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MEET WITH FSHD ADVISING

Liz Collins, Academic Advisor  
emartin@email.arizona.edu  
McClelland Park, room 203  
FSHD Pre-Majors and FSHD Majors

How Can I Meet with Liz?

- Declared FSHD Pre-Majors and Majors are able to schedule an appointment online through the wise advising appointment system
- Students who are not declared FSHD Pre-Majors or Majors are asked to:
  - Attend walk-in advising
  - Email Liz with questions
  - Email Liz to inquire about setting up an appointment
- To schedule an appointment and view weekly walk-in availability, visit the FSHD Advising Website: https://cals.arizona.edu/fcs/fshd/advising

What’s the Difference Between Walk-In Hours and Appointments?

Choose the option that works best for you and the types of questions you have

Walk-in hours are generally for quick 5-minute questions, such as:

- Short questions about class availability
- General information about course offerings or course content
- Verification of existing schedule
- General information about major requirements or UA policy
- Quick Signatures
- Questions like: “Can CHEM 101A fulfill a NATS requirement?”

Appointments give you a whole 20-30 minutes with your advisor, and give us time to talk about:

- Course planning past the current semester (graduation plan)
- Minor information and course planning
- Degree checks for graduation
- Transfer credit approvals
- Study Abroad planning
- Academic success strategies
- Personal exploration regarding graduate school, internships, jobs, etc.

Advising Meeting Reminders

- Please come prepared with questions, a completed catalog checklist, and anything you need signed
- If you schedule an appointment, please remember to attend! Write your appointment in your planner when you schedule your date and time
- If you need to cancel, please do so at least 24 hours in advance. This will allow other students the opportunity to take your place, and will be respectful of both your advisor’s time and the time of your fellow students
 ADVISING EXPECTATIONS

Student Responsibilities

- Read University Email Daily
- Take the initiative to meet with your advisor at least once per semester to discuss your progress
- Be involved in the advising process by being prepared to discuss your goals and educational plans during meetings; bring questions and necessary materials to meeting; and be open to suggestions
- Take responsibility for making your own academic and career decisions based on available information and advice, including your graduation plan
- Develop a working knowledge of policies, procedures, deadlines, and campus resources.
- Execute an academic plan directed toward completing your degree
- Review and become familiar with your major/minor requirements each semester and track your progress towards graduation

Advisor Responsibilities

- Advise you in making academic decisions consistent with your interests, values, abilities, and goals, and relate them to academic majors and minors
- Listen responsively, address questions, concerns, and problems; refer you to appropriate support services
- Assist you in: defining and/or clarifying your academic and career goals; creating short and long-term academic plans consistent with those goals; evaluating transfer and study abroad credit; planning for graduation
- Accurately and consistently communicate College and University policies and processes, deadlines, and campus resources.
- Facilitate relationships between the student and other individuals on campus; Maintain confidentiality according to the Family Educational Rights and Privacy Act (FERPA)
- Be available and accessible to answer questions

MEET WITH COLLEGE OF AGRICULTURE ADVISING

As an FSHD student in the College of Agriculture and Life Sciences (CALS), you have two sets of advisors - an FSHD Major Advisor and a College Advisor. Your CALS advisor is located in Forbes 203. Below is a description of what each advisor’s role is within your UA education.

FSHD Major Advisors
http://cals.arizona.edu/fcs/fshd/advising

Major coursework advising

- Course selection and sequencing
- Evaluation of transfer credit in the major
- Selecting appropriate unit loads
- Advice about meeting graduation requirements

Getting involved on campus

- Finding clubs to join
- Finding internship and research opportunities
- FSHD also has an internship coordinator!

CALS CAS Advisors

Process forms and petitions, and acts as Dean’s signature

- General education petition - if you would like to have a class evaluated to count for a gen ed
- Withdrawals past week 10 (dean’s signature)
- Permission to take more than 19 units (dean’s signature)

Policy interpretation and enforcement
# STUDENT RESPONSIBILITIES

## Student Semester Timeline
Your advisors are here to help you with all of these steps

<table>
<thead>
<tr>
<th>Term Begins:</th>
<th>Week 1:</th>
<th>Week 2:</th>
<th>Weeks 3-6:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify goals and finalize semester schedule</td>
<td>If necessary, make any last minute changes to your schedule</td>
<td>Evaluate how you are doing in your classes. The deadline to drop a course without a W occurs the 2nd week of classes</td>
<td>Visit your instructors during their office hours before your first exam. During weeks 3 through 10, you can drop a course through UAccess but will receive a W on your transcript (you can receive a maximum of 18 units of W at the UA)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 7-8:</th>
<th>Week 8-10:</th>
<th>Weeks 11-13:</th>
<th>Week 13 - Finals Week:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Get ready to register for next term by setting up an appointment with your academic advisor. Look up your enrollment appointment on UAccess</td>
<td>Re-evaluate how you are doing in your current courses. The final withdrawal deadline will occur week 10</td>
<td>During weeks 11-13, students can drop a course with a W only through a Late Change Petition, which must be filed through the College Dean’s Office (Forbes 203) and signed by your instructor.</td>
<td>Complete any projects due at the end of the term. Verify final exam schedule and begin review. Visit office hours and Think Tank for extra help. Complete withdrawal from all classes is available until the last day of classes</td>
</tr>
</tbody>
</table>

