The development of sportsmanship is an important part of growing up. To become a contributing, competent, caring, capable adult, youth must develop sportsmanship. It is important for people to be fair and generous competitors, good losers, and graceful winners. All participants in 4-H and other youth programs are expected to demonstrate each of the following elements of sportsmanship before, during, and after their participation.

* **Conduct:** Demonstrate and maintain high standards of personal behavior and conduct which become you as an individual and as a representative of your family, your club, your community, and the 4-H program or other youth program in which you are involved.
* **Fairness:** Learn and follow the rules. Do not cheat. Be objective, honest and just in evaluating yourself and others.
* **Honest:** Be truthful, fair and straightforward in everything you say and do. Show integrity. Do not lie or deceive. Do your own work. Do not understate or overstate your abilities, skills or accomplishments.
* **Competition:** Accept that the nature of competition is seeking to get what others are seeking to get, involves rivalry between contestants to earn rewards, and results in both winners and losers.
* **Courtesy:** Be well mannered in your conduct. Be respectful, thoughtful, considerate, cooperative, friendly and cheerful in your attitude and your behavior regardless of whether you do well or not, or whether you win or lose. Do not argue with the judges or program organizers. When you have concerns, questions, or suggestions, be polite in expressing them. Be pleasant and nice toward other participants, spectators, program officials, judges, the media, your leaders, parents, and others. Give others the benefit of the doubt. Treat people, animals, and things kindly. Hide your humor and keep your emotions under control.

* **Graceful Acceptance of Results:** Accept judges’ suggestions and the results with a positive attitude. If you are not selected as a winner or if you receive a lower evaluation than you expect, do not gripe, complain, whine, pout, make excuses, or say you didn’t feel well.
* **Congratulate** those who do win and who performed better than you did. Recognize, appreciate and try to learn from the accomplishments and admirable traits of others.
* **Recognize,** learn from, and try to improve your own shortcomings. Do not protest or make accusations unless you have proof and are willing to personally face the person(s) you are accusing. If you are selected as a winner or receive a higher evaluation than you expect, graciously thank the people who congratulate you. Be happy but do not gloat, brag, act conceited, or downplay your accomplishments.

Finally, regardless of the outcome thank your parents, leaders, program organizers, sponsors, judges and others who helped you.
Parents....Take Note!

As Expo approaches, please remember the following:

1. Thou shalt not feed, train and care for the animal, for thou art trying to teach the child responsibility.
2. Thou shalt forgive a child for making mistakes in the showing, for thou hast made mistakes too.
3. Thou shalt not get mad when thy child forgets items in the show box, for one day thou may forget the show box.
4. Thou shalt help the show management, for they are doing a job that thou would not want to do.
5. Thou shalt see that their child is on time for all showing activities, for thou should not want to wait on another.
6. Thou shalt be sure that thy child has the animals entered and the registration papers in order by the designated time.
7. Thou shalt teach the child that winning a blue ribbon is a desirable goal, but making friends along the way is a more worthy goal.
8. Thou shalt not complain about the judge, for it is his opinion that has been sought.
9. Thou shalt not forget that livestock projects are teaching projects, not necessarily money-making projects.

HERDSMANSHP

4-H Clubs and FFA Chapters. Please note that this year a representative from your club or chapter needs to sign up for herdsmanship. The sign up sheet will be available at weigh-in on Wednesday along with a copy of the rules for Herdsmanship. This is a good way for the members to show how hard they work as well as working together. If you have any questions please feel free to contact Craig or Lisa Dotseth @ 541-0583.

Reminders for Exhibitors:

- Livestock areas must be kept clean
- You must be neatly dressed and/or in proper uniform while exhibiting small or large livestock in the show ring.
- You may only use appliances that are properly grounded and meet UL specifications.
- Review Premium Book for more details.

EXPO Set-up
Community Service Opportunity
Prescott Frontier Days
Rodeo Grounds

Sunday, April 17
8 a.m. - 1:00 p.m.

Monday, April 18
3:00 p.m. - 8:00 p.m.

Bring your work gloves, a strong back, your parents, brothers, sisters, friends, anyone willing to help us get the facilities set-up and ready for EXPO.
With Expo upon us, parent support and involvement is a necessity. 4-H Leaders must **Think Ahead**; plan for your club needs at Expo, and ask family members to become involved. Be specific with details. What are you asking them to do, when and where? Most people are willing to help if they are only asked. As Expo approaches, let’s remember to communicate.

