PSIO 202, PSIO 380, ANTH 324

<sup>\*</sup>NSC 170C1 and NSC 101 are equivalent courses. If NSC 170 is taken to fulfill a Tier I NATS, students may not take NSC 101 to fulfill a Biological Processes requirement

NSC 301 and NSC 310 are typically available fall & summer. For fall semesters, seats in NSC 301 will open to FSHD during open registration

Advanced Composition (Select ONE course) \_\_\_\_\_

FCSC 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

#### **FSHD THEMATIC MINOR** OR OTHER MINOR: 18 Units (9 must be upper division)

FSHD majors can choose any minor on campus or create a thematic minor in consultation with an FSHD advisor

**PSIO 201**

\_\_\_\_\_

**Upper Division**

**MIC 205A**

\_\_\_\_\_

**Upper Division**

**Lower Division**

\_\_\_\_\_

**Upper Division**



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## FSHD CAREER OPPORTUNITIES

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The FSHD program at the University of Arizona provides a multidimensional approach to understanding human behavior and relationships from psychological, social, cultural, and biological perspectives. You will build interpersonal skills and learn how to apply your knowledge in a career or graduate program that suits your interests and goals.

In the FSHD program, you will explore topics like adolescence, child development, family relationships, mental health, counseling, youth programs, and more. You will partner with faculty that have firsthand experience working with families and individuals in many contexts. Our program has an excellent network of community agencies and programs that provide internship opportunities and hands-on learning for our students to apply what they learn in real-world settings.

Whether you're stepping directly into a people-focused career after graduation or using your FSHD degree as a launch-pad into a master's program, we will provide you with knowledge, skills, and opportunities to put them to use throughout your experience in our program. Launch your career in the helping professions to improve life for children, teens, older adults, individuals and families. Soon you will be providing support to people in need, and you will be well-equipped to meet challenges head-on.

Family Studies leads to a variety of rewarding careers & graduate school opportunities. Here are just a few of the possibilities:

- Rehabilitation/Mental Health Counseling
- Social Work
- Nursing
- Occupational Therapy
- Human Resources
- Child Life Specialist
- School Counseling
- Social Policy
- Community and Public Health
- Education
- Marriage and Family Counseling
- Program Development and Coordination
- Child Advocacy
- Family Law
- Social Science Research
- Healthcare
- Medical School
- Physical Therapy
- Physician's Assistant
- Gerontology

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## TRANSFER CREDIT

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<https://transfercredit.arizona.edu/>

For all transfer coursework, before taking the course you should verify that credits will transfer to UA and fulfill necessary requirements.

### For courses taken at Arizona Community Colleges:

- Use the aztransfer.com Course Equivalency Guide to make sure that you take correct courses at your local AZ community college: <http://aztransmac2.asu.edu/cgi-bin/WebObjects/CEG>
- For a list of common course equivalencies at Pima, Arizona Western, and Rio Salado for FSHD requirements, see Transfer Course Equivalency List on our website: <https://cals.arizona.edu/fcs/fshd/advising/forms>

### If You Plan to Take Courses Outside of Arizona:

- View the UA Transfer Credit Guide to see if the out of state courses at the institution you will attend have already been evaluated: [http://aztransfer.com/UACEG/UA\\_CEG\\_OutOfState.html](http://aztransfer.com/UACEG/UA_CEG_OutOfState.html)

### Transfer Credit Approvals:

- For approval of other courses not listed on the UA Transfer Credit Guide or on the AZTransfer.com Course Equivalency Guide, submit a Course Equivalency or Credit Request here: <https://transfercredit.arizona.edu/content/credit-evaluation>
- Math courses need specific approval from the Math department: <http://math.arizona.edu/academics/placement/credits>

### Transfer Credit Reminders:

- C or better needed in all transfer work
- You cannot GRO classes taken elsewhere
- Once coursework is complete, you need to send official transcripts to the UA: <http://registrar.arizona.edu/academics/sending-college-level-transcripts-ua?audience=students&cat1=7&cat2=28>

### Studying Abroad

<https://global.arizona.edu/study-abroad>

If you plan to study abroad, see your advisor early to talk about planning for your semester away. Many FSHD students study abroad, and graduating in four years while also studying abroad is definitely feasible with the right planning:

- Saving some general education & minor coursework is often the best, although if you study at an institution abroad that has a Family Studies Program, you may be able to earn credit toward your major
- Consider when you want to go, and consider the classes you would take while away

## REGISTRATION TIPS AND REMINDERS

**Notices & Holds**

Past Due Balance No Adds  
 Past Due Balance No Transcript  
 Update Emergency Contact  
 UAlerts Opt Out

details ►

Check notices and holds - past due balance, academic probation/advising holds, etc. may restrict you from registering!