*If you are enrolled in a dynamically dated class (5 weeks, 7 weeks, etc.) make sure you look at the Dates and Deadlines for those classes to understand add/drop deadlines, as they will be different from 15 week courses

## Student Four Year Timeline
Your advisors are here to help you with all of these steps

<table>
<thead>
<tr>
<th>1st Year</th>
<th>2nd Year</th>
<th>3rd Year</th>
<th>4th Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Explore Interests, Strengths, and Potential Careers</td>
<td>- Develop relationships with faculty and mentors</td>
<td>- Research career options and graduate programs</td>
<td>- Meet with your advisor to complete your degree check</td>
</tr>
<tr>
<td>- Make tentative plan of classes year by year</td>
<td>- Finalize and declare major(s) and minor(s)</td>
<td>- Talk to professional advisors or career services</td>
<td>- Apply for graduation</td>
</tr>
<tr>
<td>- Build a resume</td>
<td>- Update resume</td>
<td>- Update resume</td>
<td>- Finalize career, professional or graduate plans</td>
</tr>
<tr>
<td>- Get involved with clubs, organizations, and volunteering</td>
<td>- Seek internships, research, and/or study abroad program</td>
<td>- Continue research, internships, volunteering, and club involvement</td>
<td>- Apply for graduate or professional schools</td>
</tr>
<tr>
<td>- Look into study abroad, internships and/or research</td>
<td>- Stay involved in activities that suit interests and goals</td>
<td>- Take graduate entrance exams</td>
<td>- Submit resumes and begin interviewing</td>
</tr>
</tbody>
</table>
GRADUATION REQUIREMENTS

University Foundation Requirements

**English**
Choose one of the following sequences based on placement
- ENGL 101 & 102
- ENGL 107 & 108
- ENGL 109H (requires placement)

**Math**
FSHD requires College Algebra
- Math 107, Math 112, or Higher Math

Students must test into College Algebra or complete the necessary math sequence based on placement. For example:
- Math 100 → Math 107 or Math 112
  *Math 107 does not serve as a prerequisite to other math and science courses. Consult with your advisor if you have questions about the math course best for you

It is highly recommended that students complete College Algebra before their junior year. Meet with your advisor to plan correctly!

**Foreign Language**
FSHD requires 2nd semester language proficiency
There are 3 Ways to demonstrate proficiency:
- Complete a 2nd semester language course with a C or better (e.g., SPAN 102, FREN 102)
- Score the equivalent of 2nd semester skill level on a language proficiency exam administered in person by UA
- AP, IB, or CLEP exam scores

**Placement Information**
- Writing Placement: [https://english.arizona.edu/writing-program](https://english.arizona.edu/writing-program)
- Math Placement: [http://math.arizona.edu/academics/placement](http://math.arizona.edu/academics/placement)
- Language Proficiency Requirements and Exam: [http://advising.humanities.arizona.edu/second-language-proficiency-requirements](http://advising.humanities.arizona.edu/second-language-proficiency-requirements)
- Testing Office, for Math Placement Test and CLEP Exam: [http://testing.arizona.edu/](http://testing.arizona.edu/)

**Math Substitution Information**
FSHD does allow math substitutions for students who have a documented learning disability, which may affect learning and comprehension in math courses. If you have this documentation and believe a math substitution may apply to you, please make an appointment to speak with your academic advisor and the Disability Resource Center. We can talk about the process of receiving a math substitution, and talk about the other types of courses available to you to fulfill your math requirement.
## General Education Requirements

### Tier I

**Individuals and Societies (INDV)**
- Choose 2 courses numbered 150, for example: HIST 150C1 and ANTH 150B1

**Traditions and Cultures (TRAD)**
- Choose 2 courses numbered 160, for example: CLAS 160D1 and SPAN 160C1

**Natural Sciences (NATS)**
- Choose 2 courses numbered 170, for example: GEOS 170A1 and PTYS 170B2

### Tier II

**ARTS**

**Humanities**

**Natural Sciences**

### Diversity

**Diversity Emphasis Course:** Focus is on Gender, Race, Class, Ethnicity, Sexual Orientation, or Non-Western Studies. *Can be fulfilled through approved Tier I or Tier II Gen Eds*

### Notes:

Courses used to fulfill Tier I or Tier II General Education requirements cannot also be used to fulfill pre-major or major requirements.

FSHD does not require students to complete a Tier II INDV Gen Ed

## Unit & GPA Requirements

- 120 Overall Units
- 42 Upper Division Units (300-400 level)
- 56 Units must be University Level (Not taken at a community college)
- 30 Units in Residence (In residence means taken at UA)
- 18 of last 30 units must be in residence
- 2.0 Cumulative GPA and 2.0 Major GPA is required to graduate
  - If a student’s GPA falls below a 2.0 at any point in their undergraduate education, they are placed on academic probation and required to meet with academic advisors.
LEARNING TO USE YOUR FSHD CATALOG CHECKLIST

Access your FSHD Catalog Checklist
You can download your checklist from this link: http://cals.arizona.edu/fcs/fsdh/advising/checklists

- Use the checklist for your specific catalog year or requirement term.
  - Some requirements are different based on your catalog year, so it is important that you follow the requirements for your individual requirement term, and become familiar with those requirements.
  - Your catalog year or requirement term can be found on the first page of your advisement report (see image below, on page #8). This is the year you came into the University, and will tell you which FSHD checklist to use.