**LEADERS**, communicate with members—be sure they have project and Expo information.

**PARENTS**, communicate with leaders—be sure your child is ready for county activities and fair competition.

**LEADERS**, communicate with parents—let them know how much the 4-H members need their support.

**PARENTS**, communicate with your children, make sure they complete their projects.

**EVERYONE**, communicate with your County 4-H Extension Office if there is something you don’t understand.

**4-H EXTENSION OFFICE**, communicate with those who need the information. It takes all of us to make 4-H happen and remember, **communication is a two way street.**

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What the Colors Mean

In most 4-H contests everyone gets a ribbon; white, red or blue. The 4-H’ers are evaluated against certain standards, not against one another. We’ve had contests where all the kids got blue ribbons and some where all got whites.

A **WHITE** ribbon does not mean a “poor job”. White means okay, good, average, but much improvement needed to meet top standards.

A **RED** ribbon does not mean a “mediocre job”. Red means very good, but still one or two major improvements needed to meet top standards.

A **BLUE** ribbon does mean excellent, meets or nearly meets top standards.

Each ribbon should mean that’s the best that 4-H’er could do, in that particular activity, at that particular time. The key is to learn from the experience, feel good about one’s self, and move on and do better next time.

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4-H Competition

**Sportsmanship Motto**

“Keep your head when you win/and your heart when you lose.”

Sometimes leaders and members dislike the way a committee handles a judging event or disagree with a judge’s decision. It is important to try to be fair and reasonable. See if you can state reasons why you disagree. Keep in mind judging is not like scientific testing:

- Even experts sometimes disagree
- Standards change as research helps us get improved practices and products

**4-H Club Members should:**

- Play fair
- Respect others’ rights to their opinions
- Keep an open mind
- Be willing to try again

We have high standards for our products. As we judge, and in our other 4-H activities, we need to work for high standards in how we get along with others!
Granite Creek
May Day Cleanup
Call for Volunteers
May 7, 2005
8:00 a.m.-Noon

The annual Granite Creek Cleanup promoted by Keep Prescott Beautiful is scheduled for Saturday, May 7, 2005. Local organizations and individuals are being invited to participate in the removal of litter from Granite Creek and its tributaries. A picnic lunch and event tee shirt will be given to those who volunteer.

In the past, as many as 500 volunteers have collected several tons of debris from illegal dumping and thoughtless littering into Prescott’s natural waterways. If your club would be interested in this community service opportunity, please contact Bob Johannsen @ (928)776-4452.

They will need to know whether your club will be able to participate by April 15th in order to put the logistics together. Long sleeved shirts, long pants, work gloves and water proof hard soled boots or shoes are recommended for the safety of the participants.

A SERVICE-DOG-IN-TRAINING NEEDS YOU!

Toby is an 11-week old Labrador retriever puppy who needs a loving foster home while he is being trained as a wheelchair-assistance dog. He needs to be in a home that has no other dogs (but other animals are OK). He wants to live with someone who is as interested in learning about training as he is and who will work with his trainer to help get him ready for his new job. He needs to have a yard to play in that is enclosed so he’ll be safe. Most importantly, he needs someone who will love him enough to give him up when it is time for him to become a real service dog.

If you think you or your family would like to foster Toby, please call (928) 443-0386 to request an application. Toby can’t wait to hear from you!

Giving ‘flowers’

For years I floated a thought that it would be nice to track down my eighth-grade social studies teacher and thank him for believing in me.

After the tragic death of a friend’s father, I wondered if I had waited too long. Had the opportunity been lost to tell Mr. Jones how much he influenced my life?

None of us know the impact we may have had unless someone decided to tell us. I received such a gift from a colleague thanking me for being an influence in her life.

“It’s my way of giving flowers,” Gena told me. “I was raised,” she said, “to give a person their flowers while they’re still living.”

I’ve learned there is no better gift than flowers of thanks, sculpted in words of gratitude.

Source: Unknown
4-H Record Books - Don't Wait Until the Last Minute!

A key component of the 4-H educational experience is learning how to keep and maintain records of your 4-H project(s) and activities. It is also one of the requirements for successfully completing the current 4-H year. Not to mention it is a skill that you will use throughout your life.

At minimum you must turn in your completed record book to your community club leader before the end of the 4-H year, which is September 30th. Check with your leader for their deadline for submission. In addition, everyone is strongly encouraged to submit their records for judging at the county level, which will occur in October.

Your 4-H Record Book should tell the story, and accurately, of what you have done, with emphasis on growth and development in the main project area, leadership, citizenship and service to others.

For more information please check out the Yavapai County Cooperative Extension website at www.ag.arizona.edu/yavapai.

Yavapai Cowbelles, Inc.