Every student is given an enrollment date, which is assigned in UAccess. Your registration appointment will begin at 6AM on the date assigned, and remain open until the start of the next semester.

Starting in October and March each semester, you can view your enrollment date on your UAccess student page.

This will tell you when you can start adding courses to your shopping cart and when you can begin enrolling in courses.

**Enrollment Dates**

**Shopping Cart Appointment**  
 Your Shopping Cart for the Fall 2016 Regular Academic Session is available for use beginning March 1, 2016 @ 6:00AM

**Enrollment Appointment**  
 You may begin enrolling for the Fall 2016 Regular Academic Session on April 11, 2016 @ 6:00AM

details ►

Remember that your enrollment date is based on your class standing, which is based on units completed as of the beginning of this semester, not how many years you've been a student.

- Fewer than 30 units = freshmen registration
- 30 or more units = sophomore registration
- 60 or more units = junior registration
- 90 or more units = senior registration

Registration dates are also listed on the Registrar's Website:

<https://www.registrar.arizona.edu/students/courses/enrolling-in-courses?audience=students&cat1=10>

### Common Enrollment Error Messages:

If you get an error message when enrolling in a course, take a minute to think about why:

- Do you meet the enrollment requirements and prerequisites listed for the course on UAccess?
- Are you trying to enroll in a course that is restricted only to Honors students?
- Are you trying to enroll in a course through the Yuma or UA South campus?
  - When searching for courses, always click on the course and look at the "enrollment requirements" listed
  - You can also use the "check availability" feature in your UAccess shopping cart in order to determine your ability to enroll in a course
  - During the beginning of your enrollment period, some courses may only be available to students declared in certain majors. Once all students (Seniors through Freshmen) have had their enrollment period, departments will often open courses that may have been restricted to you earlier (like PSY and SOC courses). This means that you can keep courses in your shopping cart, and try enrolling later on, once some courses become available to you.
- Trying to enroll in more than 19 units?
  - You need permission to enroll in more than 19 units, and can get that permission from CALS advisors. You can stop by Forbes 203, or call 520-621-3616 for permission.

## Tips: Searching for Classes

**Search for Classes**

**Institution**

**Term**

**Class Search**

**Show Open Classes Only**

**Subject**

**Interdisciplinary Interest Area**

**Course Number**

**Course Career**

**Course Keyword**

**Mode of Instruction**

**Campus**

**Location**

**Class Attribute requires a Class Attribute Value to be selected.**

**Course Attribute**

**Course Attribute Value**

**Class Attribute 2**

**Class Attribute Value 2**

**Additional Search Criteria**

**Meeting Start Time**

**Meeting End Time**

**Days of Week**

Mon  Tues  Wed  Thurs  Fri  Sat  Sun

**Instructor Last Name**

**Class Nbr**

**Minimum Units**

**Maximum Units**

**Course Component**

**Session**

Make sure you are searching in the correct term

If you want to see all classes offered, even classes that are currently full, uncheck the “show open classes only box”

Looking for a specific class in a certain subject area? Use the subject search area, and type in the course number

Looking for an online class? You can search for fully online courses

Use Course Attribute and Course Attribute Value Fields to search for GE classes. Remember, you can fulfill your Diversity Requirement through approved Gen Ed courses (usually Tier I INDVS, Tier I TRADs, Tier II Humanities, and Tier II Arts)

Additional Search Criteria is helpful when searching for classes offered during specific times, days, or sessions (7 week sessions are available for many GE courses each semester)

### FSHD 323 - 101 Infancy/Child Development

The University of Arizona | Fall 2019 | Lecture

Class Details			
<b>Status</b>	<span style="color: green;">●</span> Open w/Req	<b>Career</b>	Undergraduate
<b>Class Number</b>	64965	<b>Dates</b>	8/26/2019 - 12/11/2019
<b>Session</b>	Regular Academic Session	<b>Grading</b>	Regular Grades A, B, C, D, E
<b>Units</b>	3 units	<b>Location</b>	Yuma
<b>Instruction Mode</b>	Fully Online	<b>Campus</b>	Distance
<b>Class Components</b>	Lecture Required		

Meeting Information			
Days & Times	Room	Instructor	Meeting Dates
TBA	Online	Linda Pallock	08/26/2019 - 12/11/2019

Enrollment Information	
<b>Enrollment Requirements</b>	Must be a UA Yuma Distance Campus student.

