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# MEET WITH FSHD ADVISING

**Liz Collins, Academic Advisor**  
[eamartin@email.arizona.edu](mailto:eamartin@email.arizona.edu)  
McClelland Park, room 203  
FSHD Majors

To schedule an appointment and view weekly drop-in availability, visit the FSHD Advising Website:  
[https://cals.arizona.edu/fcs/fshd/advising](https://cals.arizona.edu/fcs/fshd/advising)

## Appointments, Drop-Ins, and Email – Determine What is Best for You:

<table>
<thead>
<tr>
<th>Schedule an Appointment 20-30 Minute Meeting</th>
<th>Drop-In Advising Quick 5-10 Minute Meeting</th>
<th>Email Quick questions/clarifications</th>
</tr>
</thead>
</table>
| • Course planning past the current semester (graduation plan)  
• Minor exploration  
• Degree checks for graduation  
• Transfer credit approvals  
• Study Abroad planning  
• Concerns about academic difficulties and advice about academic success strategies  
• Personal exploration regarding graduate school, internships, jobs, etc.  
*Make advising appointments online & write down your appointment date and time so you remember to attend.* | • General information about course offerings or course content  
• Verification of existing schedule  
• General information about major requirements or UA policy  
• Quick Signatures  
• Questions like: “Can CHEM 101A fulfill a NATS requirement?”  
• If you have an urgent question that may be longer than a drop-in question, please feel free to drop-in. We will do what we can in the allotted time, and schedule a follow-up meeting if needed  
*Drop-in advising is on a first-come, first-served basis. There may be a wait, so make sure you have time to stop by.* | • Clarification if you are unsure an appointment is necessary  
• Clarification of a UA policy or procedure  
• Quick review of your current course schedule  
• Other inquiries – if I can answer your question over email, I will. If your question is more complex, I’ll recommend that you make an appointment or attend drop-in advising hours to talk more  
*Make sure you use your UA email address for advising communication. Allow 24-48 hours for a response.* |
Make the Most of Academic Advising: Before, During, and After Your Meeting

**Before Advising Meeting**
- Determine what kind of advising appointment you need
- Familiarize yourself with the UA Calendar and be aware of University and College deadlines
- Review your academic advisement report
- Come prepared with an FSHD catalog checklist and/or questions written down
- Bring advising materials from previous appointments
- Cancel at least 24 hours in advance if you are unable to attend

**During Advising Meeting**
- Arrive on time
- Sign in at the front office
- Turn off or silence your cell phone
- Be open with your advisor on how things are going academically and personally
- Be willing to share things about yourself so we can better understand your goals and interests
- Ask questions and take notes

**After Advising Meeting**
- Keep an advising folder with information you learn in all your advising appointments
- Complete any necessary follow up steps that your advisor recommended
- Seek available campus resources and opportunities discussed in your appointment
- If something is unclear afterwards, send follow up questions via email or attend drop-in hours

**ADVISING ROLES & RESPONSIBILITIES**

**Student Responsibilities**
- Read University Email Daily
- Take the initiative to meet with your advisor at least once per semester, or as often as needed, to discuss your progress
- Be involved in the advising process by being prepared to discuss your goals and educational plans during meetings, bring questions and necessary materials to meeting, and be open to suggestions
- Take responsibility for making academic and career decisions based on available information and advice
- Develop a working knowledge of policies, procedures, deadlines, and campus resources.
- Execute an academic plan directed toward completing your degree
- Review and become familiar with your major/minor requirements each semester and track your progress towards graduation
- Utilize UA resources that will help you succeed academically and prepare for life after graduation

**Advisor Responsibilities**
- Provide accurate and consistent information
- Clarify, interpret, and confirm program requirements, policies, procedures, and deadlines
- Advise students in exploring and defining academic and career goals
- Assist students with creating short and long-term academic plans
- Assist students with making academic and career decisions consistent with interests, values, and abilities
- Listen responsively to address questions, concerns, and problems
- Facilitate relationships between students and other individuals on campus; refer students to appropriate support services when needed
- Maintain confidentiality according to the Family Educational Rights and Privacy Act (FERPA)
- Consider student’s best interest when advocating for policy or curricular changes
- Be available and accessible to answer questions
GET TO KNOW YOUR ADVISORS

As an FSHD student in the College of Agriculture and Life Sciences (CALS), you have two sets of advisors - an FSHD Major Advisor and a College Advisor. Below is a description of each advisor’s role

**FSHD Major Advisors – McClelland Park Room 203:**

Major coursework advising
- Course selection and sequencing, meeting FSHD graduation requirements
- Evaluation of transfer credit in the major

Getting involved on campus
- Finding clubs, internships, and research opportunities
- Connecting with FSHD faculty and internship coordinator
- Liz Collins – FSHD Academic Advisor – eamartin@email.arizona.edu

**CALS CAS Advisors – Forbes Room 203:**

Process forms and petitions, acts as Dean’s signature
- General education petition
- Withdrawals past week 10
- Academic eligibility advising for students below 2.0 GPA

Policy interpretation and enforcement
https://cals.arizona.edu/students/advising

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STUDENT RESPONSIBILITIES

**Student Four Year Timeline:** Your advisors are here to help you with all these steps. Every semester it is recommended that you meet with your advisor at least once (or as much as needed), and that you always ensure your wellbeing comes first by reaching out for personal or academic assistance when necessary.

<table>
<thead>
<tr>
<th>1st Year</th>
<th>2nd Year</th>
<th>3rd Year</th>
<th>4th Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore interests, strengths, and careers</td>
<td>Finalize and declare major(s) and minor(s)</td>
<td>Research career options and graduate programs</td>
<td>Apply for graduation and meet with your advisor to complete your degree check</td>
</tr>
<tr>
<td>Make tentative plan of classes year by year</td>
<td>Seek volunteer opportunities, internships, research, and/or study abroad</td>
<td>Talk to advisors, internship coordinators, and career services to enhance professional skills</td>
<td>Finalize career, professional, or graduate school plans</td>
</tr>
<tr>
<td>Get involved with clubs, organizations, and volunteering</td>
<td>Update resume</td>
<td>Update resume</td>
<td>Apply for graduate or professional schools</td>
</tr>
<tr>
<td>Start looking into internships, research, and/or study abroad</td>
<td>Develop relationships with faculty and attend office hours</td>
<td>Continue volunteer opportunities, internships, research, and club involvement</td>
<td>Submit resumes and begin interviewing</td>
</tr>
<tr>
<td>Start building a resume</td>
<td>Research post-graduation options and talk with mentors about your goals</td>
<td>Take graduate entrance exams</td>
<td></td>
</tr>
<tr>
<td>Start to develop effective time management and study strategies</td>
<td>Stay involved in activities that suit interests and goals</td>
<td>Continue connecting with faculty and mentors</td>
<td></td>
</tr>
</tbody>
</table>
Student Semester Timeline: Your advisors are here to help you with all of these steps

**Term Begins:** Identify semester goals and finalize semester schedule

**Week 1:** If necessary, make any last-minute changes to your schedule
*Check academic deadlines on the Registrar’s website regarding adding and dropping courses for the semester*

**Week 2:** Evaluate how you are doing in your classes. Make a time management plan for the semester.
*The deadline to drop a course without a W occurs the 2nd week of classes*