Scholarship

Yavapai Cowbelles is offering scholarship aid to graduating seniors or continuing college students who are Yavapai County residents.

To apply for the scholarship the student must meet at least ONE of the following criteria:

1. Parents or guardians control or their livelihood is derived in whole or in part from the cattle or agriculture industry.
2. Student applicant is the son, daughter or relative of a current member of the Yavapai Cowbelles.
3. Student applicant is the son, daughter or relative of a current member of the Yavapai Cattlegrowers.
4. Student applicant’s major is in the agricultural field.

Forms are available in either Cooperative Extension Office. The deadline for submission is April 11, 2005.

Wanted

Contestants for the AZ Beef Ambassador Contest

A contest encouraging spokespersons and creating opportunity for promotion of the beef industry.

July 17-20, 2005
AZ Cattle Growers Association
And AZ State Cowbelles Convention

Application Deadline June 1, 2005

Contest Requirements:
1. Age: 16-19
2. Presentation or 5-8 minute speech
3. Speech may be about any facet of the Beef industry
4. Speech must be submitted in advance for screening. Only finalist will be invited to the contest.

Jr. Beef Ambassador Requirements
* Age: 9-15
* Other requirements are the same as Beef Ambassador Contest

For an AZ entry packet contact:
Sissy Fischler
1788 Casper Loop
Duncan, AZ 85534
fischler@vtc.net

For more information:
Check out the American National Cattle Women’s website: www.ancw.org or www.nationalbeefambassador.org

“When adults take time to help young people through 4-H, they exert an enormous, positive influence on the lives of youth.”

Retired General Colin Powell
Journey of Opportunities for Leaders of Tomorrow

Journey of Opportunities for Leaders of Tomorrow, or J.O.L.T. is an Arizona Teen Leadership Conference, which is held annually in Heber, Arizona each June. This year the dates are June 13 - 17, 2005.

J.O.L.T. is for ALL Teens from various organizations, backgrounds, ages 14 to 18 or entering High School.

J.O.L.T. participants will enjoy activities that build trust, develop leadership, and improve communication skills. Teens will gather from all over Arizona to develop open-minded and positive attitudes.

The dynamic staff (a youth and adult partnership), inspirational workshop speakers and J.O.L.T. participants combine to make it a memorable week.

This year’s conference will center around the theme: JOLT 2005..."The Builder", participants will be transported to a world where team work, solving conflict peacefully, building positive relationships and serving others are a way of life.

The JOLT youth and adult staff anxiously await the opportunity to open your mind to the many JOLT opportunities.

JOLT Fees:
Registration ends June 1st or at 138 participants (filled on a first come basis).
Early bird registration: received by April 15th - $140.00
Regular registration: received by May 15th - $160.00
Send registrations to your county Extension office. Contact your county extension office for a registration packet OR go online. Registrations received after May 15 will not have your name on the t-shirt).

REGISTRATION FORMS AVAILABLE ON-LINE
www.cals.arizona.edu/4-h/jolt.htm

Japanese Youth Exchange

Host Families are needed for Summer Inbound Program 7/24 to 8/20.
Placements needed by May 1.

Do you have room in your heart and your home for a Japanese Young Person who will be with you from July 24 until August 20. We will not have the particulars about which kids are coming until later. However, the sooner we get interested families identified and screened, the sooner we can make the connections.

What do Potential Host Families Need?
• Openness to new experiences
• Appreciation of teens
• Positive Attitude and flexibility
• A spare bed and some area for privacy
• Summer inbound students need host siblings of the same sex and approximate age.
• Be able to be certified as Arizona 4-H volunteers.
• High school students must be placed in local schools with school approval.

Contact Julie Adamcin at (520) 626-5161 for more information email adamcin@ag.arizona.edu
Farm Safety Day Camp
Saturday, May 14, 2005
9:00 a.m. to 2:30 p.m.
Young’s Farm
Dewey, Arizona

The Yavapai County Cowbelles will be sponsoring a Farm Safety Day Camp for all youth, ages 8 to 14 and their parents in Yavapai County. Topics will include:
- Firearm Safety,
- ATV Safety,
- Fire Safety,
- Electrical Safety,
- Stranger Danger,
- Disability Awareness

With other topics to be announced.
Participants will be asked to make a donation of $3, to cover the cost of lunch. Keep watch for additional information.

Western Warehouse Offers 15% Discount to all active 4-H/FFA Members

Western Warehouse in Prescott Valley is offering a 15% discount on the total purchase of items when you let them know that you are currently an active member of Yavapai County 4-H or any Yavapai County FFA Chapter. This offer is good throughout the year.

Explore, dream, discover

Twenty years from now you will be more disappointed by the things you didn’t do than by the things you did do.

