### UA Foundations & General Education

**COMPOSITION (Select ONE Sequence)**
- ENGL 101 & 102
- OR ENGL 107 & 108
- OR ENGL 109H

**MATH**
- College Algebra: Math 107, Math 112, or higher Math __________
  *Consult with advisor to determine best course

**FOREIGN LANGUAGE:** You must demonstrate 2nd semester level proficiency in a foreign language ________

**TIER ONE GENERAL EDUCATION (two courses in each category)**

- **INDIVIDUALS & SOCIETIES (150)**
  - ________
  - ________
- **NATURAL SCIENCES (170)**
  - ________
  - ________
- **TRADITIONS & CULTURES (160)**
  - ________
  - ________

**TIER TWO GENERAL EDUCATION (one course in each category)**

- **Arts**
- **Humanities**
- **Natural Sciences**
- Diversity (can be fulfilled with approved GE course) ________

### Supporting FSHD Major Requirements

**Social Sciences & Human Behavior** (select TWO courses)
- ANTH 200, 202, 261, 265, 364; EDP 200; FSHD 200, 347;
- SOC 101, SOC 324
  *PSY 150 and PSY 101 are equivalent courses. If PSY 150 is taken to fulfill a Tier I INDV, students may not take PSY 101 to fulfill a Social Science and Human Behavior Requirement

**Statistics (select ONE course)**
- FCSC 201, PSY 230, SOC 375, SBS 200, Math 163, ________
- Math 263, ISTA 116

**Research Methods (select ONE course)**
- FCSC 202, PSY 290A, SOC 374, OR AFAS 302 ________

**Biological Processes & Development** (Select TWO courses)
- MCB 181R, ECOL 182R, NSC 101*, NSC 301, NSC 310,
- TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324
  *NSC 170C1 and NSC 101 are equivalent courses. If NSC 170 is taken to fulfill a Tier I NATS, students may not take NSC 101 to fulfill a Biological Processes requirement

**Advanced Composition (Select ONE course)**
- FCSC 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

### FSHD Major Courses

**FSHD Core Lower Division Coursework**
- FSHD 197A: Introduction to FSHD (1 Unit) ________
- FSHD 117: Lifespan Human Development ________
- FSHD 237: Love, Intimacy, and Relationships ________
- FSHD 257: Contemporary Families ________

**FSHD Core Upper Division Coursework**
- It is recommended that students complete FSHD 117 and all other FSHD core lower division coursework before beginning FSHD upper division coursework, see prerequisite list for all recommended/required courses
- FSHD 323: Infancy/Child Development ________
- FSHD 377: Adolescence ________
- FSHD 384: Leadership/Ethics/Professional Practices ________
  *FSHD 384 has a pre-requisite of FSHD 197A and junior standing
- FSHD 413: Issues in Aging ________
- FSHD 427A: Mental Health & the Family: Adulthood
  OR FSHD 427C: Mental Health & the Family: Childhood & Adolescence ________
- FSHD 447A: Sociocultural Context of Development
  OR FSHD 447C: Biosocial Development ________
  *FSHD 447 has a prerequisite of statistics and research methods
- FSHD 487: Theories of Interpersonal & Family Relationships ________
  *FSHD 487 has a prerequisite of statistics and research methods

**FSHD Complementary Advanced Topics**
- FSHD 401, 405, 408, 427A/C, 447A/C, 450, 496Z;
- FCSC 496A/C ________
- FSHD Applied Skills and Methods in FSHD
- FSHD 491, 492, 493, 494, 499, 498H ________

**FSHD Upper Division Elective**
- Any additional Comp Topic or Applied Skills Class ________
  *Online FSHD courses through the UA Yuma Campus are not available to FSHD students on the UA Main Campus. Department Consent cannot be given for these courses

### FSHD THEMATIC MINOR OR OTHER MINOR:
- 18 Units (9 must be upper division)

FSHD majors can choose any minor on campus or create a thematic minor in consultation with an FSHD advisor

<table>
<thead>
<tr>
<th>Upper Division Units</th>
<th>University Level Units</th>
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<tbody>
<tr>
<td>120</td>
<td>56</td>
</tr>
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</table>

1 Courses taken to fulfill General Education Requirements may **not** also apply to FSHD Major or Supporting Coursework.

**NOTE:** A minimum of 120 units is required. 56 units must be university level; 42 must be upper division (300, 400 level). A minimum GPA of 2.0 is required for graduation. Total Units ________ / 120

Upper Division Units ________ / 42

University Level Units ________ / 56
### FSHD Course Prerequisites

<table>
<thead>
<tr>
<th>Course</th>
<th>Prerequisites Required/Recommended</th>
</tr>
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<tbody>
<tr>
<td>FSHD 323 – Infancy/Child Development</td>
<td><strong>Recommended</strong>: FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<td>FSHD 377 - Adolescence</td>
<td><strong>Recommended</strong>: FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<tr>
<td>FSHD 384 – Leadership, Ethics &amp; Professional Practices</td>
<td><strong>Recommended</strong>: FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<tr>
<td>FSHD 401 – Basic Skills in Counseling</td>
<td><strong>Recommended</strong>: 6 units of social science</td>
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<tr>
<td>FSHD 405 – Theories of Counseling</td>
<td><strong>Recommended</strong>: 6 units of social science</td>
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<tr>
<td>FSHD 408 – Program Planning &amp; Evaluation</td>
<td><strong>Recommended</strong>: FCSC 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science</td>
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<td>FSHD 413 – Issues in Aging</td>
<td><strong>Recommended</strong>: FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240) OR 6 units of social science [recommended]</td>
</tr>
<tr>
<td>FSHD 427A – Mental Health &amp; the Family: Adulthood</td>
<td><strong>Recommended</strong>: PSY 101, FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<td>FSHD 427C – Mental Health &amp; the Family: Childhood &amp; Adolescence</td>
<td><strong>Recommended</strong>: PSY 101, FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<td>FSHD 447A – Sociocultural Context of Development Or FSHD 447C – Biosocial Development</td>
<td><strong>Recommended</strong>: FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<td><strong>Required</strong>: Statistics (FCSC 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116)</td>
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<td>FSHD 450 – Human Sexuality &amp; Relations</td>
<td>No prerequisite</td>
</tr>
<tr>
<td>FSHD 487 – Theories of Interpersonal &amp; Family Relationships</td>
<td><strong>Recommended</strong>: FSHD 117 or equivalent course (e.g., EDP/FSHD/PSY 200, PSY 240)</td>
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<td>FSHD 493 - Internship</td>
<td><strong>Recommended</strong>: FSHD 117, 237, and 257</td>
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<td><strong>Required</strong>: Must be an FSHD major, department consent required</td>
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<tr>
<td>FSHD 496Z – Topics in FSHD</td>
<td>No prerequisite</td>
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