- Update your checklist each semester
  - Remember that your checklist is a planning tool and it should be used in consultation with your UAccess Advisement Report and your Academic Advisor.
  - Bring a completed checklist to appointments to go over questions with your advisor.

<table>
<thead>
<tr>
<th>UA Foundations &amp; General Education</th>
<th>FSHD Major Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMPOSITION (Select ONE course)</td>
<td>Completion of all pre-major courses with a minimum GPA of 2.0 is required to take FSHD upper division courses.</td>
</tr>
<tr>
<td>ENGL 102 &amp; ENGL 102</td>
<td>FSHD 302: Mass Media/Health Communication</td>
</tr>
<tr>
<td>ENGL 102/106</td>
<td>FSHD 377: Intermediate Social Science</td>
</tr>
<tr>
<td>MATH 105</td>
<td>FSHD 505: Leadership/Health Professional Practice</td>
</tr>
<tr>
<td>MATH 122</td>
<td>FSHD 510: Issues in Aging</td>
</tr>
<tr>
<td>TIER ONE GENERAL EDUCATION (two courses in each category)</td>
<td>FSHD 570: Social Politics of Development</td>
</tr>
<tr>
<td>INDIVIDUALS &amp; SOCIETIES (200)</td>
<td>FSHD 680: Race, Class, and Gender Studies</td>
</tr>
<tr>
<td>NATURAL SCIENCES (170)</td>
<td>FSHD 712: Advanced Psychology</td>
</tr>
<tr>
<td>TRADITIONS &amp; CULTURES (100)</td>
<td>FSHD 714: Introduction to FSHD (1 unit)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TIER TWO GENERAL EDUCATION (one course in each category)</th>
<th>FSHD 215: Research Methods (9 units)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science or Math</td>
<td>FSHD 215: Research Methods (9 units)</td>
</tr>
<tr>
<td>Writing (Can be fulfilled with approved GE course)</td>
<td>FSHD 215: Research Methods (9 units)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOREIGN LANGUAGE</th>
<th>Manual or Self-Directed</th>
<th>FSHD 241: Research Methods (9 units)</th>
</tr>
</thead>
<tbody>
<tr>
<td>You must demonstrate 2nd semester-level proficiency in a foreign language</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

FSHD Pre-Major

General Education Requirements

- ENGL 102/106
- MATH 105
- MATH 122
- Writing (Can be fulfilled with approved GE course)
- Reading (Can be fulfilled with approved GE course)
- Psychology

Research Methods (Select ONE course)

FSHD 215: Introduction to FSHD (1 unit)

FSHD Major

- FSHD 302: Mass Media/Health Communication
- FSHD 377: Intermediate Social Science
- FSHD 505: Leadership/Health Professional Practice
- FSHD 510: Issues in Aging
- FSHD 570: Social Politics of Development
- FSHD 680: Race, Class, and Gender Studies
- FSHD 712: Advanced Psychology
- FSHD 714: Introduction to FSHD (1 unit)

FSHD Therapeutic Minor or Other Minor

18 Units (9 must be upper division)

FSHD majors can declare any minor on campus or create a therapeutic minor in consultation with an FSHD advisor.

<table>
<thead>
<tr>
<th>Courses Taken (18 units)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSHD 215: Research Methods (9 units)</td>
</tr>
<tr>
<td>FSHD 302: Mass Media/Health Communication (3 units)</td>
</tr>
<tr>
<td>FSHD 377: Intermediate Social Science (3 units)</td>
</tr>
<tr>
<td>FSHD 505: Leadership/Health Professional Practice (3 units)</td>
</tr>
<tr>
<td>FSHD 510: Issues in Aging (3 units)</td>
</tr>
<tr>
<td>FSHD 570: Social Politics of Development (3 units)</td>
</tr>
<tr>
<td>FSHD 680: Race, Class, and Gender Studies (3 units)</td>
</tr>
<tr>
<td>FSHD 712: Advanced Psychology (3 units)</td>
</tr>
</tbody>
</table>

1. Courses taken to fulfill the one of the other five degree requirements may also satisfy one or more requirements. 2. Students may complete a maximum of 15 units of cross-listed courses from the T3 to the T4 level or higher.

NOTE: A minimum of 120 units is required. 39 units must be at the 300 level or higher and a minimum 3.0 GPA is required for graduation.

Two units to fulfill the requirement.

Upper Division Units: 6/42
Unofficial Units: 5/42
Unofficial Units: 5/42
UNDERSTANDING YOUR ADVISEMENT REPORT

Access Your Advisement Report through your UAccess Student Center:

Your Advisement Report is the official record of your progress toward graduation. It follows the same general sequence as your FSHD catalog checklist. We recommend you utilize your advisement report to check off courses on your checklist that you have completed, and help yourself stay on track.

Your Advisement Report tells you:
- Your requirement term or catalog year
- Your GPA
- Units Required, Units Completed & Units in Progress.

Note: Units listed in the total units (middle column) include all units completed and currently in progress at the UA

Community College Transfer students need to pay attention to the Community College Limit, and should keep track of their University level units needed to graduate (56 university level units are required!)
Your Advisement Report also keeps track of the courses you’ve taken to fulfill all requirements to graduate.