**Weeks 3-8:** Visit your instructors during their office hours before your first exams and papers. Start looking into clubs, volunteer opportunities, and campus resources to support your success.
*During weeks 3 through 10, you can drop a course through UAccess but will receive a W on your transcript (you can receive a maximum of 18 units of W at the UA)*

**Week 7-8:** Get ready to register for next term and make an appointment with your academic advisor

**Week 8-10:** Re-evaluate how you are doing in your current courses. Attend office hours and seek academic assistance when necessary.
*The final withdrawal deadline will occur week 10*

**Weeks 11-13:** *During weeks 11-13, students can drop a course with a W only through a Late Change Petition, which must be filed through the College Dean’s Office (Forbes 203) and signed by your instructor*

**Week 13 - Finals Week:** Complete any projects due at the end of the term. Verify final exam schedule and start to review. Visit office hours and Think Tank for extra help.
*Complete withdrawal from all classes is available until the last day of classes*

*If you are enrolled in a dynamically dated class (5 weeks, 7 weeks, etc.) make sure you look at the Dates and Deadlines for those classes to understand add/drop deadlines, as they will be different from 15 week courses*

[https://www.registrar.arizona.edu/courses/dates-deadlines](https://www.registrar.arizona.edu/courses/dates-deadlines)
## University Foundation Requirements

### English
Choose one of the following sequences based on placement
- ENGL 101 & 102
- ENGL 107 & 108
- ENGL 109H (requires placement)

### Math
FSHD requires College Algebra
- Math 107, Math 112, or Higher Math

Students must test into College Algebra or complete the necessary math sequence based on placement. For example:
- Math 100 → Math 107 or Math 112
  *Math 107 does not serve as a prerequisite to other math and science courses. Consult with your advisor if you have questions about the math course best for you

It is highly recommended that students complete College Algebra before their junior year. Meet with your advisor to plan correctly!

### Foreign Language
FSHD requires 2nd semester language proficiency
There are 3 Ways to demonstrate proficiency:
- Complete a 2nd semester language course with a C or better (e.g., SPAN 102, FREN 102)
- Score the equivalent of 2nd semester skill level on a language proficiency exam administered in person by UA
- AP, IB, or CLEP exam scores

### Placement Information
- Writing Placement: [https://english.arizona.edu/foundations-writing](https://english.arizona.edu/foundations-writing)
- Math Placement: [http://math.arizona.edu/academics/placement](http://math.arizona.edu/academics/placement)
- Language Proficiency Requirements and Exam: [http://advising.humanities.arizona.edu/second-language-proficiency-requirements](http://advising.humanities.arizona.edu/second-language-proficiency-requirements)
- Testing Office, for Math Placement Test and CLEP Exam: [http://testing.arizona.edu/](http://testing.arizona.edu/)

### Math Substitution Information
FSHD does allow math & foreign language substitutions for students who have a documented learning disability, which may affect learning and comprehension in math or language courses. If you have this documentation and believe a substitution may apply to you, please make an appointment to speak with your academic advisor and the Disability Resource Center. We can talk about the process of receiving a substitution, and talk about the other types of courses available to fulfill your requirements.
General Education Requirements

<table>
<thead>
<tr>
<th>Tier I</th>
<th>Tier II</th>
<th>Diversity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals and Societies (INDV)</td>
<td></td>
<td>Diversity Emphasis Course: Focus is on Gender, Race, Class, Ethnicity, Sexual Orientation, or Non-Western Studies. Can be fulfilled through approved Tier I or Tier II Gen Eds</td>
</tr>
<tr>
<td>Choose 2 courses numbered 150, for example: HIST 150C1 and ANTH 150B1</td>
<td>ARTS</td>
<td></td>
</tr>
<tr>
<td>Traditions and Cultures (TRAD)</td>
<td></td>
<td>Notes: Courses used to fulfill Tier I or Tier II General Education requirements cannot be used to fulfill pre-major or major requirements.</td>
</tr>
<tr>
<td>Choose 2 courses numbered 160, for example: CLAS 160D1 and SPAN 160C1</td>
<td>Humanities</td>
<td></td>
</tr>
<tr>
<td>Natural Sciences (NATS)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Choose 2 courses numbered 170, for example: GEOS 170A1 and PTYS 170B2</td>
<td>Natural Sciences</td>
<td></td>
</tr>
</tbody>
</table>

FSHD does not require students to complete a Tier II INDV Gen Ed

Unit & GPA Requirements

- 120 Overall Units
- 42 Upper Division Units (300-400 level)
- 56 Units must be University Level (Not taken at a community college)
- 30 Units in Residence (In residence means taken at UA)
- 18 of 30 units in Residence must be upper division (300-400 level)
- 2.0 Cumulative GPA and 2.0 Major GPA is required to graduate
  - If a student’s GPA falls below a 2.0 at any point in their undergraduate education, they are placed on academic warning or academic probation, and are required to meet with academic advisors.
LEARNING TO USE YOUR FSHD CATALOG CHECKLIST

Access your FSHD Catalog Checklist
You can download your checklist from this link: http://cals.arizona.edu/fcs/fshd/advising/checklists

• Use the checklist for your specific catalog year or requirement term.
  o Some requirements are different based on your catalog year, so it is important that you follow the requirements for your individual requirement term, and become familiar with those requirements
  o Your catalog year is typically the year you started at the UA (although you can elect to follow later catalog years if requirements change, and if that change benefits you).
    ▪ For example, if a student is currently following the 2018 catalog requirements because they started at UA in 2018, they can choose to update their catalog year to 2020 if requirements have changed and if that change benefits them.
  o Students cannot go backward in catalog year. If you start at UA in 2020 you cannot follow a catalog year from 2019, 2018, etc.
  o Your catalog year or requirement term can be found on the first page of your advisement report (see image below, on page #9).
  o Your catalog year is important, since it tells you which FSHD checklist to use and what requirements you will follow for your graduation planning.

• Update your checklist each semester
  o Remember that your checklist is a planning tool and it should be used in consultation with your UAccess Advisement Report and your Academic Advisor
  o Bring a completed checklist to appointments to go over questions with your advisor

UNDERSTANDING YOUR ADVISEMENT REPORT

Access Your Advisement Report through your UAccess Student Center:

Your Advisement Report is the official record of your progress toward graduation. It follows the same general sequence as your FSHD catalog checklist. We recommend you utilize your advisement report to help you complete your FSHD checklist, and stay on track to graduation.
It’s recommended that you view your advisement report as a PDF document

Your Advisement Report tells you important information:

- Your requirement term or catalog year
- Your GPA (overall GPA, major GPA, and minor GPA)
- Units Required, Completed & in Progress

Note: Units listed in the total units (middle column) includes all units completed *and* currently in progress at UA.

