Request for Application
Deadline for Submission: April 27, 2001

""Garden Grown"
Team Nutrition 2000 Training Grant
An Education and Funding Opportunity for School Gardens from Arizona Department of Education and University of Arizona Maricopa County Cooperative Extension

QUESTIONS?
All inquiries should be directed to:

Lucy Bradley
Urban Horticulture Agent
University of Arizona Cooperative Extension – Maricopa County
4341 E. Broadway Road
Phoenix, AZ 85040
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Garden Grown - Team Nutrition 2000 Training Grant

Purpose and Goals
The USDA, Arizona State Department of Education and University of Arizona Cooperative Extension are offering a grant program to provide in-service training for teachers, school staff, administrators, parents, community members and child care decision makers on the principles of the Dietary Guidelines for Americans 2000. The training will link the school garden to help demonstrate the importance of the Dietary Guidelines and how to use them as a basis for making decisions that will improve children’s lifelong healthy eating and physical activity habits. Your goal is to model and implement information gained from this grant within schools in your district.

Background
A 1993 USDA study showed that meals served in the Nation’s school generally met the school nutrition programs historic Recommended Dietary Allowance requirements for calories and key nutrients. However, the meals did not meet additional, more current nutrition standards as reflected in the Dietary Guidelines for Americans. Therefore, the Food and Nutrition Service developed Team Nutrition (TN), an integrated, behavior-based, comprehensive plan for promoting the nutritional health of the Nation’s school children. TN develop messages and materials based on the Dietary Guidelines for Americans and the Food Guide Pyramid that can be used consistently throughout the country. It promotes training and technical assistance and nutrition education at the State and local levels though infrastructures already developed. By using the principles of the Dietary Guidelines for Americans, 2000, school and child care administrators and other school and community partners can play a significant role in reaching TN’s goal to improve children’s lifelong healthy eating and physical activity habits.

Who May Apply
Public school districts within Maricopa County who currently have at least one school actively involved in school gardening. Individual schools cannot apply. The training grant will be awarded to a school district. Up to eight school districts will be selected.

Funding and Duration
Garden Grown Team Nutrition grants will be funded May 10 – December 31, 2001. In-service training and activities are valued at $12,000 in-kind and $500 cash per district. Cash funding will be given at the successful completion of all grant activities and must be used to create or sustain school gardening activities within the district.

Criteria
Funding is based upon the following criteria:

- Only public school districts within Maricopa County can apply.
- At least one school within your district must have a school garden in active use. All levels of schools will be considered (i.e., high school, junior high and elementary school).
- District agrees to support, encourage and invite attendance at grant activities from administrators, staff, teachers, parent or community volunteers interested in improving children’s lifelong healthy eating and physical activity habits through school gardening.
- School with garden must agree to be the site for in-service training.
- Must establish a “Garden Grown Grant Team”. The team at minimum should include eight representatives from the district, school administration, teachers, food service, PE, health care, and parent or community volunteers.
- Garden Grown Grant Team must attend a mandatory grant orientation meeting (see critical dates on next page.)
- Attendance and participation at all activities is mandatory in order to receive cash funding.
Activities

Grant activities you will be expected to participate in include:

- Mandatory orientation meeting with Garden Grown Team. Grant overview and on-site training dates will be selected and scheduled at this meeting.

- Four on-site training sessions in your district at a school actively using gardening. These sessions can be attended by anyone in your district. Sessions will teach the principles of the Dietary Guidelines for Americans on physical activity, weight maintenance, and healthy eating while at the same time teaching how to grow a magical garden experience in your schools.