TR = Transfer Course, EN = Taken and completed at UA, IP = In Progress Currently

When looking at your advisement report, look for all the red “Not Satisfied” areas. If you have questions about your unsatisfied requirements, please talk with your academic advisor.

**General Education Tier I**

_Satisfied:_ Complete 2 courses in each of the following areas.

- **Tier I Individuals & Societies**
  _Satisfied:_ Complete 2 courses.
  - **Courses:** 2.00 required, 2.00 completed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spr 2014</td>
<td>ANTH</td>
<td>150A1</td>
<td>Race, Ethnicity+Am Dream</td>
<td>B</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
<tr>
<td>Spr 2014</td>
<td>POL</td>
<td>150C3</td>
<td>The Politics of Happiness</td>
<td>D</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
</tbody>
</table>

- **Tier I Natural Sciences**
  _Satisfied:_ Complete 2 courses.
  - **Units:** 6.00 required, 6.00 completed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall 2013</td>
<td>NSCS</td>
<td>179C1</td>
<td>Frontiers in Brain Science</td>
<td>A</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
<tr>
<td>Spr 2014</td>
<td>GEOS</td>
<td>179A1</td>
<td>Earth: From Birth to Death</td>
<td>A</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
</tbody>
</table>

- **Tier I Traditions & Cultures**
  _Satisfied:_ Complete 2 courses.
  - **Courses:** 2.00 required, 2.00 completed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall 2014</td>
<td>CLAS</td>
<td>160B1</td>
<td>The Beg.Roots/West Cult</td>
<td>C</td>
<td>3.00</td>
<td></td>
<td></td>
<td>EN</td>
</tr>
<tr>
<td>Spr 2016</td>
<td>PHIL</td>
<td>160D2</td>
<td>Mind. Matter. and God</td>
<td></td>
<td>3.00</td>
<td></td>
<td></td>
<td>IP</td>
</tr>
</tbody>
</table>

- **Tier II Humanities**
  _Not Satisfied:_ Prerequisite course work in Tier 1 Traditions and Culture (TRAD) must be completed prior to taking. If LAT 201 or 202 are used to fulfill Foundation Second Language Proficiency, they cannot be used to fulfill Tier II Humanities.
  - **Courses:** 1.00 required, 0.00 completed, 1.00 needed

<table>
<thead>
<tr>
<th>Term</th>
<th>Subject</th>
<th>Catalog Nbr</th>
<th>Course Title</th>
<th>Grade</th>
<th>Units</th>
<th>RptCd</th>
<th>RqDes</th>
<th>Type</th>
</tr>
</thead>
</table>
FSHD REQUIREMENTS

FSHD Pre-Major Requirements

<table>
<thead>
<tr>
<th>FSHD Pre-Major</th>
</tr>
</thead>
</table>

**General Education Requirements**  
ENGL 101/ENGL 107  
ENGL 102/ENGL 108/ENGL 109H  
Math: College Algebra (or Higher Math)

**Social Sciences**  
PSY 150 or PSY 101: Intro to Psychology  
SOC 101: Intro to Sociology

**Research Methods (select ONE course)**  
FCSC 202, PSY 290A, OR SOC 374

**Statistics (select ONE course)**  
FCSC 201, PSY 230, SOC 375, SBS 200, Math 163,  
Math 263, ISTA 116

**Biology and Human Behavior (select ONE course)**  
ANTH 261, 265, 324, 364; EDP 200; FSHD 150B1, 200, 347;  
PHIL 346, 347; PSY 200, 302, 306, 346, 347, 364

**FSHD Lower Division Coursework**  
FSHD 197A: Introduction to FSHD (1 Unit)  
FSHD 117: Lifespan Human Development  
FSHD 237: Close Relationships  
FSHD 257: Dynamics of Family Relations

* Courses taken to fulfill Tier One or Tier Two General Education Requirements may not also apply to the FSHD Pre-Major, Major, or FSHD Supporting Coursework.

For example, if PSY 150 or FSHD 150 are taken to fulfill your FSHD pre-major requirements, they cannot also count toward your Tier I INDV general education area. Students who take PSY 150 and/or FSHD 150 for the FSHD Pre-Major will need to take additional Tier I INDV courses for general education.

To progress into the FSHD Major and begin taking upper division FSHD courses, students must complete all FSHD Pre-Major Coursework.

It is highly recommended that College Algebra be completed before progressing into the FSHD major. However, for students who need additional time to complete Math, if all other pre-major courses are completed successfully, students may still progress into the FSHD major.

The following FSHD Pre-Major Courses must be completed with grades of C or better:

- Statistics
- Research Methods
- FSHD 197A
- FSHD 117
- FSHD 237
- FSHD 257

For students who have not completed pre-major courses with necessary grades, there is a petition process that may be initiated by meeting with your FSHD academic advisor.

Important Reminder:
General Education courses & Foreign Language are not part of the FSHD Pre-Major, and do not need to be completed before progression.
FSHD Major Progression

- The semester that all pre-major coursework is completed or in progress, students are eligible to complete their FSHD Major Progression Check Advising Appointment
- The FSHD Major Progression Check is available 2 times per year, in the Fall and Spring
- For all students who complete their progression check advising appointment by the deadline, FSHD advisors will assist students in enrolling in their first three upper division FSHD classes for the following semester: FSHD 323, 377, and 384
- Once your final pre-major grades post, and you have successfully passed pre-major classes, students will officially change from pre-FSHD to FSHD
- Once students are officially part of the FSHD major, they will be charged a $200 per semester student fee, which goes toward FSHD student services, internship coordination, and courses

Finishing the pre-major in the fall?