### Graduation Requirements

<table>
<thead>
<tr>
<th>Academic level</th>
<th>Required GPA</th>
<th>Actual GPA</th>
<th>GPA Status</th>
<th>Requirement Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate Career</td>
<td>2.00</td>
<td>3.621</td>
<td>Satisfied</td>
<td>Fall 2016</td>
</tr>
<tr>
<td>Family Studies &amp; Human Dev Major (BS)</td>
<td>2.00</td>
<td>3.875</td>
<td>Satisfied</td>
<td>Fall 2016</td>
</tr>
<tr>
<td>Thematic Minor</td>
<td>2.00</td>
<td>4.000</td>
<td>Satisfied</td>
<td>Fall 2016</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit Requirements</th>
<th>Required Units</th>
<th>Total Units *</th>
<th>In Progress Units</th>
<th>Unit Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Units Required for this Degree</td>
<td>120.00</td>
<td>111.00</td>
<td>15.000</td>
<td>Not Satisfied</td>
</tr>
<tr>
<td>Upper Division Units</td>
<td>42.00</td>
<td>39.00</td>
<td>15.000</td>
<td>Not Satisfied</td>
</tr>
<tr>
<td>Units in Residence</td>
<td>30.00</td>
<td>29.00</td>
<td>15.000</td>
<td>Satisfied</td>
</tr>
</tbody>
</table>

Community College Transfer students need to pay attention to the **Community College Limit** on their advisement report - 56 university level units are required to graduate

**Community College Limit** *(R1227L10)*

- **Satisfied**: A maximum of 64 units of community college course work may apply toward graduation. A minimum of 56 units of course work must be completed at a 4-year institution, military institution, or as test credit.
- **Units**: 56.00 required, 67.00 completed

Your Advisement Report also keeps track of the courses you’ve completed and are currently taking.

TR = Transfer Course, EN = Taken and completed at UA, IP = In Progress Currently

Pay attention to the red “**Not Satisfied**” areas. If you have questions about unsatisfied requirements, talk with your academic advisor.

#### Tier I Natural Sciences

**Satisfied**: Complete 2 courses.
- **Units**: 6.00 required, 6.00 completed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall 2013</td>
<td>NSCS</td>
<td>170C1</td>
<td>Frontiers in Brain Science</td>
<td>A</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
<tr>
<td>Sprng 2014</td>
<td>GEOS</td>
<td>170A1</td>
<td>Earth: From Birth to Death</td>
<td>A</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
</tbody>
</table>

#### Tier I Traditions & Cultures

**Satisfied**: Complete 2 courses.
- **Courses**: 2.00 required, 2.00 completed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall 2014</td>
<td>CLAS</td>
<td>100B1</td>
<td>The Big Roots/ West Cult</td>
<td>C</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
<tr>
<td>Sprng 2016</td>
<td>PHIL</td>
<td>165D2</td>
<td>Mind, Matter, and God</td>
<td>C</td>
<td>3.00</td>
<td></td>
<td></td>
<td>IP</td>
</tr>
</tbody>
</table>

#### Tier II Humanities

**Not Satisfied**: Prerequisite course work in Tier 1 Traditions and Cultures (TRAD) must be completed prior to taking. If LAT 201 or 202 are used to fulfill Foundation Second Language Proficiency, they cannot be used to fulfill Tier II Humanities.
- **Courses**: 1.00 required, 0.00 completed, 1.00 needed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
</table>
FSHD REQUIREMENTS

FSHD Supporting Requirements

FSHD Supporting Requirements can be taken at any point, but it is recommended that supporting courses are completed within the first 2-3 years.

<table>
<thead>
<tr>
<th>Supporting FSHD Major Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Social Sciences &amp; Human Behavior</strong></td>
</tr>
<tr>
<td>(select TWO courses)¹</td>
</tr>
<tr>
<td>ANTH 200, 202, 261, 265, 364; EDP 200; FSHD 200, 347;</td>
</tr>
<tr>
<td>SOC 101, SOC 324</td>
</tr>
<tr>
<td>* PSI 150 and PSI 101 are equivalent courses. If PSI 150 is taken to fulfill a Tier I INDV requirement, students may not take PSI 101 to fulfill a Social Science and Human Behavior Requirement</td>
</tr>
<tr>
<td><strong>Statistics (select ONE course)</strong></td>
</tr>
<tr>
<td>FCSC 201, PSY 230, SOC 375, SBS 200, Math 163, Math 263, ISTA 116</td>
</tr>
<tr>
<td><strong>Research Methods (select ONE course)</strong></td>
</tr>
<tr>
<td>FCSC 202, PSY 290A, SOC 374, OR AFAS 302</td>
</tr>
<tr>
<td><strong>Biological Processes &amp; Development</strong> &amp; <strong>(select TWO courses)¹</strong></td>
</tr>
<tr>
<td>MCB 181R, ECOL 182R, NSC 101*, NSC 301, NSC 310,</td>
</tr>
<tr>
<td>TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324</td>
</tr>
<tr>
<td>*NSC 170C and NSC 101 are equivalent courses. If NSC 170 is taken to fulfill a Tier I NATS, students may not take NSC 101 to fulfill a Biological Processes requirement</td>
</tr>
<tr>
<td><strong>Advanced Composition (Select ONE course)</strong></td>
</tr>
<tr>
<td>FCSC 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422</td>
</tr>
</tbody>
</table>

Important notes:

PSY 150 and PSY 101 are equivalent courses. If you have taken PSY 150 to complete your general education Tier I INDV requirement, you cannot take PSY 101 for your supporting social science and human behavior requirement. Students cannot earn credit for both PSY 150 and PSY 101.

Statistics and Research Methods are both required before taking two specific upper division FSHD courses – FSHD 447A or FSHD 447C (Sociocultural or Biosocial Context of Development), and FSHD 487 (Theories of Interpersonal Family Relationships). Therefore, students should plan to take statistics and research methods before their senior year, in order to complete these FSHD classes before graduation.

* Courses taken to fulfill Tier One or Tier Two General Education Requirements may not also apply to FSHD Supporting Coursework.
FSHD Supporting Requirements Continued

The FSHD major requires 2 supporting courses focused on Biological Processes & Development, and 1 Advanced Composition/Writing Skills class. FSHD Supporting Requirements can be taken at any point, but it is recommended that supporting courses are completed within the first 2-3 years.

<table>
<thead>
<tr>
<th>Supporting FSHD Major Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Social Sciences &amp; Human Behavior</strong></td>
</tr>
<tr>
<td>(select TWO courses) 1</td>
</tr>
<tr>
<td>*PSY 150 and PSY 101 are equivalent courses. If PSY 150 is taken to fulfill a Tier I INDV, students may not take PSY 101 to fulfill a Social Science and Human Behavior Requirement</td>
</tr>
<tr>
<td><strong>Statistics (select ONE course)</strong></td>
</tr>
<tr>
<td>FCSC 201, PSY 230, SOC 375, SBS 200, Math 163, Math 263, ISTA 116</td>
</tr>
<tr>
<td><strong>Research Methods (select ONE course)</strong></td>
</tr>
<tr>
<td>FCSC 202, PSY 290A, SOC 374, OR AFAS 302</td>
</tr>
<tr>
<td><strong>Biological Processes &amp; Development (Select TWO courses) 1</strong></td>
</tr>
<tr>
<td>MCB 181R, ECOL 182R, NSC 101*, NSC 301, NSC 310, TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324</td>
</tr>
<tr>
<td>*NSC 170C1 and NSC 101 are equivalent courses. If NSC 170 is taken to fulfill a Tier I NATS, students may not take NSC 101 to fulfill a Biological Processes requirement</td>
</tr>
<tr>
<td><strong>Advanced Composition (Select ONE course)</strong></td>
</tr>
<tr>
<td>FCSC 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422</td>
</tr>
</tbody>
</table>

Courses taken to fulfill the Biological Processes area may not also count toward Tier I or Tier II general education.