- Mini-Camp training day at Maricopa County Cooperative Extension

- A tour stop hosted at your school garden for a “Garden Grown School Tour”

- Curriculum/resources materials for your district

- Garden Grown newsletter subscription

- Quarterly and final reports on grant activities and progress

- Pre and Post evaluations to monitor effectiveness

Grant recipients also receive:

- Two free registrations to the 2001 SW Region Community & School Gardening Conference

- $500 cash funding to sustain or create new school gardening activities within the district

- CEU’s for professional development (pending review)

Critical Dates

April 5 Garden Grown Team Nutrition Grants issued to Maricopa County school districts
April 27 Applications due to UofA Maricopa County Cooperative Extension
May 9 Grant award announced
May 14-19 Mandatory orientation meeting. (date to be selected during this week)
September First on-site training
October Second on-site training
October Mini-Camp
November Third on-site training
November Garden Tour
December Fourth on-site training
December 15 Final Report Due
December 31 Cash funding issued

How to Apply
Complete the attached application. Please type or print legibly. Incomplete applications will not be considered.

Send one original and 3 copies. Original must be ready for copying. It should be single-sided, unstapled, unbound and on 8½" x 11". Do not use binders, covers, flat folders, or sleeves.

Enclose supporting materials including: photos, articles, videos or press materials concerning your gardening projects. Materials will not be returned.

Submit a letter of support on official letterhead from a district administrator and/or school principal.

Postmark application by April 27, 2001. Faxes or emails will not be accepted.

How you will be Evaluated

- Completeness of application
- Garden team diversity and size
- Interpretation of district commitment to integrating school gardening and healthy eating/physical activity education

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APPLICATION

Contact Information:

Contact Person Name: ________________________________ Title: ____________________________

Phone: ____________________________ Email: ____________________________ Fax: __________

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1. Has your program received previous Team Nutrition or NET Funding? Yes No
   If yes, what year?_________

2. List any grants, awards, funding or major donations received within the last two years:

3. List schools within your district who currently have active school gardens.

4. List schools within your district that have expressed interest in creating a school garden.

5. Please outline your district philosophy and goals for your school gardening programs:

6. How do you plan to use the information provided from the grant to train your teachers and ultimately educate your students?

7. How many total participants do you expect to attend each on-site training session?

8. How many schools will be represented?

School Site:

A school within your district must agree to be the host site for the in-service training. The school must have an active school garden program.
1. Name of school that will host the on-site in-service training.

   School Name:
   School Contact Name:
   Contact Phone:
   Contact Fax:
   Contact Email:
   School Address:
   School City, Zip:

2. Does the school have a multi-purpose room, cafeteria, or adequate training space to accommodate 25-100 attendees? Please identify location.

3. Can the school accommodate meetings during the times listed below:

<table>
<thead>
<tr>
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<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>After School</td>
<td></td>
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<tr>
<td>Early Weekday Evenings</td>
<td>Yes</td>
<td>No</td>
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<tr>
<td>Saturday Morning</td>
<td>Yes</td>
<td>No</td>
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</tbody>
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   Provide any comment or details:

4. Describe the garden(s) located at the school and how they are used:

5. How many teachers/students, staff, parents, volunteers, etc., are currently involved in the gardening activities?

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**Leadership:**

Responsible and dedicated leadership willing to commit the time and focus necessary to organize and oversee the grant and follow through with grant objectives is critical to the success of the program. The establishment of a “Garden Grown Team” is a criteria of the grant applicants. This team should be able to commit the 2001-2001 school year to attend the training and follow up with district support.
1. Name the members of your “Garden Grown Team”. The team at minimum must include eight representatives from the district, school administration, teachers, food service, PE, health care, and parent or community volunteers.

1. Name: (print)_____________________________________
   Title:__________________________________
   Signature________________________________________
   I agree to support and attend Garden Grown Grant Activities.

2. Name: (print)___________________________________ _
   Title:_____________________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities

3. Name: (print)____________________________________
   Title:____________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities

4. Name: (print)____________________________________
   Title:_____________________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities

5. Name: (print)_____________________________________
   Title:_____________________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities

6. Name: (print)_________________________ ___________
   Title:_____________________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities

7. Name: (print) ____________________________________
   Title:_____________________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities

8. Name: (print) ____________________________________
   Title:_____________________________________
   Signature___________________________
   I agree to support and attend Garden Grown Grant Activities