- Complete Pre-Major Progression Check in October
  - Start FSHD upper division in the spring
  - We will save seats in FSHD 323, 377, and 384 for the spring semester

Finishing the pre-major in the spring?

- Complete Pre-Major Progression Check in March
  - Start FSHD upper division in the summer or fall
  - We will save seats in FSHD 323, 377, and 384 for the fall semester

Finishing the pre-major in the summer?

- Complete Pre-Major Progression Check in March
  - Start FSHD upper division in the fall
  - We will save seats in FSHD 323, 377, and 384 for the fall semester
FSHD Major Requirements

FSHD Upper Division Core Coursework: The FSHD degree consists of 9 total upper division FSHD courses. Six Core Courses are required, and 3 Elective Courses are required.

FSHD SUPPLEMENTAL COURSEWORK: 3 Classes Total

- Complementary Advanced Topics
  - FSHD 401, 405, 408, 427A/C, 450, 496Z; FCSC 496A/C

- Applied Skills and Methods in FSHD:
  - FSHD 491, 492, 493, 494, 499

- Upper Division FSHD Elective
  - Any additional Comp Topic or Applied Skills Class

What are Complementary Topics Courses?

Complementary Topics Courses are FSHD courses you get to choose, based on your interests!

- FSHD 401 - Basic Skills in Counseling
- FSHD 405 - Theories of Counseling
- FSHD 408 - Program Planning and Evaluation
- FSHD 427A – Prevention and Treatment of Problems in Adult Development and Relations
- FSHD 427C – Prevention and Treatment of Problems in Child/Adolescent Development and Relations
- FSHD 450 – Human Sexuality
- FSHD 496Z - Topics in FSHD (topics change and are offered based on instructor availability)
- FCSC 496A - Understanding Youth Development: An Applied Approach
- FCSC 496C - Community Based Program Design
What are Applied Skills Courses?

**FSHD 493 - Internship or FSHD 494 Practicum**
Supervised, experiential, and professional work related to FSHD. These experiences give students the opportunity to practice classroom learning in a real world setting. They also provide the opportunity to gain experience working with organizations, or with demographics, that you are passionate about
- The Internship Course is offered in the fall and spring semesters.
- Internships must be completed in Tucson, and students must be FSHD Majors to enroll
- 2.25 GPA (Major and Cumulative GPA) is recommended
- The Practicum Course is offered online in the summer.
- Practicum experiences can take place away from Tucson. Practicum is open to FSHD majors, pre-majors, and minors

**FSHD 492 - Directed Research**
Supervised work alongside a faculty member, participating in academic research related to FSHD. These experiences are great for those students interested in graduate school, or those interested in developing their research skills
- 2.25 GPA (Major and Cumulative GPA) is recommended
- Look at Research Opportunities online: [http://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines](http://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines) OR Contact faculty members you are interested in working with. Browse faculty research at [https://cals.arizona.edu/fcs/](https://cals.arizona.edu/fcs/) and go to Directory ➔ Faculty and Appointed Professionals ➔ Family Studies and Human Development
- Once you find a research opportunity, complete the independent study form (found on our website), get necessary signatures, and turn your application in to Student Services (McClelland Park room 203) in order to get enrolled in the course
- Research – FSHD 492 (letter graded, does count toward GPA)
- Independent Study – FSHD 499 (Pass/Fail, does not count toward GPA)
- Honors Thesis – FSHD 498H

**FSHD 491 - Preceptorship**
Supervised teaching and mentoring experience alongside an FSHD faculty member. Preceptors are part of a teaching team and help facilitate learning in FSHD classes they have previously completed and passed successfully
- GPA requirements are up to the instructor you are working with
- Talk with instructors you are interested in preceptoring for
- Once you find a preceptor opportunity, complete preceptor application, get necessary signatures, and turn your application into Student Services (McClelland Park room 203) in order to get enrolled in the course

Applied Skills Information and Applications Can be Found Online:
[https://cals.arizona.edu/fcs/fshd/internships/experiential](https://cals.arizona.edu/fcs/fshd/internships/experiential)
Internships: [https://cals.arizona.edu/fcs/fshd/internships/experiential](https://cals.arizona.edu/fcs/fshd/internships/experiential)
Practicum: [https://cals.arizona.edu/fcs/fshd/internships/practicum](https://cals.arizona.edu/fcs/fshd/internships/practicum)
Research: [https://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines](https://cals.arizona.edu/fcs/fshd/internships/ugra_guidelines)
Preceptor Form: [http://cals.arizona.edu/fcs/fshd/advising/forms](http://cals.arizona.edu/fcs/fshd/advising/forms)

Turn completed applications in to McClelland Park room 203, and advisors will enroll you in your units
**Additional Supporting Coursework**

The FSHD Major requires 2 Biology and Life Science courses, and 1 Advanced Composition/Writing Skills class. Students can begin these supporting courses while part of the FSHD Pre-Major.