**Biological Processes & Development**: Students interested in health professions or graduate schools that require Biology or Physiology should consider taking those sciences to fulfill this supporting requirement. Students who are not interested in health professions are encouraged to take the NSC, TLS, or ANTH course options.

**Midcareer Writing Assessment**: All students must take a course in this area to fulfill the advanced composition requirement in the FSHD major. However, the grade you must receive in this course depends on whether you received a B or better in ENGL 102 or ENGL 109H.

Students who did not pass ENGL 102 or ENGL 109H with a B or better, must complete this upper division writing class with a B or better in order to fulfill the University of Arizona’s writing requirement necessary for graduation.
# FSHD Major Requirements

## FSHD Major Courses

### FSHD Core Lower Division Coursework
- FSHD 197A: Introduction to FSHD (1 Unit)
- FSHD 117: Lifespan Human Development
- FSHD 237: Love, Intimacy, and Relationships
- FSHD 257: Contemporary Families

### FSHD Core Upper Division Coursework
*It is recommended that students complete FSHD 117 and all other FSHD core lower division coursework before beginning FSHD upper division coursework, see prerequisite list for all recommended/required courses
- FSHD 323: Infancy/Child Development
- FSHD 377: Adolescence
- FSHD 384: Leadership/Ethics/Professional Practices
  * FSHD 384 has a prerequisite of FSHD 197A and junior standing
- FSHD 413: Issues in Aging
- FSHD 427A: Mental Health & the Family: Adulthood
  OR FSHD 427C: Mental Health & the Family: Childhood & Adolescence
- FSHD 447A: Sociocultural Context of Development
  OR FSHD 447C: Biosocial Development
  * FSHD 447 has a prerequisite of statistics and research methods
- FSHD 487: Theories of Interpersonal & Family Relationships
  * FSHD 487 has a prerequisite of statistics and research methods

### FSHD Complementary Advanced Topics
- FSHD 401, 405, 408, 427A/C, 447A/C, 450, 496Z; FCSC 496A/C
- FSHD Applied Skills and Methods in FSHD
- FSHD 491, 492, 493, 494, 499, 498H
- FSHD Upper Division Elective
  Any additional Comp Topic or Applied Skills Class

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### FSHD Lower Division Coursework:
It is recommended that FSHD Lower Division Coursework (specifically FSHD 117) is completed before beginning FSHD Upper Division Coursework.

### FSHD Upper Division Coursework:
The FSHD degree consists of 10 total upper division FSHD courses. Seven Core Courses are required, and 3 Elective Courses are required. Some Upper Division FSHD courses have recommended and required prerequisites that students must complete before enrolling. Students should follow the FSHD Prerequisites Guide (page 17 of this guide). Following recommended and required prerequisites will ensure you are adequately prepared for all your future coursework.

### Complementary Topic: FSHD Upper Division Content Course of your choosing (see list below)

### Applied Skills & Methods: Courses designed to give students experience outside of the classroom (see list below)

### Upper Division Elective: Students can choose to take another Complementary Topic Course that fits their interests, or students can choose to complete another Applied Skills course to gain additional experience outside of the traditional classroom setting
What are Complementary Topics Courses?

Complementary Topics Courses are FSHD courses you get to choose, based on your interests!
- FSHD 401 - Basic Skills in Counseling
- FSHD 405 - Theories of Counseling
- FSHD 408 - Program Planning and Evaluation
- FSHD 427A – Mental Health & the Family: Adulthood
- FSHD 427C – Mental Health & and the Family: Childhood & Adolescence  *If FSHD 427A is used to fulfill the FSHD core coursework, students may then choose to take FSHD 427C to complete their Complementary Topic requirement, and vice versa
- FSHD 447A: Sociocultural Context of Development
- FSHD 447C: Biosocial Development  *If FSHD 447A is used to fulfill the FSHD core coursework, students may then choose to take FSHD 447C to complete their Complementary Topic requirement, and vice versa
- FSHD 450 – Human Sexuality
- FSHD 496Z - Topics in FSHD (topics change and are offered based on instructor availability)

Reminder About Upper Division Units: 42 Upper Division Units (300-400 level) are required to graduate. FSHD Students need to be aware of this requirement and ensure they are meeting it.

What are Applied Skills Courses?

FSHD 493 - Internship or FSHD 494 Practicum  
Supervised, experiential, and professional work related to FSHD. These experiences give students the opportunity to practice classroom learning in a real-world setting. They also provide the opportunity to gain experience working with organizations, or with demographics, that you are passionate about
- The Internship Course is offered in the fall and spring semesters
- Internships must be completed in Tucson, and students must be FSHD Majors to enroll, and we recommend that students have completed FSHD 117, FSHD 237, and FSHD 257 before enrolling
- 2.25 GPA (Major and Cumulative GPA) is recommended
- The Practicum Course is offered online in the summer
- Practicum experiences can take place away from Tucson. Practicum is open to FSHD majors and minors
- To complete 3 units of internship/practicum, students must work 135 total hours at their site
FSHD internship opportunities are posted online here: https://cals.arizona.edu/fcs/fshd/internships-and-jobs, and sent to the FSHD email listserv weekly

FSHD Internship Coordinator

Connect with our FSHD internship coordinator, Tiffany Ortega – tortega@email.arizona.edu
Tiffany can help all FSHD students as they explore internship opportunities and as they begin to complete their steps for enrolling in internship credit.
All students interested in enrolling in internship or practicum units must complete an internship or practicum workplan with their worksite. Once completed, this workplan should be submitted to Tiffany Ortega so she can approve your internship/practicum and enroll you in you in the course. https://cals.arizona.edu/fcs/fshd/internships/experiential
FSHD 492 - Directed Research
Supervised work alongside a faculty member, participating in academic research related to FSHD. These experiences are great for those students interested in graduate school, or those interested in developing their research skills
- 2.25 GPA (Major and Cumulative GPA) is recommended
- Look at Research Opportunities online:
  [http://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines](http://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines) OR Contact faculty members you are interested in working with. Browse faculty research at [https://cals.arizona.edu/fcs/](https://cals.arizona.edu/fcs/) and go to Directory → Faculty and Appointed Professionals → Family Studies and Human Development
- Once you find a research opportunity, complete the independent study form and turn your application in to Student Services (McClelland Park room 203) in order to get enrolled. Talk with your faculty member about the course best for you:
  - Research – FSHD 492 (letter graded, does count toward GPA)
  - Independent Study – FSHD 499 (Pass/Fail, does not count toward GPA)
  - Honors Thesis – FSHD 498H (letter graded, does count toward GPA)

FSHD 491 - Preceptorship
Supervised teaching experience alongside an FSHD faculty member. Preceptors are part of a teaching team and help facilitate learning in FSHD classes they have previously and successfully completed
- GPA requirements are up to the instructor you are working with
- Talk with instructors you are interested in preceptoring for
- Once you find a preceptor opportunity, complete the preceptor application and turn your application into Student Services (McClelland Park room 203) in order to get enrolled

Applied Skills Information and Applications Can be Found Online:
[https://cals.arizona.edu/fcs/fshd/internships/experiential](https://cals.arizona.edu/fcs/fshd/internships/experiential)
Internships: [https://cals.arizona.edu/fcs/fshd/internships](https://cals.arizona.edu/fcs/fshd/internships)
Practicum: [https://cals.arizona.edu/fcs/fshd/internships/practicum](https://cals.arizona.edu/fcs/fshd/internships/practicum)
Research: [https://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines](https://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines)
Preceptor Form: [http://cals.arizona.edu/fcs/fshd/advising/forms](http://cals.arizona.edu/fcs/fshd/advising/forms)
Turn completed applications in to McClelland Park room 203, and advisors will enroll you in your units