So throw off the bowlines.
Sail away from the safe harbor.
Catch the trade winds in your sails.

Mark Twain
Yavapai County
4-H Horse Committee
Horse Shows for 2005
Revised!

All 4-H Horse project members please be advised of the following:
All member entries for the cancelled show have been rolled to the Whistle Stop Ranch show. We have also extended the show entry deadline for the 1st show to March 25, 2005.

Entry Deadlines
April 2-3  Whistle Stop Ranch (Dewey)  3/25/05
April 16-17  B-Cross Ranch (Cornville)  4/01/05
April 30/May 1  Fann M Ranch (Chino Vly)  04/08/05

If you have any questions please call our Show Secretary, Janice Sangiovanni (928) 649-3061

In order to show at any of these shows you must have:
1. Attended one of the two Equine Challenge Days,
2. The horse to be ridden must have been the exhibitor’s project horse for at least 60 days prior to the show and an ID must be on file with the Horse Committee/Show Event Secretary.
3. Be a member in good standing in Yavapai County.
4. Passed level 1 Proficiency (written, skill stations, and riding)
5. Submit your rough draft of record book to show secretary at first show

In an ongoing effort to improve the success and qualities of our shows all parents/legal guardians of members participating in the shows are being asked to volunteer their time the day of the show or shows. A letter explaining in more detail what is needed will be included with the registration materials.

Horse Committee Corner
Horse Committee Meetings Scheduled-
The Horse Committee meets the 2nd Wednesday of each month starting at 6:30 p.m.

April 13, 2005-Prescott, AZ Mackin Bldg. Prescott Frontier Day’s Rodeo Grounds
May 11, 2005-Camp Verde, AZ Camp Verde Recreation Center

Member Representatives - Each club is encouraged to send a member representative to attend the horse committee meeting in addition to the leader. The same member does not have to attend each month. They will have full

American West 4-D &MUHS FFA Presents:
Run in the Sun
4-D Barrel Race & Breakaway
April 23 & 24th
B-Cross Ranch-Cornville, AZ

Saddles awarded to Average Winners in each Division of Open 4-D Barrel Race & Breakaway Average Winner.

$500 added each day in Open 4-D Barrel Race
$200 added each day in Breakaway

Schedule of Events:
Saturday-Entries Noon to 2:00 p.m.
Time Onlys 12:30-1:30 p.m.
Breakaway 2:00 p.m.-Barrel Race 2:30 p.m.
FFA BBQ & Dance

Sunday-Entries 9:00 a.m.-10:00 a.m.
Time Onlys 9:00 a.m.-10 a.m.
Breakaway 10:00 a.m.-Barrel Race 10:30 a.m.
EXPO Week Dates & Deadlines

Sunday, April 17 & Monday, April 18, 2005
• Set-up for EXPO

Tuesday, April 19, 2005
• Beef animals ONLY may check-in AFTER 1:00 PM.

Wednesday, April 20, 2005
10:00 am - 6:00 pm  Weigh-in: Market, Beef, Lamb, & Goats
10:00 pm - 6:00 pm  Weigh-in: Market Swine
10:00 am - 6:00 pm  Check-in of Breeding Animals (Cattle, Sheep, Goats, & Swine)
11:00 am - 7:00 pm  4-H/FFA Exhibits Check-in

Thursday, April 21, 2005
8:00 am                          Show Dedication & Opening Ceremonies
8:00 am - Noon              4-H/FFA Exhibit Judging
8:30 am                          Dairy Goat Show (Pygmy Goat Show immed. following)
10:00 am                          Market Goat Show
10:45 am                        Breeding Sheep Show
12:00 pm                        Market Lamb Show
1:30 pm                          Dairy Cattle Show
2:00 pm                          Market Beef Show
                                    4-H/FFA Exhibits Area Open

Friday, April 22, 2005
8-9:30 am                       Small Stock Check-in
8:30 am                          Western Senior Halter Horse Showmanship
9:00 am                          Breeding Swine Show (Market Swine immed. following)
9:30 am                          Western Junior Halter Horse Showmanship
10:00 am                          Small Stock Show
10:30 am                        4-H/FFA Dog Show
3:00 pm                          Large Livestock Round Robin
8:00 pm                          Non-selling Market Livestock Released.