When Registering for FSHD Courses, make sure you look at location (Main Campus)

Courses offered through the Yuma Campus are not available to UA Main Campus students

For all courses, make sure you look at enrollment information and course prerequisites to determine eligibility to enroll

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## IMPORTANT UA POLICY INFORMATION

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Get to know the Catalog: <http://catalog.arizona.edu/>

Get to know the Registrar's Website: <http://www.registrar.arizona.edu/>

### Dates & Deadlines

- Make sure you understand important deadlines each semester, like last day to add courses, last day to drop without a W, last day to drop on your own through UAccess, last day to file for GRO, and last day to receive a refund. Bookmark this page and refer to it every semester <http://registrar.arizona.edu/courses/dates-deadlines?audience=students&cat1=10&cat2=30>

### Grade Replacement Opportunity (GRO)

- You can replace up to 3 courses or 10 units with a new grade. You are only eligible before you reach 60 units earned at UA <http://registrar.arizona.edu/academics/grade-replacement-opportunity-gro>

### Withdrawing from Courses

- Understand Withdrawal Deadlines and Withdrawal Options
- You can receive a W in a maximum of 18 units (6 classes)
- Medical / Retroactive Withdrawal is possible for students with medical or personal circumstances affecting completion of coursework
- Always talk with advisors about these policies and the options best suited for you

### Back 2 UA

- You can leave the UA for two semesters, if you are in good academic standing, and return without having to reapply to the university <https://admissions.arizona.edu/how-to-apply/returning-students/back2ua>
- If you have a scholarship, check with the Scholarship Office about taking time away from UA

### Financial Aid & Bursar's Office

- Understand your financial aid and ask questions
- Review information about summer financial aid: <https://financialaid.arizona.edu/managing-my-aid/summer-financial-aid-information>
- For tuition and fees visit the bursar's office: <http://bursar.arizona.edu/students/fees>

### Academic Eligibility

- A 2.0 GPA is required to be in good academic standing. Students below a 2.0 are on academic warning or probation, and are required to meet with advisors to go over academic plans. <https://catalog.arizona.edu/policy/undergraduate-academic-eligibility-policy>

### Have a scholarship?

- Make sure you understand how many units you need to take each year at UA: (most require 30 units per academic year at the University of Arizona) <https://financialaid.arizona.edu/types-of-aid/scholarships>

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## IMPORTANT CAMPUS RESOURCES

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**Registrar:** <http://registrar.arizona.edu/>

**Academic Dates, Deadlines, and Enrollment Information:**

<http://registrar.arizona.edu/students/courses/enrolling-in-courses>

**Academic Catalog:** <http://catalog.arizona.edu/>

**Advising Resource Center:**

<https://advising.arizona.edu>

**Think Tank:** [thinktank.arizona.edu](http://thinktank.arizona.edu)

**Writing Skills Improvement Program:**

<http://wsip.arizona.edu/>

**Study Abroad:** <https://global.arizona.edu/study-abroad>

**Pre-Health Advising:**

<http://clas.arizona.edu/prehealth/advising-resources>

**Campus Health:**

<https://www.health.arizona.edu/>

**CAPS (Counseling Services):**

<https://health.arizona.edu/counseling-psych-services>

**Scholarships & Financial Aid:**

<https://financialaid.arizona.edu/>

**Bursar's Office:** <http://bursar.arizona.edu/>

**UA Phonebook:**

<http://directory.arizona.edu/phonebook>

**UITS (technology services):**

<http://uits.arizona.edu/>

**UA Libraries:** <http://new.library.arizona.edu/>

**Student Engagement & Career**

**Development:** <http://career.arizona.edu/>

**CALS Career Center:**

<http://cals.arizona.edu/students/cals-career-center>

**ASUA:** <https://asuatoday.arizona.edu/>

**Dean of Students:**

<https://deanofstudents.arizona.edu/>

**Student Groups & Resource Centers:**

[deanofstudents.arizona.edu/getting-involved](http://deanofstudents.arizona.edu/getting-involved)

**Leadership Programs:**

<http://leadership.arizona.edu/>

**Disability Resource Center:**

<http://drc.arizona.edu/>

**THRIVE Center:** <https://thrive.arizona.edu/>