CALS Career Center

Connect with the CALS Career Center for additional assistance with resume building, career exploration, internship exploration, interview preparation, and graduate school preparation. They also host a lot of great workshops and events for career preparation and professional development!
[https://cals.arizona.edu/students/cals-career-center](https://cals.arizona.edu/students/cals-career-center)
**FSHD Course Descriptions**

**FSHD Lower Division Courses**

**FSHD 117: Lifespan Human Development** - Behavioral science approach to human development through the lifespan

**FSHD 237: Love, Intimacy, and Relationships** - Behavioral science approach to close relationship development

**FSHD 257: Contemporary Families** - Family relationships can be rewarding, challenging, complicated, and more. This course overviews research from the family science field covering topics related to contemporary family life including gender roles, work/family balance, marriage, parenthood, divorce, blended families, family violence, and related topics.

**FSHD Upper Division Courses**

**FSHD 323: Infancy/Child Development** - Growth, development, and socialization of the child within the family setting, from conception to the middle school years; observations of infants and preschoolers

**FSHD 377: Adolescence** - This course is designed to provide you with an in-depth understanding of adolescent development, including the relationships between theory, research, and practice. We will examine various aspects of adolescent development, focusing on the major developmental milestones (such as identity, intimacy, and sexuality), transitions, strengths, and challenges of adolescents, as well as the contexts in which these occur. Additionally, this course will introduce you to the practice of working with adolescents and their caregivers, and provide opportunities for you to apply research and theory to specific issues of adolescent development (such as best practices for structuring out of school programs).

**FSHD 384: Leadership, Ethics, and Professional Practices** - Theories and applications of leadership and communication applied to professional decision-making, planning and control in the workplace. Examination of personal and professional qualities essential for successful internship and career planning. Roles, responsibilities, and ethical standards for professionals will be examined

**FSHD 413: Issues in Aging** - This course addresses major issues facing older adults and their families, society, and how earlier life experiences influence our older adult years. This class will tackle questions such as: What opportunities and challenges do adults face as they age? What resources and barriers shape their lives? How do physiological, psychological, interpersonal/family, economic, and socio-historical factors affect the experience of aging? How do gender, social class, and ethnicity influence the experience of aging? How do government policies, community services, the healthcare system, and health interventions affect the lives and well-being of older adults?

**FSHD 427A: Mental Health & the Family: Adulthood** - This course overviews a variety of mental illnesses and relationship problems in adulthood, with specific focus on how those issues impact individuals and their family systems. Prevention and treatment approaches for these issues are discussed, including research-supported therapeutic approaches and family-based strategies.
FSHD 427C: Mental Health & the Family: Childhood & Adolescence - This course overviews intellectual disability, learning disabilities, and a variety of mental illnesses in childhood and adolescence, with specific focus on how those issues impact individuals and their family systems. Prevention and treatment approaches for these issues are discussed, including play-based and other therapeutic interventions, family-based methods, and school and community strategies.

FSHD 447A: Sociocultural Context of Development - In-depth examination of human development from a sociocultural perspective; focus on socialization processes in childhood and adolescence and the role of the social and cultural context in those processes

FSHD 447C: Biosocial Development - This course addresses topics in human development (e.g., family relationships, sexual development, competitive behavior, sex differences, the adolescent brain) from evolutionary and biosocial perspectives

FSHD 487: Theories of Interpersonal & Family Relationships - Critical analysis of selected studies and current research in family relations

FSHD 401: Basic Skills in Counseling - Selected counseling skills and their applications. Designed for students needing basic skills in counseling as an adjunct to other primary occupational functions

FSHD 405: Theories of Counseling - Techniques for the study of human behavior; implications for improving adult-child relationships, applying various theories of counseling

FSHD 408: Program Planning & Evaluation - The overall objective of this course is to guide and assist students as they conduct a thorough case study of an existing or proposed social service, educational or community program/agency. The course is designed to provide students with applied knowledge of program planning components as well as program evaluation techniques.

FSHD 450: Human Sexuality - Overview of human sexuality from development and interpersonal perspectives, topics to include reproductive physiology and health, sexual function and dysfunction, educational and intervention strategies
## FSHD Prerequisite Guide & Typical Course Offerings

### FSHD COURSE INFORMATION

#### FSHD CORE LOWER DIVISION (THE FOLLOWING 4 FSHD COURSES ARE REQUIRED)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSHD 197A</td>
<td>Introduction to FSHD (1 unit)</td>
<td>Fall &amp; Spring</td>
</tr>
<tr>
<td>FSHD 117</td>
<td>Lifespan Human Development</td>
<td>Fall, Spring, Summer</td>
</tr>
<tr>
<td>FSHD 237</td>
<td>Love, Intimacy, and Relationships</td>
<td>Fall &amp; Summer</td>
</tr>
<tr>
<td>FSHD 257</td>
<td>Contemporary Families</td>
<td>Spring &amp; Summer</td>
</tr>
</tbody>
</table>

#### FSHD CORE UPPER DIVISION (THE FOLLOWING 7 COURSES ARE REQUIRED).

Follow all Required/Recommended Prerequisites listed below before enrolling

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Offered</th>
<th>Recommended Prerequisite</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSHD 323</td>
<td>Infancy/Child Development</td>
<td>Fall &amp; Summer</td>
<td>FSHD 117 or equivalent course</td>
</tr>
<tr>
<td>FSHD 377</td>
<td>Adolescence</td>
<td>Fall &amp; Summer</td>
<td>FSHD 117 or equivalent course</td>
</tr>
<tr>
<td>FSHD 384</td>
<td>Leadership, Ethics, and Prof. Practice</td>
<td>Fall &amp; Spring</td>
<td>FSHD 197A; must be an FSHD Major with at least junior status</td>
</tr>
<tr>
<td>FSHD 413</td>
<td>Issues in Aging</td>
<td>Fall &amp; Spring</td>
<td>FSHD 117 or equivalent course</td>
</tr>
<tr>
<td>FSHD 427A OR FSHD 427C</td>
<td>Mental Health and the Family: Adulthood OR Mental Health and the Family: Childhood &amp; Adolescence</td>
<td>Fall &amp; Summer; FSHD 427A - Spring</td>
<td>FSHD 427C - Fall &amp; Summer; FSHD 427A - Spring</td>
</tr>
<tr>
<td>FSHD 447A OR FSHD 447C</td>
<td>Sociocultural Context of Development OR Biosocial Development</td>
<td>Fall &amp; Spring ; FSHD 447C – Offered intermittently based off instructor availability</td>
<td>FSHD 447A - Fall &amp; Spring ; FSHD 447C – Offered intermittently based off instructor availability</td>
</tr>
<tr>
<td>FSHD 487</td>
<td>Theories of Interpersonal &amp; Family Relationships</td>
<td>Fall &amp; Spring</td>
<td>FSHD 257 OR SOC 321 OR equivalent course</td>
</tr>
</tbody>
</table>

**Required Prerequisite**

- Statistics (FCSC 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116)
- Research Methods (FCSC 202 OR PSY 290A OR SOC 374 OR AFAS 302)