**OTHER REQUIRED COURSES: 9-11 Units**

**Biological and Life Sciences (Select TWO courses)**
- MCB 181R, ECOL 182R, NSC 170C1/NSC 101, NSC 301, NSC 310, TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 380
- NSC 170C1 and NSC 101 are equivalent courses; students can choose to take one or the other to fulfill a Bio & Life science requirement
- NSC 301 is available in summer; NSC 310 is available in fall and summer

**Writing Skills (Select ONE course)**
- FCSC 301, ENGL 307, OR ENGL 308

Courses taken to fulfill the Biology & Life Science area may not also count toward Tier I or Tier II general education.

Students interested in health professions or graduate schools that require Biology or Physiology should consider taking those sciences to fulfill this requirement. Students who are not interested in health professions, or students who struggle in science, are encouraged to take the NSC or TLS options.

MidCareer Writing Assessment: Students who did not pass ENGL 102 or ENGL 109H with a B or better, must pass this upper division writing skills requirement with a B or better in order to fulfill the University of Arizona’s writing requirement necessary for graduation.

Now that you’ve reviewed all the FSHD Course Requirements, please review the FSHD Course Requirements List (for your catalog year) on our website. This list gives you information about course options, semester availability, prerequisites, and other enrollment information:

[https://cals.arizona.edu/fcs/fshd/advising/checklists](https://cals.arizona.edu/fcs/fshd/advising/checklists)

**Minor Requirements**

All FSHD Students are Required to Have a Minor

- Most Minors are at least 18 units, and 9 units must be upper division
- Students are encouraged to choose a minor in an area related to their career goals
- You may choose any minor on campus, or take courses toward a thematic minor
  - Minor Advising Directory: [http://advising.arizona.edu/advisors/minor](http://advising.arizona.edu/advisors/minor)
- Many FSHD students also choose to complete a thematic minor. A thematic minor allows students to create and structure their own minor in consultation with an FSHD advisor
  - Thematic minors encourage students to take a variety of courses that will prepare them for future goals and careers
  - Common themes include Counseling, Education, Health, Social Work, and Law & Policy
  - For more information about Thematic Minors visit our website:
    [http://cals.arizona.edu/fcs/fshd/advising/fshd_thematic_minor](http://cals.arizona.edu/fcs/fshd/advising/fshd_thematic_minor)
Reminder About Upper Division Units

42 Upper Division Units are Required To Graduate, FSHD Students need to be aware of this requirement and ensure they are meeting it.

**FSHD Major Courses**

Completion of all pre-major coursework with a minimum GPA of 2.6 is required to take FSHD upper division courses.

**FSHD CORE COURSEWORK: 6 Classes Total**
- FSHD 323: Infancy/Child Development
- FSHD 377: Adolescence
- FSHD 384: Leadership/Ethics/Professional Practices
- FSHD 413: Issues in Aging
- FSHD 447A: Sociocultural Context of Development
- FSHD 447C: Biobehavioral Development
- FSHD 487: Advanced Family Relations

**FSHD SUPPLEMENTAL COURSEWORK: 3 Classes Total**
- Complementary Advanced Topics
  - FSHD 401, 405, 408, 427A/C, 450

**Applied Skills and Methods in FSHD**
- FSHD 491, 492, 493, 494, 499

**Upper Division FSHD Elective**
- Any additional Comp Topic or Applied Skills Class

**OTHER REQUIRED COURSES: 9-11 Units**

**Biological and Life Sciences (Select TWO courses)**
- MCB 181R, ECOL 182R, NSC 170C1/NSC 101, NSC 301, NSC 310, TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 330
  - NSC 170C1 and NSC 101 are equivalent courses, students can choose to take one or the other to fulfill a Bio & Life science requirement
  - NSC 301 is available in summer, NSC 310 is available in fall and summer

**Writing Skills (Select ONE course)**
- FCSC 301, ENGL 307, OR ENGL 308

**FSHD THEMATIC MINOR OR OTHER MINOR:**
- 18 Units (9 must be upper division)
  - FSHD majors can choose any minor on campus or create a thematic minor in consultation with an FSHD advisor

**At least 1 Upper Division class is required in the writing skills area**

= 3 Units

**At least 3 Upper Division Classes are required in a Minor**

= 9 Units

These requirements add up to 39 Units

This means FSHD students may be short 3 upper division units, since 42 upper division units are required to graduate. Students will need to complete at least one more 300-400 level course elsewhere in their degree: Tier II Gen Ed, Pre-Major, Supporting Sciences, Minor, or Double Major coursework. Make sure you take this into account when you plan for graduation.
FSHD & PRE-HEALTH PROFESSIONS

FSHD is a friendly major to those students interested in health related professions:

- Nursing
- Occupational Therapy
- Physical Therapy
- Physician’s Assistant
- Physicians

Students interested in Pre-Health professions should talk with both their FSHD Advisor and a Pre-Health Advisor about how to incorporate sciences into their UA Degree in order to meet science prerequisites.