Saturday, April 23, 2005
8:00 am                          Grounds preparation for Auction
10:00 am                          Auction Buyers’ Sign-in
11:00 am                          EXPO BBQ Opens
11:00 am                        Dog Exhibition in Auction Arena
Noon                           Auction Opening Ceremonies
12:30 pm                        Auction Begins
                                 Breeding Animals Released Following Auction

Sunday, April 24, 2005
7-10:00 am                      Sale Livestock Shipping & Pick-up. EXPO grounds clean-up
10:30 am                          EXPO Party
11:00 am                          Final check-out

Note:          Event times are approximate and may be subject to change should circumstances require.
               Thanks for your understanding.
Dear Members, Parents, & Volunteers,

As the activities increase surrounding 4-H over the next month, horse shows, Expo, etc. I wanted to take this opportunity to remind each of you of the importance of saying thank you to anyone who has assisted you or your club in meeting your goals for the 4-H year.

One of the most valuable forms of doing this is writing a thank you note. I hope you find the following helpful.

Sincerely,

Instructional Specialist, Sr

How To Write A Thank You Note

by Amanda Tyahur

Everyone should know how to write a good thank you note because it is polite, it shows you value a person and it expresses your appreciation for what they gave to you.

Thank you notes are a polite, formal way of thanking someone. When someone does something for you in everyday life you thank them. This courtesy is just as important in written correspondence. When someone receives a thank you note from another they feel stronger about that person's character.

Thank you notes let the people you are giving them to know that you value them and what they think of you. Most people like to receive thank you notes because it shows that they are valuable to you.

Thank you notes--more than anything else--show appreciation for something a person has given; this could be anything from a gift to attendance at an occasion. Thank you notes are very personal and they take time and thought to create, so when a person receives a well-thought-out note, they feel your appreciation even more.

Thank you notes are polite way of showing people you value and appreciate them. They are personal and make the receiver feel special. Everyone should know how to write a good thank you note for these reasons.

Basic Structure

1) Say thank you!
2) Make it personal.
4) Thoughts on gift or event.
5) Say thank you again!
6) Closing: I love you all ect.....

Helpful Hints

When you are writing a thank you note, always plan ahead. Figure out how much time the thank you note will require to make. Be sure the message is clear and that all the information needed is in a logical sequence--you don't want to confuse the reader. Plan what response you want your reader to have. Think of how you would feel to receive a thank you note like the one you are sending.

Keep it short and sweet yet vivid and complete. Don't make your thank you note too long--a short paragraph invites reading and makes a stronger impression. Stick to the point or your message may be lost. Always remember: less is sometimes more. Let what you are saying express how you feel.

A good way to tone up your thank you note is to accent the positive and to eliminate the negative. People avoid pessimistic writings and seek out optimistic writing (You don't want to depress your reader).

1. I'm reminded that we should remain in contact throughout the year.
2. I am reminded of how little we see each other and that we should take the time throughout the year to be together as a family.
Yavapai County 4-H Agent Applicant Presentations

We are moving ahead with the hiring process for the 4-H Agent and we want you to take advantage of one or both of the opportunities to see the candidates in action. There are two ways you can do that:

**Webcasting Seminar Presentation**

**DATE:** Monday, April 4, 2005  
**LOCATION:** College of Agriculture and Life Sciences Forbes 104  
**CANDIDATES:** Trish Zaput 8:30 - 9:15 A.M.  
Augusta Forsse 10:15 - 11:00 A.M.  
Clay Bailey 1:15 - 2:00 P.M.  
**TITLE OF WEBCAST:** "BUILDING THE CAPACITY OF THE YAVAPAI COUNTY 4-H YOUTH DEVELOPMENT PROGRAM: A THREE TO FIVE YEAR PLAN FOR SUCCESS"

**In County Presentations**

**DATE:** Tuesday, April 5, 2005  
**LOCATION:** Quality Inn Conference Room 301 W. Hwy 89A, Cottonwood AZ 86326  
*Augusta Forsse 9:00-9:45*  
*Trish Zaput 10:00-10:45*  
*Clay Bailey 11:00-11:45*  
**TITLE:** "BUILDING THE CAPACITY OF THE YAVAPAI COUNTY 4-H YOUTH DEVELOPMENT PROGRAM: A THREE TO FIVE YEAR PLAN FOR SUCCESS"

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**COWBOY POETRY SPECIAL PERFORMANCE**  
**BY**  
KEN & LYNN MIKELL  
OLD TRAIL SONGS AND BALLADS THAT CAME OVER WITH THE IRISH AND SCOTTISH IMMIGRANTS  
**SATURDAY APRIL 9, 2005**  
**4:00 P.M.**  
**SHELBY HANSEN MEMORIAL RM**  
**PRESCOTT FRONTIER DAYS RODEO GROUNDS**

**THERE IS NO CHARGE FOR THIS FUN AND INFORMATIVE SESSION.**