#### FSHD UPPER DIVISION: COMPLEMENTARY TOPICS (CHOOSE AT LEAST ONE)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Offered</th>
<th>Recommended Prerequisite</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSHD 401</td>
<td>Basic Skills in Counseling</td>
<td>Spring</td>
<td>6 units of social science</td>
</tr>
<tr>
<td>FSHD 405</td>
<td>Theories of Counseling</td>
<td>Fall &amp; Summer</td>
<td>6 units of social science</td>
</tr>
<tr>
<td>Course Code</td>
<td>Course Title</td>
<td>Offered</td>
<td>Recommended</td>
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<tr>
<td>FSHD 408</td>
<td>Program Planning and Evaluation</td>
<td><strong>Spring</strong></td>
<td><strong>FCSC 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science</strong></td>
</tr>
<tr>
<td>FSHD 427A or FSHD 427C</td>
<td>Mental Health and the Family: Adulthood OR Mental Health and the Family: Childhood &amp; Adolescence</td>
<td><strong>Offered:</strong> FSHD 427C - Fall &amp; Summer; FSHD 427A – Spring</td>
<td><strong>Recommended Prerequisite:</strong> PSY 101, FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
</tr>
<tr>
<td>FSHD 427A or FSHD 427C</td>
<td>Mental Health and the Family: Adulthood OR Mental Health and the Family: Childhood &amp; Adolescence</td>
<td><strong>Offered:</strong> FSHD 427C - Fall &amp; Summer; FSHD 427A – Spring</td>
<td><strong>Recommended Prerequisite:</strong> PSY 101, FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
</tr>
<tr>
<td>FSHD 447A or FSHD 447C</td>
<td>Sociocultural Context of Development OR Biosocial Development</td>
<td><strong>Offered:</strong> FSHD 447A - Fall &amp; Spring; FSHD 447C - Offered intermittently based on instructor availability</td>
<td><strong>Recommended Prerequisite:</strong> FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
</tr>
<tr>
<td>FSHD 450</td>
<td>Human Sexuality and Relations</td>
<td><strong>Offered:</strong> Fall &amp; Summer</td>
<td><strong>No Prerequisite</strong></td>
</tr>
<tr>
<td>FSHD 496Z</td>
<td>Topics in FSHD</td>
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</tr>
</tbody>
</table>

Any Upper Division (300-400 level) FSHD or FCSC course can be taken. Check schedule of classes each semester for updated offerings.

**FSHD UPPER DIVISION: APPLIED SKILLS (CHOOSE AT LEAST ONE)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Offered</th>
<th>Required Prerequisite(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSHD 491</td>
<td>Preceptorship</td>
<td><strong>Fall &amp; Spring</strong></td>
<td>Preceptor Application must be submitted for enrollment FSHD 491 is a pass/fail course (does not impact GPA)</td>
</tr>
<tr>
<td>FSHD 492</td>
<td>Directed Research</td>
<td><strong>Fall &amp; Spring</strong></td>
<td><strong>Required Prerequisite:</strong> 2.25 GPA Required; Independent Study Form must be submitted for enrollment FSHD 492 is a letter graded course (letter grades are included in GPA)</td>
</tr>
<tr>
<td>FSHD 493</td>
<td>Internship</td>
<td><strong>Fall &amp; Spring</strong></td>
<td><strong>Recommended Prerequisite:</strong> FSHD 117, 237 and 257 <strong>Required Prerequisite:</strong> Must be FSHD Major with 2.25 GPA; Internship Workplan must be submitted for enrollment FSHD 493 is a pass/fail course (does not impact GPA)</td>
</tr>
<tr>
<td>FSHD 494</td>
<td>Practicum</td>
<td><strong>Summer</strong></td>
<td><strong>Required Prerequisite:</strong> Open to both FSHD Majors and Minors, 2.25 GPA required; Practicum Workplan must be submitted for enrollment FSHD 494 is a pass/fail course (does not impact GPA)</td>
</tr>
<tr>
<td>FSHD 499</td>
<td>Independent Study</td>
<td><strong>Fall &amp; Spring</strong></td>
<td>Independent Study Form must be submitted for enrollment FSHD 499 is a pass/fail course (does not impact GPA)</td>
</tr>
</tbody>
</table>

Find Internship, Practicum, Research, and Independent Study Applications Here: [https://cals.arizona.edu/fcs/fs/SHD/internships/experiential](https://cals.arizona.edu/fcs/fs/SHD/internships/experiential)

Find Preceptor Application Here: [https://cals.arizona.edu/fcs/fs/SHD/advising/forms](https://cals.arizona.edu/fcs/fs/SHD/advising/forms)

**FSHD UPPER DIVISION: UPPER DIVISION ELECTIVE (CHOOSE AT LEAST ONE)**

Choose to complete any additional Complementary Topics Class, or any FSHD Applied Skills Course from lists above.

*Course offerings are subject to change each semester based on department ability to offer coursework*
**Minor Requirements**
All FSHD Students are Required to Have a Minor
- Most Minors are at least 18 units, and 9 units must be upper division
- Students are encouraged to choose a minor in an area related to their career goals
- You may choose any minor on campus, or take courses toward a thematic minor
  - Minor Advising Directory: [http://advising.arizona.edu/advisors/minor](http://advising.arizona.edu/advisors/minor)
- Many FSHD students also choose to complete a thematic minor. A thematic minor allows students to create and structure their own minor in consultation with an FSHD advisor
  - Thematic minors encourage students to take a variety of courses that will prepare them for future goals and careers
  - Common themes include Counseling, Education, Health, Social Work, and Law & Policy
  - For more information about Thematic Minors visit our website: [http://cals.arizona.edu/fcs/fshd/advising/fshd_thematic_minor](http://cals.arizona.edu/fcs/fshd/advising/fshd_thematic_minor)

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**FSHD & PRE-HEALTH PROFESSIONS**

FSHD is a friendly major to those students interested in health-related professions:
- Nursing
- Occupational Therapy
- Physical Therapy
- Physician’s Assistant
- Physicians

Students interested in Pre-Health professions should talk with both their FSHD Advisor and a Pre-Health Advisor about how to incorporate sciences into their UA Degree in order to meet science pre-requisites

Pre-Health Advising: [http://clas.arizona.edu/prehealth/advising-resources](http://clas.arizona.edu/prehealth/advising-resources)
Example of Incorporating Pre-Health Sciences:

**TIER ONE GENERAL EDUCATION** (two courses in each category)

**INDIVIDUALS & SOCIETIES (150)**

---

**NATURAL SCIENCES (170)**

NSC 170C1 or NSC 101
CHEM 101A or 151

---

**TRADITIONS & CULTURES (160)**

---

**TIER TWO GENERAL EDUCATION** (one course in each category)

Arts

Humanities

Natural Sciences: CHEM 101B or 152

Diversity (can be fulfilled with approved GE course)

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Many pre-health professions require sciences like biology, chemistry, physiology, and additional requirements. Students interested in health focused careers and graduate programs should not take general education “170” Natural Science courses. Instead, they can take lab-based sciences to fulfill requirements for their future health related goals and graduate programs.