Pre-Health Advising: [http://clas.arizona.edu/prehealth/advising-resources](http://clas.arizona.edu/prehealth/advising-resources)

Example of Incorporating Pre-Health Sciences:

<table>
<thead>
<tr>
<th>TIER ONE GENERAL EDUCATION (two courses in each category)</th>
<th>OTHER REQUIRED COURSES: 9-11 Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>INDIVIDUALS &amp; SOCIETIES (150)</td>
<td>Biological and Life Sciences (Select TWO courses)¹</td>
</tr>
<tr>
<td></td>
<td>MCB 181R, ECOL 182R, NSC 170C1/NSC 101, NSC 301, NSC 310, TLS 360, PSIO 201, PSIO 202, PSIO 380</td>
</tr>
<tr>
<td></td>
<td>- NSC 170C1 and NSC 101 are equivalent courses, students can choose to take one or the other to fulfill a Bio &amp; Life science requirement.</td>
</tr>
<tr>
<td></td>
<td>- NSC 301 is available in summer, NSC 310 is available in fall and summer</td>
</tr>
<tr>
<td>NATURAL SCIENCES (170)</td>
<td>Writing Skills (Select ONE course)</td>
</tr>
<tr>
<td>NSC 170C1</td>
<td>FSC 301, ENGL 307, OR ENGL 308</td>
</tr>
<tr>
<td>CHEM 101A or 151</td>
<td></td>
</tr>
<tr>
<td>TRADITIONS &amp; CULTURES (160)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>TIER TWO GENERAL EDUCATION (one course in each category)</td>
<td>FSHD THEMATIC MINOR OR OTHER MINOR: 18 Units (9 must be upper division)</td>
</tr>
<tr>
<td>Arts</td>
<td></td>
</tr>
<tr>
<td>Humanities</td>
<td></td>
</tr>
<tr>
<td>Natural Sciences CHEM 101B or 152</td>
<td></td>
</tr>
<tr>
<td>Diversity (can be fulfilled with approved GE course)</td>
<td></td>
</tr>
</tbody>
</table>

FSHD majors can choose any minor on campus or create a thematic minor in consultation with an FSHD advisor.

- PSIO 201      Upper Division
- MIC 205A      Upper Division
- Lower Division Upper Division
TRANSFER CREDIT

https://transfercredit.arizona.edu/
For all transfer coursework, you should verify before taking the course that credits will transfer to UA and fulfill necessary requirements.

For courses taken at Arizona Community Colleges:
- Use the aztransfer.com Course Equivalency Guide to make sure that you take correct courses at your local AZ community college, if you intend to transfer these courses to fulfill specific UA requirements: http://aztransmac2.asu.edu/cgi-bin/WebObjects/CEG
- For a list of common course equivalencies at Pima, Arizona Western, and Rio Salado for FSHD requirements, see Transfer Course Equivalency List on our website: https://cals.arizona.edu/fcs/fshd/advising/forms

If You Plan to Take Courses Outside of Arizona:
- If you plan to complete coursework outside of Arizona, you also need to verify the credit will transfer
- View the UA Transfer Credit Guide to see if the out of state courses at the institution you will attend have already been evaluated: http://aztransfer.com/UACEG/UA_CEG_OutOfState.html
- For approval of other courses not listed on the UA Transfer Credit Guide or on the AZTransfer.com Course Equivalency Guide, submit a Course Equivalency or Credit Request here: https://transfercredit.arizona.edu/content/credit-evaluation
- Math courses need specific approval from the Math department: http://math.arizona.edu/academics/placement/credits

Transfer Credit Reminders:
- C or better needed in all transfer work
- You cannot GRO classes taken elsewhere
- Once coursework is complete, you need to send official transcripts to the UA: http://registrar.arizona.edu/academics/sending-college-level-transcripts-ua?audience=students&cat1=7&cat2=28

Studying Abroad
https://global.arizona.edu/study-abroad

If you plan to study abroad, see your advisor early to talk about planning for your semester away! Many FSHD students study abroad, and graduating in four years while also studying abroad is extremely feasible with the right planning:
- Saving some general education & minor coursework is often the best, although if you study at an institution abroad that has a Family Studies Program, you may be able to earn credit toward your major!
- Consider when you want to go, and consider the classes you would take while away
REGISTRATION TIPS AND REMINDERS

Make sure any holds are taken care of - past due balance, academic probation/advising holds, etc. They may restrict you from registering!

A week before priority registration begins, you can view your enrollment date on your UAccess student page.

This will tell you when you can start adding courses to your shopping cart and when you can begin enrolling in courses.

Remember that your enrollment date is based on your class standing, which is based on units completed as of the beginning of this semester, not how many years you’ve been a student.

- Fewer than 30 units = freshmen registration
- 30 or more units = sophomore registration
- 60 or more units = junior registration
- 90 or more units = senior registration

Priority registration dates are also listed online: 
https://www.registrar.arizona.edu/courses/priority-registration-schedules?audience=students&cat1=10&cat2=30
**Priority Registration vs. Open Registration**

Every student has a priority registration week, which begins on a Monday morning at 6AM and ends the following Sunday at 8PM. During priority registration, students can enroll in up to 16 units (Honors students can enroll in 19).

Once all students (seniors - freshmen) have had their week of priority registration, open registration will begin. During open registration, all students will be able to edit their schedules, will be able to increase to 19 units, and will be eligible to enroll in some courses that may have been restricted to you during priority registration (like PSY and SOC courses). See registration dates and deadlines for priority and open registration dates each semester: [https://www.registrar.arizona.edu/students/courses/enrolling-in-courses?audience=students&cat1=10](https://www.registrar.arizona.edu/students/courses/enrolling-in-courses?audience=students&cat1=10)

For permission to enroll in more than 19 units, you must get permission from CALS advisors in Forbes 203.