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**Supporting FSHD Major Requirements**

**Social Sciences & Human Behavior** (select TWO courses)


*PSY 150 and PSY 101 are equivalent courses. If PSY 150 is taken to fulfill a Tier I INDV, students **may not** take PSY 101 to fulfill a Social Science and Human Behavior Requirement

**Statistics** (select ONE course)

FCSC 201, PSY 230, SOC 375, SBS 200, Math 163, Math 263, ISTA 116

**Research Methods** (select ONE course)

FCSC 202, PSY 290A, SOC 374, OR AFAS 302

**Biological Processes & Development** (Select TWO courses)

MCB 181R, ECOL 182R, NSC 101*, NSC 301, NSC 310, TLS 201, TLS 360, PSIO 201

*NSC 170C1 and NSC 101 are equivalent courses. If NSC 170 is taken to fulfill a Tier I NATS, students **may not** take NSC 101 to fulfill a Biological Processes requirement

**Advanced Composition** (Select ONE course)

FCSC 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

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**FSHD THEMATIC MINOR OR OTHER MINOR:**

18 Units (9 must be upper division)

FSHD majors can choose any minor on campus or create a thematic minor in consultation with an FSHD advisor

PSIO 202 **Upper Division**

MIC 205A **Upper Division**

Lower Division **Upper Division**

Students interested in health professions can also fulfill necessary science courses within the FSHD Biological Processes & Development requirements.

Students can also create thematic minors, focused on a theme of their choosing (like “Nursing Preparation” or “Occupational Therapy Preparation”) in order to fit their necessary science requirements into their graduation plan.
FSHD CAREER OPPORTUNITIES

The FSHD program at the University of Arizona provides a multidimensional approach to understanding human behavior and relationships from psychological, social, cultural, and biological perspectives. You will build interpersonal skills and learn how to apply your knowledge in a career or graduate program that suits your interests and goals.

In the FSHD program, you will explore topics like adolescence, child development, family relationships, mental health, counseling, youth programs, and more. You will partner with faculty that have firsthand experience working with families and individuals in many contexts. Our program has an excellent network of community agencies and programs that provide internship opportunities and hands-on learning for our students to apply what they learn in real-world settings.

Whether you’re stepping directly into a people-focused career after graduation or using your FSHD degree as a launch-pad into a master’s program, we will provide you with knowledge, skills, and opportunities to put them to use throughout your experience in our program. Launch your career in the helping professions to improve life for children, teens, older adults, individuals and families. Soon you will be providing support to people in need, and you will be well-equipped to meet challenges head-on.

Family Studies leads to a variety of rewarding careers & graduate school opportunities. Here are just a few of the possibilities:

- Rehabilitation/Mental Health Counseling
- Social Work
- Nursing
- Occupational Therapy
- Human Resources
- Child Life Specialist
- School Counseling
- Social Policy
- Community and Public Health
- Education
- Marriage and Family Counseling
- Program Development and Coordination
- Child Advocacy
- Family Law
- Social Science Research
- Healthcare
- Medical School
- Physical Therapy
- Physician’s Assistant
- Gerontology
TRANSFER CREDIT

https://transfercredit.arizona.edu/
For all transfer coursework, before taking the course you should verify that credits will transfer to UA and fulfill necessary requirements.

For courses taken at Arizona Community Colleges:
• Use the aztransfer.com Course Equivalency Guide to make sure that you take correct courses at your local AZ community college: http://aztransmac2.asu.edu/cgi-bin/WebObjects/CEG
• For a list of common course equivalencies at Pima, Arizona Western, and Rio Salado for FSHD requirements, see Transfer Course Equivalency List on our website: https://cals.arizona.edu/fcs/fshd/advising/forms

If You Plan to Take Courses Outside of Arizona:
• View the UA Transfer Credit Guide to see if the out of state courses at the institution you will attend have already been evaluated: http://aztransfer.com/UACEG/UA_CEG_OutOfState.html

Transfer Credit Approvals:
• For approval of other courses not listed on the UA Transfer Credit Guide or on the AZTransfer.com Course Equivalency Guide, submit a Course Equivalency or Credit Request here: https://transfercredit.arizona.edu/content/credit-evaluation
• Math courses need specific approval from the Math department: http://math.arizona.edu/academics/placement/credits

Transfer Credit Reminders:
• C or better needed in all transfer work
• You cannot GRO classes taken elsewhere
• Once coursework is complete, you need to send official transcripts to the UA: http://registrar.arizona.edu/academics/sending-college-level-transcripts-ua?audience=students&cat1=7&cat2=28

Studying Abroad
https://global.arizona.edu/study-abroad
If you plan to study abroad, see your advisor early to talk about planning for your semester away. Many FSHD students study abroad, and graduating in four years while also studying abroad is feasible with the right planning:
• Saving some general education & minor coursework is often the best, although if you study at an institution abroad that has a Family Studies Program, you may be able to earn credit toward your major
• Consider when you want to go, and consider the classes you would take while away
• See your major advisor to talk more about your study abroad goals and course options!
Check notices and holds - past due balance, academic warning/advising holds, etc. may restrict you from registering!

Every student is given an enrollment date, which is assigned in UAccess. Your registration appointment will begin at 6AM on the date assigned, and remain open until the start of the next semester.

Starting in October and March each semester, you can view your enrollment date on your UAccess student page. This will tell you when you can start adding courses to your shopping cart and when you can begin enrolling in courses.

Remember that your enrollment date is based on your class standing, which is based on units completed as of the beginning of this semester, not how many years you've been a student.

- Fewer than 30 units = freshmen registration
- 30 or more units = sophomore registration
- 60 or more units = junior registration
- 90 or more units = senior registration

Registration dates are also listed on the Registrar’s Website: [https://www.registrar.arizona.edu/students/courses/enrolling-in-courses?audience=students&cat1=10](https://www.registrar.arizona.edu/students/courses/enrolling-in-courses?audience=students&cat1=10)

**Common Enrollment Error Messages:**
If you get an error message when enrolling in a course, take a minute to think about why:

- Do you meet the enrollment requirements and prerequisites listed for the course on UAccess?
  - When searching for courses, always click on the course and look at the “enrollment requirements” listed
  - You can also use the “check availability” feature in your UAccess shopping cart in order to determine your ability to enroll in a course
  - During the beginning of your enrollment period, some courses may only be available to students declared in certain majors. Once all students (Seniors through Freshmen) have had their enrollment period, departments will often open courses that may have been restricted to you earlier (like PSY and SOC courses). This means that you can keep courses in your shopping cart, and try enrolling later, once some courses become available to you.
- Are you trying to enroll in a course that requires department consent?
  - Courses like internship, preceptorship, research, or independent study require you to submit an application before getting permission to enroll in these courses. You cannot enroll yourself in these courses.
- Are you trying to enroll in a course that is restricted only to Honors students?
- Are you trying to enroll in a course through one of UA’s distance or online campuses? Main campus students only have ability to enroll in main campus courses.
• Trying to enroll in more than 19 units?
  o You need permission to enroll in more than 19 units, and can get that permission by talking with your major academic advisor

Examples: Checking Enrollment Requirements

When Registering for FSHD Courses, make sure you look at location (Main Campus) Courses offered through the Yuma Campus are not available to UA Main Campus students

**FSHD 401 - 001 Basic Skills in Counseling**

<table>
<thead>
<tr>
<th>Distance</th>
<th>Yuma</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/24/2020 - 12/9/2020</td>
<td></td>
</tr>
</tbody>
</table>

Selected counseling skills and their applications. Designed for students needing basic skills in counseling as an adjunct to other primary occupational functions. Approved as an interdisciplinary course in FSHD major—Advanced Complementary perspectives.