**Common Enrollment Error Messages**

If you get an error message when enrolling in a course, take a minute to think about why that might be:

- Are you trying to enroll in a course that is restricted only to certain majors?
  - If so, you will need to wait until open registration begins to see if the course becomes available to students in other programs.
  - For instance, FSHD students often cannot enroll in SOC 101 or PSY 101 during their priority registration week, as these classes are usually only available for Sociology majors/minors or Psychology majors/minors. Just like FSHD classes are only available to FSHD students during priority registration.
  - When it comes to courses like SOC or PSY (and many others) you will need to wait until open registration begins to enroll in these courses.

- Do you meet the enrollment requirements and prerequisite coursework listed for the course on UAccess?

- Are you trying to enroll in a course that is restricted only to Honors students?

- Are you trying to enroll in a course through the Yuma or UA South campus?

- Are you trying to enroll in more than 16 units during your priority registration week?
  - Unless you are part of the Honors College, you can only enroll in 16 units during priority registration, and can increase to 19 during open registration.
Tips: Searching for Classes

Make sure you are searching in the correct term.

If you want to see all classes offered, even classes that are currently full, uncheck the “show open classes only box”

Looking for a specific class in a certain subject area? Use the subject search area, and type in the course number.

Looking for an online class? You can search for fully online courses.

Use Course Attribute and Course Attribute Value Fields to search for GE classes. Remember, you can fulfill your Diversity Requirement through approved Gen Ed courses (usually Tier I TRADs, Tier II Humanities, and Tier II Arts).

Additional Search Criteria is helpful when searching for classes offered during specific times, days, or sessions (7 week sessions are available for many GE and elective courses each semester).

When Registering for FSHD Courses, make sure you look at location (Main Campus).

Courses offered through the Yuma Campus are not available to UA Main Campus students.

For all courses, make sure you look at enrollment information and course prerequisites to determine eligibility to enroll.
IMPORTANT UA POLICY INFORMATION

Get to know the Catalog: http://catalog.arizona.edu/
Get to know the Registrar’s Website: http://www.registrar.arizona.edu/

Dates & Deadlines
- Make sure you understand important deadlines each semester, like last day to add courses, last day to drop without a W, last day to drop on your own through UAccess, last day to file for GRO, and last day to receive a refund. Bookmark this page and refer to it every semester http://registrar.arizona.edu/courses/dates-deadlines?audience=students&cat1=10&cat2=30

Grade Replacement Opportunity (GRO)
- You can replace up to 3 courses or 10 units with a new grade. You are only eligible before you reach 60 units earned at UA http://registrar.arizona.edu/academics/grade-replacement-opportunity-gro

Withdrawal
- Understand Withdrawal Deadlines and Complete Withdrawal Options
- You can receive a W in a maximum of 18 units (6 classes)
- Medical / Retroactive Withdrawal is possible for students with medical or personal circumstances affecting completion of coursework

Back 2 UA
- You can leave the UA for two semesters, if you are in good academic standing, and return without having to reapply to the university http://admissions.arizona.edu/other/back2ua-program
- If you have a scholarship, check with the Scholarship Office about taking time away from UA

Financial Aid & Bursar’s Office
- Understand your financial aid and ask questions if you have them
- If you’d like to be considered for summer financial aid you should review information about summer aid: https://financialaid.arizona.edu/managing-my-aid/summer-financial-aid-information
- For tuition and fees information visit the bursar’s office: http://bursar.arizona.edu/students/fees

Probation
- A 2.0 GPA is required to be in good academic standing. Students below a 2.0 are on academic probation, and are required to meet with advisors to go over academic plans.
- Full time student status is 12 Units

Have a scholarship?
- Make sure you understand how many units you need to take each year at UA: (most require 30 units per academic year at the University of Arizona) https://financialaid.arizona.edu/types-aid
IMPORTANT CAMPUS RESOURCES

Academic Dates, Deadlines, and Enrollment Information: http://registrar.arizona.edu/students/courses/enrolling-in-courses

Academic Catalog: http://catalog.arizona.edu/

Registrar: http://registrar.arizona.edu/

Think Tank: thinktank.arizona.edu

Writing Skills Improvement Program: http://wsip.arizona.edu/

Study Abroad: https://global.arizona.edu/study-abroad

Pre-Health Advising: http://clas.arizona.edu/prehealth/advising-resources

Campus Health & Counseling Services: https://www.health.arizona.edu/

Scholarships & Financial Aid: https://financialaid.arizona.edu/

Bursar’s Office: http://bursar.arizona.edu/

UA Phonebook: http://directory.arizona.edu/phonebook

UITS: http://uits.arizona.edu/

UA Libraries: http://new.library.arizona.edu/

Career Services: http://career.arizona.edu/

CALS Career Center: http://cals.arizona.edu/students/cals-career-center

CALS Clubs: cals.arizona.edu/cas/clubs-and-organizations

ASUA: http://asua.arizona.edu/ASUA/ASUA.html

Student Groups & Resource Centers: deanofstudents.arizona.edu/getting-involved

Leadership Programs: http://leadership.arizona.edu/

Disability Resource Center: http://drc.arizona.edu/