<table>
<thead>
<tr>
<th>Status</th>
<th>Class Number</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open</td>
<td>86899</td>
<td>Regular Academic Session</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Units</th>
<th>Instruction Mode</th>
<th>Class Components</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 units</td>
<td>In Person</td>
<td>Lecture Required</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Career</th>
<th>Grading</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate</td>
<td>Regular Grades A, B, C, D, E</td>
</tr>
</tbody>
</table>

For all courses, make sure you look at enrollment requirements to determine your eligibility to enroll

---

**Meeting Information**

<table>
<thead>
<tr>
<th>Days &amp; Times</th>
<th>Room</th>
<th>Instructor</th>
<th>Meeting Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>TuTh 3:30PM - 4:45PM</td>
<td>McClelland Park, Rm 103</td>
<td>Melissa Curran</td>
<td>08/24/2020 - 12/09/2020</td>
</tr>
</tbody>
</table>

**Enrollment Information**

<table>
<thead>
<tr>
<th>Enrollment Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Statistics (FSC 201 or PSY 230 or SOC 375 or SBS 200 or MATH 163 or MATH 263 or ISTA 116) and Research Methods (FSC 202 or PSY 290A or SOC 374 or APAS 302).</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Class Attributes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing Emphasis Course</td>
</tr>
</tbody>
</table>

---

<table>
<thead>
<tr>
<th>Per Unit Fee</th>
<th>Flat Fee</th>
<th>iCourse Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
</tbody>
</table>
Make sure you are searching in the correct **term**

Looking for a full 15 week course, or a 7 week course? Use the **session** dropdown menu to filter (7 week sessions are available for many GE courses each semester)

Looking for a specific class in a certain subject area? Use the **subject search area**, and type in the **course number**

If you want to see all classes offered, even classes that are currently full, uncheck the **“show open classes only box”**

Use **Course Attribute and Course Attribute Value** Fields to search for general education classes. Remember, you can fulfill your Diversity Requirement through approved Gen Ed courses (usually Tier I INDVS, Tier I TRADs, Tier II Humanities, and Tier II Arts)

Looking for an **online class**? You can search for fully online courses by using the “mode of instruction”
IMPORTANT POLICY INFORMATION

Get to know the Catalog: http://catalog.arizona.edu/
Get to know the Registrar’s Website: http://www.registrar.arizona.edu/

Dates & Deadlines
- Make sure you understand important deadlines each semester, like last day to add courses, last day to drop without a W, last day to drop on your own through UAccess, last day to file for GRO, and last day to receive a refund. Bookmark this page and refer to it every semester https://www.registrar.arizona.edu/dates-and-deadlines

Grade Replacement Opportunity (GRO)
- You can replace up to 3 courses or 10 units with a new grade. You are only eligible before you reach 60 units earned at UA http://registrar.arizona.edu/academics/grade-replacement-opportunity-gro

Withdrawing from Courses
- Understand Withdrawal Deadlines and Withdrawal Options
- You can receive a W in a maximum of 18 units (6 classes)
- Medical / Retroactive Withdrawal is possible for students with medical or personal circumstances affecting completion of coursework
- Always talk with advisors about these policies and the options best suited for you

Back 2 UA
- You can leave the UA for two semesters, if you are in good academic standing, and return without having to reapply to the university https://admissions.arizona.edu/how-to-apply/returning-students/back2ua
- If you have a scholarship, check with the Scholarship Office about taking time away from UA

Financial Aid & Bursar’s Office
- Understand your financial aid and ask questions
- Review information about summer financial aid: https://financialaid.arizona.edu/types-of-aid/summer
- For tuition and fees visit the bursar’s office: http://bursar.arizona.edu/students/fees

Academic Eligibility
- A 2.0 GPA is required to be in good academic standing. Students below a 2.0 are on academic warning or probation, and are required to meet with advisors to go over academic plans. https://catalog.arizona.edu/policy/undergraduate-academic-eligibility-policy

Have a scholarship?
- Make sure you understand how many units you need to take each year at UA: (most require 30 units per academic year at the University of Arizona) https://financialaid.arizona.edu/types-of-aid/scholarships
CAMPUS RESOURCES

University Services & Resources
Registrar: http://registrar.arizona.edu/

Academic Dates, Deadlines, and Enrollment Information: https://www.registrar.arizona.edu/dates-and-deadlines

Academic Catalog: http://catalog.arizona.edu/

Bursar’s Office: http://bursar.arizona.edu/
Tuition & Fees Calculator: https://tuitioncalculator.fso.arizona.edu/#/

Scholarships & Financial Aid: https://financialaid.arizona.edu/

Student Support Resources
Think Tank: thinktank.arizona.edu

Writing Skills Improvement Program: http://wsip.arizona.edu/

THRIVE Center: https://thrive.arizona.edu/

Student Engagement & Career Development: http://career.arizona.edu/

CALS Career Center: http://cals.arizona.edu/students/cals-career-center

Campus Recreation: https://rec.arizona.edu/

Disability Resource Center: http://drc.arizona.edu/

Advising Services
Advising Resource Center: https://advising.arizona.edu

CALS Scholarships: https://cals.arizona.edu/students/scholarships

Scholarship Universe: https://financialaid.arizona.edu/scholarshipuniverse

Dean of Students: https://deanofstudents.arizona.edu/
Campus Resources: https://deanofstudents.arizona.edu/support/campus-resources

Campus Health: https://www.health.arizona.edu/

CAPS (Counseling Services): https://health.arizona.edu/counseling-psych-services

CALS Life Management Counseling: https://cals.arizona.edu/life-management-services

Transfer Credit Office: https://transfercredit.arizona.edu/
Pre-Health Advising:
Advising Directory:
https://advising.arizona.edu/content/academic-advisor-directory
GPA Calculators:
https://advising.arizona.edu/content/online-tools/grade-calculators

FSHD Academic Advising
https://cals.arizona.edu/fcs/fshd/advising

FSHD Internship Advising
https://cals.arizona.edu/fcs/fshd/internships/experiential

CALS Academic Advising
https://cals.arizona.edu/students/advising

Arizona Transfer Guide: https://www.aztransfer.com/

Student Involvement
ASUA: https://asuatoday.arizona.edu/

Student Centers:
https://diversity.arizona.edu/student-centers

UA Leadership Programs:
http://leadership.arizona.edu/

Study Abroad:
https://global.arizona.edu/study-abroad

CALS Clubs & Leadership Programs:
https://cals.arizona.edu/students/campus-life

FSHD Ambassadors:
https://cals.arizona.edu/fcs/fshd/ambassadors

Pre-Law Advising:
https://theacenter.arizona.edu/pre-law/pre-law-advising

Math Placement Testing:
https://www.math.arizona.edu/academics/placement/exams

Language Placement & Proficiency Testing:
https://advising.humanities.arizona.edu/language-placement-and-proficiency-exams-faqs

Immigrant Student Resource Center:
https://immigrant.arizona.edu/

Transfer Center:
https://transfercenter.arizona.edu/home

First Cats: https://thrive.arizona.edu/first-cats

Fostering Success:
https://fosteringsuccess.arizona.edu/

Handshake – UA’s job board and career development platform:
https://career.arizona.edu/jobs/handshake